

# Planned Community Birth Services

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## What are these services?

Planned community births:

- Can be at your home or a local birthing center.
- Are planned with a Licensed Direct Entry Midwife, Certified Nurse Midwife, Nurse Practitioner or a doctor.
- The person you choose to plan your birth will provide care during pregnancy, labor and delivery.

## Who can get these services?

- Pregnant members enrolled in Oregon Health Plan (OHP).
- Pregnant members enrolled in [Citizenship Waived Medical Plus \(CWM Plus\)](#).

## Do I have to pay?

No. Pregnant OHP and CWM Plus members do not have to pay for these services. This help is free.

## How can I get a community birth?

Ask your doctor for a community birth. Do this as soon as possible: No later than week 24 of your pregnancy is best.

## What kind of care can I get?

### Prenatal care (Care before you give birth)

Regular visits with your provider before you give birth.

- Your provider will check on you to make sure that a community birth is safe for you and your baby.
- Your community provider may give tests and medicine.

You can get this in another language, large print,  
or another way that is best for you.

Call 800-699-9075 (TTY 711).

## Labor and delivery

Labor support if you need to go a hospital for delivery.

A second birth attendant to help you and your community provider during labor and delivery.

Newborn screening and care the day of delivery.

## Other services you can get

- Doula care. A doula is someone who can give you emotional support during pregnancy, labor and delivery. This can help you have a safe, positive birth experience. [Learn more about doula services.](#)
- Help with travel: You can get [rides to health care appointments](#) covered by OHP or CWM Plus.
- Any other covered services needed to support your health during and after pregnancy. Learn more about [OHP benefits](#) and [CWM Plus benefits](#).

## Is there care that I cannot get?

There are some services and medicines that OHP does not cover for community births, meaning that you would need to pay for the services. Talk to your community provider or doctor for more information.

## Have questions or need help?

- Coordinated care organization (CCO) members can call their CCO.
  - [Click here to learn more about a CCO.](#)
  - [Click here to find the phone number for your CCO.](#)
- Not in a CCO? Call OHP Client Services at 800-273-0557.

**OHP.Oregon.gov**