

**GENERAL DESCRIPTION OF CLASS**

The CLINICAL PSYCHOLOGIST 1 provides professional psychological services including diagnosis; psychological assessment; individual, group and family therapy; and behavioral-milieu treatment to those having mental and/or emotional disorders. The Clinical Psychologist 1 also participates as a member of an interdisciplinary treatment team in planning and reviewing patient/resident treatment and provides clinical consultation to ward staff concerning individual patient and milieu issues.

**DISTINGUISHING FEATURES**

This is the first level of a two-level series. It is distinguished from the higher level by lack of direct planning and program development involvement and lack of responsibility for developing, overseeing, and evaluating the effectiveness of a specialized treatment program.

**DUTIES AND RESPONSIBILITIES**

- 1. Psychological Assessment.** Typical tasks: administers, scores, and interprets standardized psychological tests to evaluate intellectual, personality, and social functioning of patients or residents; integrates test results, behavioral observations and patient or resident history to form diagnosis and make treatment recommendations; writes reports of findings and recommendations for diagnosis, treatment, or discharge; interprets results of psychological tests to patients, staff and community service providers.
- 2. Treatment Planning.** Typical tasks: provides input regarding psychological assessments, behavior management, and other psychological issues as a member of the interdisciplinary treatment team; plans, reviews, and evaluates patient or resident treatment; develops treatment and behavior modification programs for patients or residents; discusses client issues with appropriate staff.
- 3. Treatment.** Typical tasks: conducts individual psychotherapy with patients or residents to help them understand and modify their behavior; conducts ongoing group psychotherapy with patients or residents to promote understanding of problems and help them change; conducts family therapy for patients, residents and their families to help family members understand the behavior of the patient or resident, support positive behavior of that person and/or change maladaptive family interaction patterns; documents treatment in the medical record according to established standards.
- 4. Training.** Typical tasks: provides in-service training to agency staff on topics related to psychological treatment of patients/residents; serves as resource in training of program and hospital staff; teaches specific training modules; trains graduate psychology students in assessment, psychotherapy, and treatment planning; trains undergraduate psychology students in basic applied research, psychopathology, milieu treatment, and basic counseling skills.
- 5. Miscellaneous.** Typical tasks: attends and participates in program, departmental, quality assurance, and interdisciplinary team meetings; provides consultation to agency staff in areas of research, training and direct services; provides information and explanation concerning patient/resident treatment during pre-trial conferences, trials, and hearings; maintains current working knowledge on the field of clinical psychology by reading journals and attending lectures, workshops, and conferences.

## **RELATIONSHIPS WITH OTHERS**

Employees in this class meet daily with patients or residents to provide services and assessment. Employees in this class meet regularly with patients' or residents' families to discuss progress of patient or resident, to review treatment plans, and to provide family therapy. They are in contact occasionally with judges and attorneys at pre-trial conferences, court trials, and legal hearings, to consult on patients' cases and to give expert testimony. There is regular contact with community, State, and private agencies in relation to individual patients.

## **SUPERVISION RECEIVED**

The Clinical Psychologist 1 works under the general supervision of a psychology program manager or other administrative superior. Work is reviewed for quality and adherence to ethical standards through peer review meetings, utilization review data collection, departmental quality assurance activities, and regularly scheduled supervision. Work may also be reviewed through regularly scheduled case reviews with treatment team to review treatment program and evaluate patient/resident progress. Guidelines are available in the form of Oregon laws relating to confidentiality, patient rights, informed consent, commitment, voluntary treatment, testifying in court, reporting of abuse of children or the elderly, and psychological licensing and practice; rules of accreditation standards for service providers and ethics of the American Psychological Association; agency administrative policies and procedures and departmental manuals. These guidelines direct the Clinical Psychologist in test selection and interpretation, determining treatment methods and the exchange of information.

## **GENERAL INFORMATION**

Positions are primarily found in mental health institutions or hospitals and correctional facilities. They require the willingness to work in the environment associated with the position's location and purpose.

## **KNOWLEDGE, SKILLS, AND ABILITIES (KSA)**

General knowledge of the principles and procedures of basic and applied clinical psychology.

General knowledge of theories and principles of psychotherapy, psychopathology, behavior modification, and group processes.

General knowledge of theories and principles of normal and abnormal human development.

General knowledge of theories and methods of behavioral analysis and assessment.

General knowledge of American Psychological Association ethics.

General knowledge of life span development.

Skill in administering, scoring, and interpreting standardized tests of intelligence, achievement, aptitude, personality behaviors, and neuropsychological screening.

Skill in preparing written reports which contain formal diagnoses and recommendations for treatment.

Skill in performing group, individual and family therapy.

Skill in maintaining client records which includes recording client behaviors and the factors which influence them.

Skill in communicating orally in order to explain and persuade.  
Skill in planning and conducting psychological research.

Ability to participate as a member of an interdisciplinary treatment team in developing treatment and behavior modification plans for clients.  
Ability to establish and maintain effective relationships with members of an interdisciplinary treatment team and other agency staff.  
Ability to provide training in assessment, psychotherapy and treatment planning techniques.

### **SPECIAL QUALIFICATIONS**

Possession of psychology licensure in State of Oregon or license eligibility.

**NOTE:** The KNOWLEDGE and SKILLS are required for initial consideration. ABILITIES may be required for initial consideration, at any time during the selection process, or during a trial service period as a final stage of the selection process. Some duties performed by positions in this class may require different KSA's. No attempt is made to describe every KSA required for **all** positions in this class. Additional KSA requirements will be explained on the recruiting announcement.

Adopted 4/90

Revised

Examples of work are typical of duties assigned to this class. No attempt is made to describe every duty performed by all positions in this class.