

Product Specification Sheet for Grains:

Product Name: _____

- Creditable? (If not, do not use for creditable grains component)
- Whole Grain-Rich? If Yes, Method #: _____
 - Supporting Documentation saved? _____

Ounce Equivalents Portion Sizing:

Check the age groups that will be served:

Age Group Served: 1-2 years 3-5 years 6-18 years Adults

Meals	Ages 1-2	Ages 3-5	Ages 6-12	Ages 13-18	Adults
Breakfast	½ oz eq	½ oz eq	1 oz eq	1 oz eq	2 oz eq
Snack	½ oz eq	½ oz eq	1 oz eq	1 oz eq	2 oz eq
Lunch/Supper	½ oz eq	½ oz eq	1 oz eq	1 oz eq	2 oz eq

Exhibit A Group for Product: _____

Ounce Equivalent Serving Size for Age Group: (In grams or ounce weight)

Fill out the ounce equivalent serving size for the age groups you are serving.

Meals	Ages 1-2	Ages 3-5	Ages 6-12	Ages 13-18	Adults
Breakfast					
Snack					
Lunch/Supper					

Amount Served in Recipe:

Does the amount served meet minimum serving size requirements for the age group listed? Yes No (if No, do not use for creditable grains component)

Notes: