

Welcome to the CAC 101 Presentation!

Presentation Goals

1. Provide an overview of CCOs
2. Describe CAC's role in advising CCOs, including core duties
3. Show examples of how CACs can be successful
4. Provide an overview of supports available to CAC members and CACs

Presentation Overview

1. Coordinated Care Organizations (CCOs)
2. Community Advisory Councils: Part I
3. Community Health Assessments (CHAs)
4. Community Health Improvement Plans (CHPs)
5. The Social Determinants of Health
6. Community Advisory Councils: Part II
7. Community Advisory Council Supports

1. COORDINATED CARE ORGANIZATIONS (CCOs)

An Overview of CCOs

You can ask your CCO about **lifestyle classes** and programs that can help you learn about topics like:

- Managing or preventing illness
- Nutrition and exercise



Video link: <https://www.youtube.com/watch?v=0IfIN4naSUU>

History of CCOs

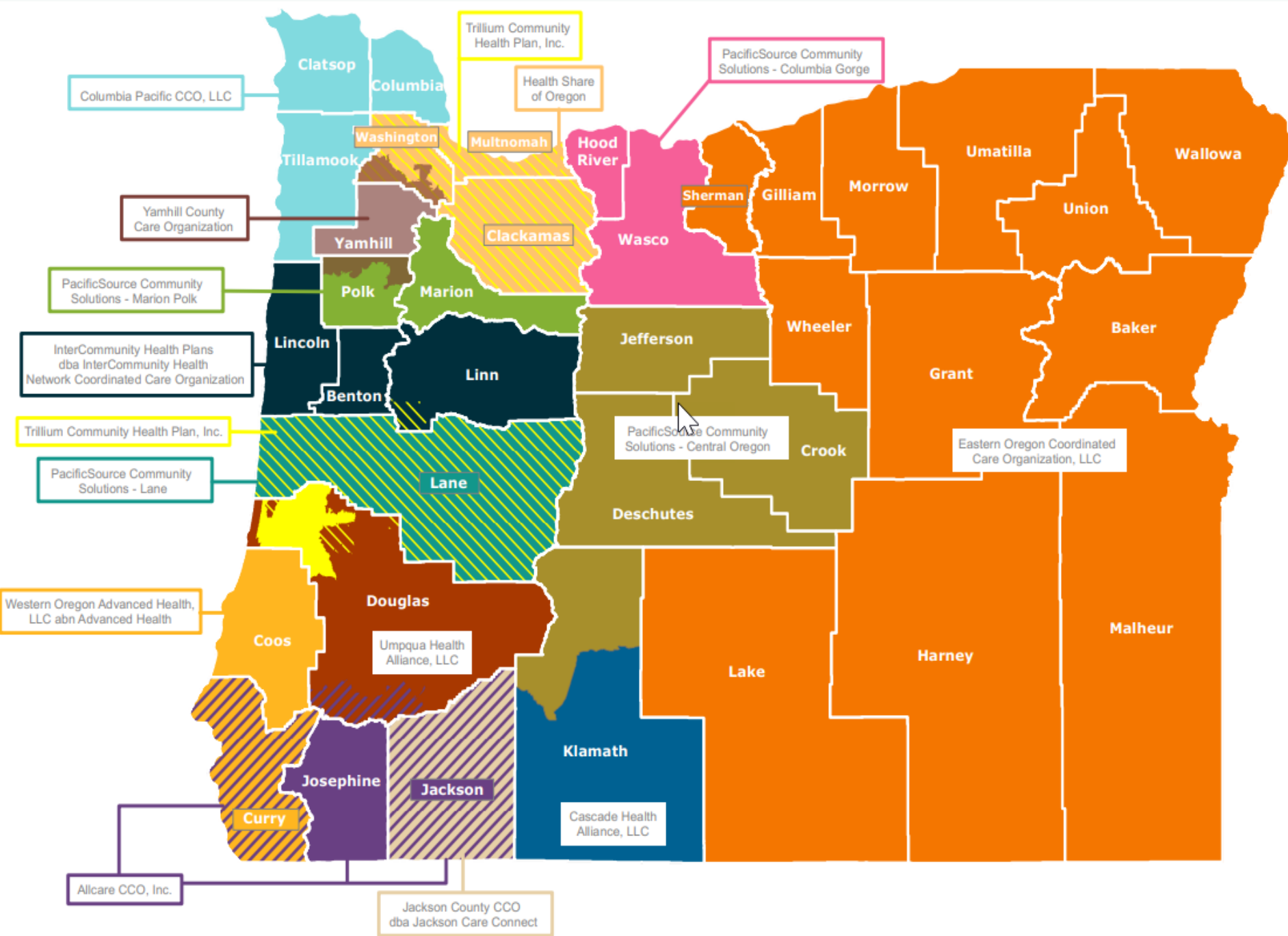
- State leaders met with communities to redesign Medicaid
- Large investment from the federal government
- House Bill 3650 (2011):
 - CCOs made accountable for care provided to their members
 - Each member to receive person-centered care and services
 - Each CCO to convene a CAC



History of CCOs

- Senate Bill 1580 (2012):
 - OHA to contract with CCOs to provide care for members on OHP
 - CCOs to report on outcome and quality measures
 - Defined requirements for how CCO should be governed
- 13 CCOs launched on August 1, 2012. Today there are 16 CCOs.





2. COMMUNITY ADVISORY COUNCILS: PART I

CACs Around the State

CCO	# of CACs	CCO	# of CACs
Advanced Health	2	PacificSource Central Oregon	1
AllCare CCO	3	PacificSource Columbia Gorge	1
Cascade Health Alliance	1	PacificSource Lane/Trillium Community Health Plan (Joint CAC)	1
Columbia Pacific CCO	4	PacificSource Marion Polk	1
Eastern Oregon CCO	1	Trillium Community Health Plan (Portland Tri-County CAC)	1
Health Share of Oregon	1	Umpqua Health Alliance	1
InterCommunity Health Network CCO	1	Yamhill CCO	1
Jackson Care Connect	1	Total # of CACs	21

CAC Demographics

Requirements:

- Representatives of the community of each county served by the CCO – including consumers (51%)
- A representative from each county government in the CCO's service area
- Representative of the diversity of populations within the CCO's service area



*CCOs are also required to reach out to Tribes in their service area to identify if they would like to appoint a Tribal CAC member

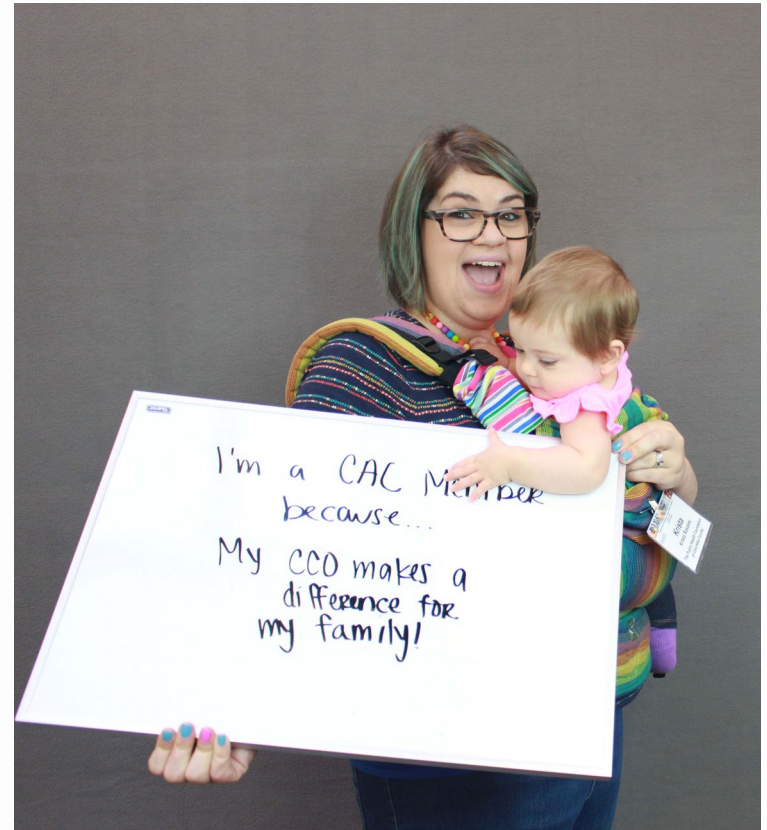
CAC Consumer Representative

A person serving on a CAC who is currently or was within the previous six months on the Oregon Health Plan; and

Is at least 16 years old

OR

A parent, guardian, or primary caregiver of an individual who is or was within the previous six months on the Oregon Health Plan



CAC Member Representation on CCO Governing Boards

Each CCO's governing body must include:

- At least two members of the CAC
- At least one of the CAC representatives on the CCO's governing body must be a current CAC consumer representative

CAC Core Duties

- Advocate for preventive care practices
- Oversee the CCO's Community Health Assessment (CHA)
- Adopt the CCO's Community Health Improvement Plan (CHP)
- Have a role in CCO Health-Related Services Community Benefit Initiative spending decisions
- Have a role in Supporting Health for all through Reinvestment (SHARE) Initiative spending decisions

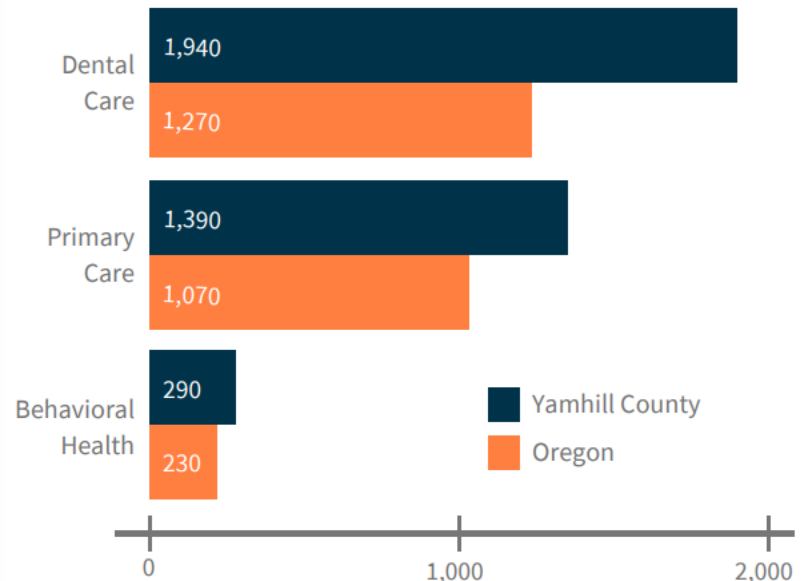


3. COMMUNITY HEALTH ASSESSMENTS

Community Health Assessments (CHAs):

- Collecting and analyzing information about a community's health needs and strengths
- Helps the community to identify and prioritize areas for health improvement
- Must be completed at least every five years
- CAC is required to have a role overseeing the CHA

NUMBER OF COUNTY RESIDENTS PER PROVIDER IN 2018



Source: 2019 Community Health Assessment (Yamhill Community Care).

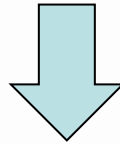
Example of CHA Data

Category	Occupants with housing cost burden more than 30% of income (2013-17)				
	Oregon	Yamhill County	McMinnville	Newberg	Willamina
Household with no vehicles	7.7%	4.7 %	6.1%	5.3%	5.8%
Renters	38.3%	32.1 %	40.5%	38.2%	38.8%
Owners with mortgages	66.8%	70.0 %	65.9%	78.5%	78.5%
Owners without mortgages	33.2%	30.0 %	34.1%	21.5%	21.5%3832
30%> household income for Rent	52.4%	52.1%	51.5%	56.4%	62.7%

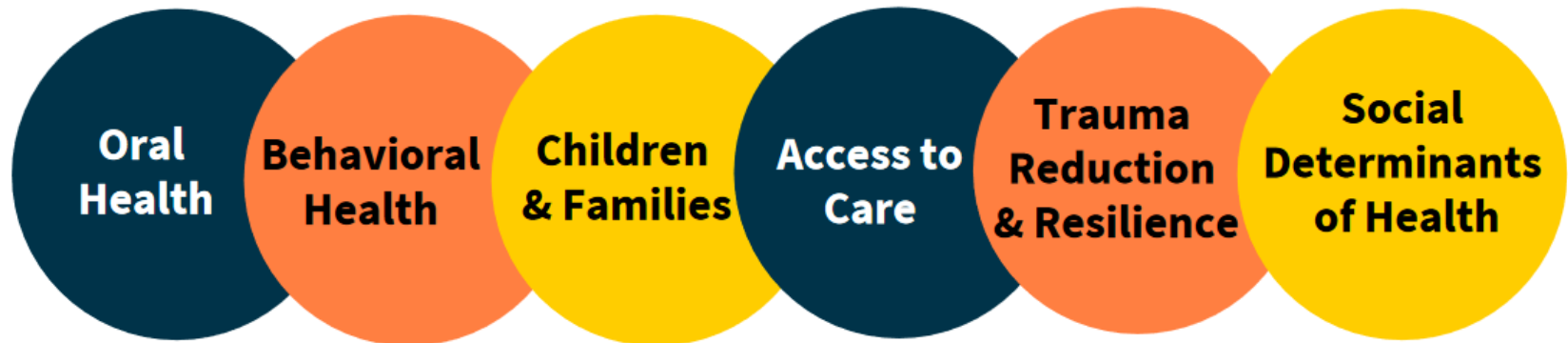
Source: 2019 Community Health Assessment (Yamhill Community Care).

Moving from a CHA to a CHP

CHA = the assessment (used to identify priorities)



CHP = the plan (“the strategies”)



Source: 2019 Community Health Improvement Plan (Yamhill Community Care).

4. COMMUNITY HEALTH IMPROVEMENT PLANS

Community Health Improvement Plans (CHPs)

- Based on data from the CHA
- Used to identify priority health areas
- Includes strategies for addressing priority areas
- Must also be completed at least every five years



Examples of Community Health Improvement Plan Strategies

OBJECTIVE 1: INCREASE THE NUMBER OF COMMUNITY MEMBERS WHO ARE CONNECTED TO STABLE HOUSING

STRATEGY	MEASURE	DATE	LEAD
Partner with the Housing Authority of Yamhill County to increase transparency of the housing voucher process.	Increase number of people in community who are able to acquire vouchers by 5% per year.	November 2019	CAC
Support individual housing needs through the Service Integration Teams' housing-specific fund, distributing \$12,000 in funding.	Double the number of people helped through SITs who are able to prevent eviction.	August 2020	YCCO

Source: 2019 Community Health Improvement Plan (Yamhill Community Care).

CHP Requirements

CCOs are required to:

- Develop a shared CHA and CHP with:
 - **Local public health authorities**
 - **Hospitals**
 - **Other CCOs** (with overlapping service areas)
- Invite **Tribes** to partner in the shared CHA and CHP if they are developing or have developed a CHA/CHP

CHP Requirements

CCOs are required to:

- **Engage** with representatives of local governments, tribal organizations, community partners, stakeholders and other critical partners to develop the CHP
- Include at least two Healthier Together Oregon priorities and strategies



Healthier Together Oregon

- Identifies our state's health priorities
- Addresses unjust and unacceptable disparities
- Informs Community Health Improvement Plans
- Inform priorities for OHA and other state agencies



**Healthier
Together
Oregon**

<https://healthiertogetheroregon.org>

5. THE SOCIAL DETERMINANTS OF HEALTH

The Social Determinants of Health

The social, economic and environmental conditions in which people are born, grow, work, live and age.



Health-Related Services (HRS):

- Services not covered under the Oregon Health Plan
- Supplement covered benefits
 - HRS community benefit initiatives (CBI) = Community-level interventions
 - HRS flexible services = Services or items provided to individual members
- CCO HRS policies must promote alignment between HRS CBI spending and CHP priorities
- CCOs must develop a role for their CACs in making CCO HRS CBI spending decisions

Supporting Health for all through Reinvestment: The SHARE Initiative

- Legislative requirement: CCOs to spend a portion of their net income (or reserves) on services to address the social determinants of health & equity
- CCO must also develop a role for the CAC in spending decisions
- Spending must align with community priorities in the current CHP
- Spending must include any statewide priorities for SHARE (currently housing)
- Fit into one of four domains related to the social determinants of health and equity:
 - Economic stability
 - Neighborhood and built environment
 - Education
 - Social and community health

6. COMMUNITY ADVISORY COUNCILS: PART II

CAC Member Perspective

Lisa Pierson, CAC member,
InterCommunity Health Network CCO CAC

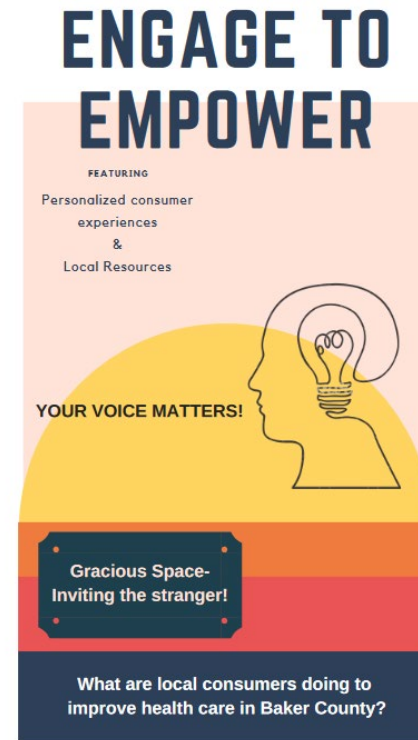
Creating a Successful CAC

Effective CAC members:

- ✓ Understand the core duties of the CAC and help the CAC to fulfill them
- ✓ Recognize the role of the CAC advising the CCO
- ✓ Work together with other members to help the CAC run efficiently
- ✓ Ask questions
- ✓ Are active listeners

Strengthening the Voices of Consumer CAC Members

- The Eastern Oregon CCO Baker LCAC subcommittee created the “Engage to Empower” subcommittee to gather consumer experiences with local services
- The guide also featured stories about consumer CAC members



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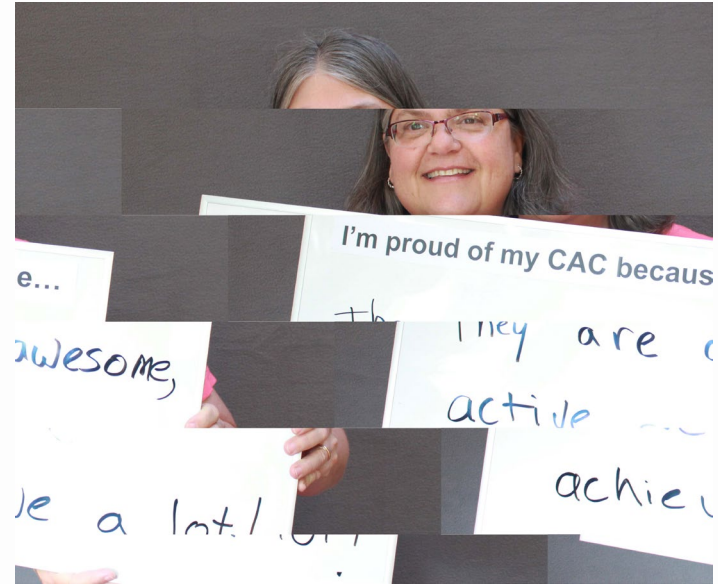
For Your Consideration...

- What motivates you to stay engaged as a CAC member?
- How would you describe your role as a CAC member?
- What is one change that the CAC could make to engage you or other CAC members more?
- What is one thing you can change to increase your impact on the CAC?

7. CONSUMER ADVISORY COUNCIL SUPPORTS

CAC Coordinator Role

- Ensure committee meetings are scheduled and agendas are developed
- Recruit, onboard and support CAC members
- Facilitate communication between the CAC and CCO leadership
- Ensure CAC members are informed of CCO decisions relevant to the work of the CAC



- Ensure meeting space and materials are accessible for all attendees
- Oversee CAC reporting and public posting requirements

CAC Supports: Oregon Health Authority

OHA offers resources to support the work of CCOs and their CACs.

Resources include:

- Innovator Agents
- Transformation Center
- Public Health Division

Innovator Agents

- Act as a bridge between CCOs and OHA
- Work to improve communication between OHA and the CCOs
- Promote continued innovation and implementation of the coordinated care model
- Attend CAC meetings, where they provide OHA updates and answer questions that arise
- Support CAC coordinators with other CAC-related needs

Transformation Center

- Started in 2013 with the goal of supporting innovation within Oregon's health system.
- Mission: The Transformation Center is the hub for innovation and quality improvement for Oregon's health system transformation efforts
- <http://www.transformationcenter.org>

Transformation Center: Supports for CACs

- CAC conferences
- Peer-to-peer meetings
- Learning sessions
- CAC outreach materials and other resources for CACs (see video)



Video link: <https://www.youtube.com/watch?v=ioxNuUSu1LM>

CAC Supports: OHA's Public Health Division

The OHA Public Health Division can help CACs:

- Connect to local health departments
- Identify community health programs that work
- Find the right data
- Measure success
- Use community health data to inform CHP strategies

Contacts for Additional Information

Transformation Center CAC Supports:

- [CAC Supports webpage](#) and www.oregoncac.com
- Staff contacts:
 - Tom Cogswell: thomas.cogswell@oha.oregon.gov (backup: transformation.center@odhsoha.oregon.gov)

OHA Innovator Agents

CHA/CHP Supports:

- Visit the Transformation Center's [CHA/CHP webpage](#)
- Staff contact: Staci DeLeon-Davis (Staci.DeLeonDavis@oha.oregon.gov) & Tom Cogswell (thomas.cogswell@oha.oregon.gov)