

# Oregon Psilocybin Services

## What is psilocybin?

Psilocybin is a naturally occurring psychedelic compound. It is found in over 200 species of mushrooms. For centuries, Indigenous and tribal communities around the world have used psilocybin for spiritual, ceremonial, and other purposes.

Regulated psilocybin services are now a legal option in Oregon. However, psilocybin is still a Schedule I substance under the Federal Controlled Substances Act.

## What are the benefits of psilocybin?

Research suggests psilocybin may help address depression, anxiety, trauma, and addiction. Studies have also found it can increase spiritual well-being.

To learn more about the research on psilocybin benefits and risks, see the [Scientific Literature Review and Cultural and Anthropological Information](#). These publications are available in English and Spanish.

## What are psilocybin services?

In Oregon, “psilocybin services” refers to preparation, administration, and integration sessions provided by a licensed facilitator.

The psilocybin products consumed must be cultivated or produced by a licensed psilocybin manufacturer, tested by a licensed laboratory, and may only be provided to a client by a licensed psilocybin service center during an administration session. Clients must remain at a licensed service center for the duration of the administration session.

Clients must be age 21 or older. Clients do not need a prescription or medical referral and they do not need to be Oregon residents.



## The Oregon Psilocybin Services Act

The Oregon Psilocybin Services Act was voted into law by Oregonians in November 2020 and was codified in Oregon law in [Oregon Revised Statutes Chapter 475A](#). ORS 475A directs the Oregon Health Authority (OHA) to license and regulate the production of psilocybin products and the provision of psilocybin services. Oregon is the first state in the U.S. to create a regulatory framework for psilocybin services.

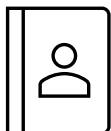
## Oregon Psilocybin Services Section

The [Oregon Psilocybin Services](#) section (OPS) is housed within the Oregon Health Authority’s Public Health Division. OPS is responsible for administering ORS 475A, which includes adoption of administrative rules, issuing licenses, and regulating licensees to ensure compliance with [statute and rules](#). OPS began accepting license applications on January 2, 2023, and licensed psilocybin service centers began to open their doors to clients in the summer of 2023.

**Oregon Psilocybin Services** - [www.oregon.gov/psilocybin](http://www.oregon.gov/psilocybin)  
Sign up for the [OPS Distribution List](#) to receive updates.

March 2024

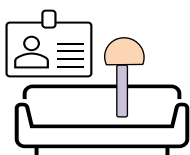
## How an Individual Accesses Psilocybin Services:



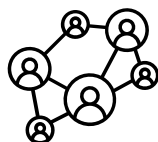
- 1) **Schedule a Session:** A person interested in accessing psilocybin services will contact licensed service centers for information about psilocybin services. Once they find a service center that fits their needs, the potential client will schedule a preparation session with a licensed facilitator associated with the licensed service center they choose to work with. The [OPS Licensee Directory](#) includes contact information for service centers that have consented to being listed. Potential clients may also verify if a service center has a valid license by using the [Search for License or Permit Status tool](#).



- 2) **Preparation Session:** The client meets with a [licensed facilitator](#) for a preparation session and completes [required forms](#) (including: client information, bill of rights, informed consent, safety and support plan, transportation plan, and accessibility). A licensed facilitator determines whether they can provide services to the client, and the client determines whether they want to move forward with an administration session.



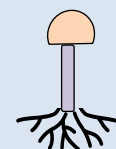
- 3) **Administration Session:** The administration session takes place at a [licensed service center](#). The client buys psilocybin products from a licensed service center and consumes psilocybin at the beginning of their administration session. The client remains at the service center with the licensed facilitator until they are ready to be released from the session. For group administration sessions, a minimal client-facilitator ratio is required. Within 72 hours after the session, the licensed facilitator contacts the client to check on them. An optional integration session is offered.



- 4) **Integration Session:** If the client chooses to take part in an optional integration session, they may review their safety and support plan or request referrals for community resources, peer support networks, and other resources at that time.

## How Psilocybin Products get to a Licensed Service Center:

1. Psilocybin products are cultivated and/or processed by a [licensed manufacturer](#) and are tracked in the OPS product tracking system.
2. The products are tested by a [licensed laboratory](#) accredited by the Oregon Environmental Laboratory Accreditation Program (ORELAP), and test results are entered into the OPS product tracking system.
3. The products are sold or transferred from a licensed manufacturer to a licensed service center. All product sales are tracked in the OPS product tracking system.



You can get this document in other languages, large print, braille or a format you prefer.  
 Contact Oregon Psilocybin Services at: 971-341-1713 or email: [OHA.Psilocybin@oha.oregon.gov](mailto:OHA.Psilocybin@oha.oregon.gov).