

Training and service opportunities

SAIF LOSS CONTROL APPROACH

The SAIF Corporation's Loss Control Approach (SLCA), is a comprehensive behavioral safety process, that will help you contain costs and reduce workplace losses by changing attitudes, behaviors, and organizational culture.

CLIMATE SURVEY (optional)

The climate survey measures your agency employees' perception of organizational culture in areas such as supervisor skills, leadership, top management communication, organizational change, training, general work climate, job satisfaction, injury prevention attitudes, and ethical decisions. The survey is administered and data compiled by SAIF. It is designed to provide management an anonymous, honest, and clear picture of the agency's culture and identify opportunities for improvement. The survey generally takes about 10-15 minutes for employees to complete. Survey results are generally available within two weeks. It is a component of the SLCA behavior based training process.

1. SAFETY FOUNDATION TRAINING

This training session emphasizes the need for injury reduction to be a value in an agency's culture. It introduces and stresses the need for a "zero accident" philosophy.

2. SKILLFUL COMMUNICATION TRAINING

Focuses on the importance of listening as part of the communication process along with teaching the impact of consequences (positive vs. negative) and offers techniques for improvement. The significance of developing good coaching and feedback delivery techniques is also discussed.

3. EMPOWERMENT

This training session concentrates on different work styles along with learning the different types of power in the workplace.

4. INCIDENT ANALYSIS TRAINING

Uses an innovative technique for analyzing accidents and incidents and making recommendations for improvement. This training can be provided to supervisors, safety committees, or other designated individuals who will conduct the accident analysis or complete incident/accident report forms.

5. OBSERVATION TRAINING

Teaches the elements of an employee safety observation program along with techniques for offering positive feedback.

6. HAZARD ANALYSIS TRAINING

Utilizes the same innovative techniques offered in the accident analysis training for identifying and prioritizing hazards. This training can be provided to supervisors, safety committees or other designated individuals who will conduct the hazard analysis.

COMP CHATS

State agency training opportunities in Salem on a variety of topics. For more information visit: www.saif.com > I am An Employer > Training calendar > State agency employees > State Agency Comp Chats.

APPLIED ERGONOMICS TRAINING (4 hours)

High-level training that takes an "Ergonomics Team" (designated by your agency) and provides them with techniques to identify, analyze, and control industrial (non-office) ergonomic exposures at your place of business.

LEADING INDICATORS

Consultant works with management to identify measures of activities and successes for your safety program.

OFFICE ERGONOMIC ASSESSOR TRAINING

Basic: This training is provided to equip agency employees to perform basic office ergonomic evaluations. Certification available to those who successfully complete three assessments.

Next Step: This training is designed to provide basic ergonomic assessors, who have received a certificate of completion, with advanced information and tools to continue serving as on-site ergonomics assessors at their agencies.

STRESS AND FATIGUE

This training will help participants identify sources of stress and fatigue in their life and provide practical tools for reducing them.

SAFETY COMMITTEE MISSION, PURPOSE, AND GOALS TRAINING

This training is designed for safety committee members and will teach the essential elements of an effective safety committee. Discussion will include OR-OSHA requirements along with the extra steps that are needed to rise above safety committee mediocrity.

SLIP, TRIP, AND FALL TRAINING

This training is for all employees and provides best practices for dealing with slip, trip, and fall hazards. Employees will become aware of potential hazards and get ideas for preventing the exposures to slipping, tripping, or falling in the workplace.

PROGRAM AND PROCESS REVIEW

Reviews your injury reduction processes that are currently in place and makes recommendations for improvement.

HAZARD ANALYSIS SERVICE

Conduct complete hazard survey of facility and grounds and provide recommendations for improvement. Survey focus is on those hazards that have potential to cause injury.

OFFICE ERGONOMIC ASSESSMENTS

Assist an agency ergonomic assessor or safety manager in evaluating a complex office ergonomic challenge. A copy of the agency's ergonomic assessor's initial and/or follow up assessments will be requested.

INDUSTRIAL ERGONOMIC ASSESSMENTS

Ergonomic assessments can be made of industrial or manual material handling work sites and tasks.

SOUND LEVEL TESTING

Use sound level instruments to measure employee exposure to hazardous noise levels.

INDOOR AIR QUALITY

Assess indoor air quality issues and conduct sampling if needed. Sampling is for carbon dioxide (CO₂), carbon monoxide (CO), temperature, and relative humidity.

DUST

Exposure assessment for airborne particulates as well as strategies to minimize exposures.

OR-OSHA COMPLIANCE

Assess OR-OSHA program compliance and make recommendations for improvement.

SAFETY IN MOTION® 4 (SIM4™)

SIM 4™ is a proven set of techniques to reduce physical stress and strain, boost balance and strength, and improve productivity.

This list is not all-inclusive. All training is provided, or coordinated, by your safety management consultant and is customized to fit your agency's needs. Length of training sessions is usually 1 to 1 ½ hours (with exception of Applied Ergonomics) but is flexible. Many of the training sessions work well together or delivered in a series (Example: Safety Committee training would require the sessions on Mission, Purpose and Goals as well as Accident Analysis and Hazard Identification.) Other services can be provided as needed. The SLCA modules 1-6 can be presented as stand-alone trainings.

SAFETY COMMITTEE LEARNING

Service

Program and process review
Hazard analysis
OR-OSHA compliance

Training

Safety committee mission, purpose, and goal
Incident analysis
Hazard analysis

EMPLOYEE INCIDENT PREVENTION

Service

Sound level testing
Indoor air quality
Dust

Training

Stress and fatigue
Slip, trip, and fall
Safety In Motion® (SIM4™)

Safety In Motion®

Also known as SIM4™, this is a web-supported training and risk-reduction system designed to provide a common understanding of the factors that contribute to injury causation and prevention while also providing specific task-based examples of how to reduce unnecessary strain and sprain at work and off the job.

Two goals of SIM4™ are (1) utilizing proven technologies for prevention, and (2) making risk reduction simple and practical. These principles and techniques are designed to make the basics of musculoskeletal injury prevention easy to understand, remember, and apply.

SIM4™ modules are concise, 30-minute sessions focused on one key technique. There are four SIM4™ modules:

Position Elbows Closer™

Techniques to make work easier and safer through leverage and elbow position

Use Mid-range Wrist Motions™

Techniques to protect hands, wrists, and forearms

Leg Strength and Balance

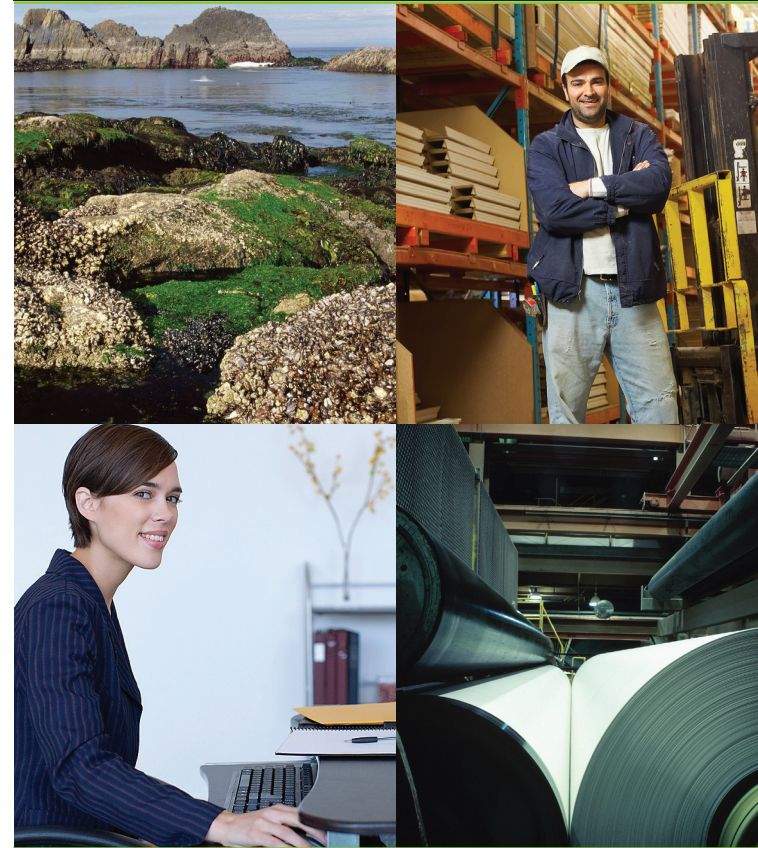
Practical techniques to protect knees, spine, and shoulders

Lifting Options, Technique, and Pace™

Techniques to help assess tasks and reduce stress and strain while lifting



State Agency Safety Training and Services Menu



SAFETY LEADERSHIP PROCESS

Service

Leading indicators

Training

SAIF Loss Control Approach (SLCA)

Climate Survey (optional)

1. Safety foundation
2. Skillful communication
3. Empowerment
4. Observation
5. Hazard analysis
6. Incident analysis

Comp chats

ERGONOMIC SKILLS AND AWARENESS

Service

Office ergonomic assessments
Industrial ergonomic assessments

Training

Office ergonomic assessor training

- Basic
- Next Step

Applied ergonomics