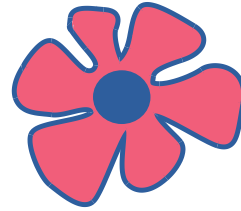


Place  
Stamp  
Here

**SHIBA Program**  
350 Winter St. NE, Room 330  
Salem, OR 97309-0405

# Who uses SHIBA?

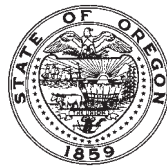
Anyone with Medicare — all ages.



Ask what SHIBA can do for YOU and what YOU can do for SHIBA.

## SHIBA Program

350 Winter St. NE, Room 330  
Salem, Oregon 97309-0405  
(800) 722-4134  
[www.oregonshiba.org](http://www.oregonshiba.org)

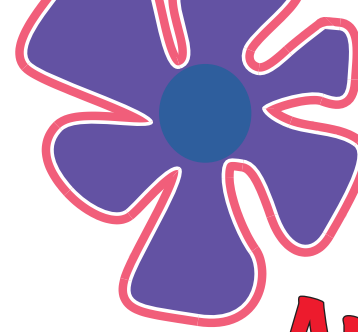


LOCAL HELP FOR PEOPLE WITH MEDICARE



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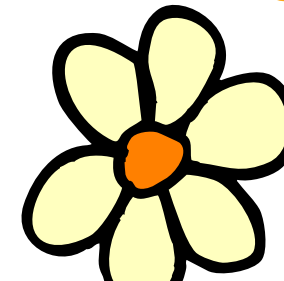
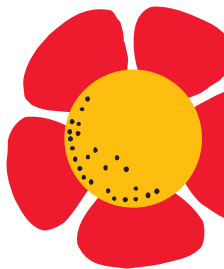
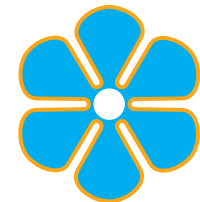
440-3652 (6/10)



# Are you ready for Medicare?



## Don't wait until you're 65!



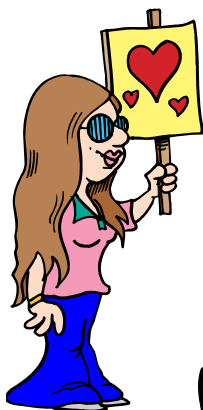
# Get Help

## Do you know:

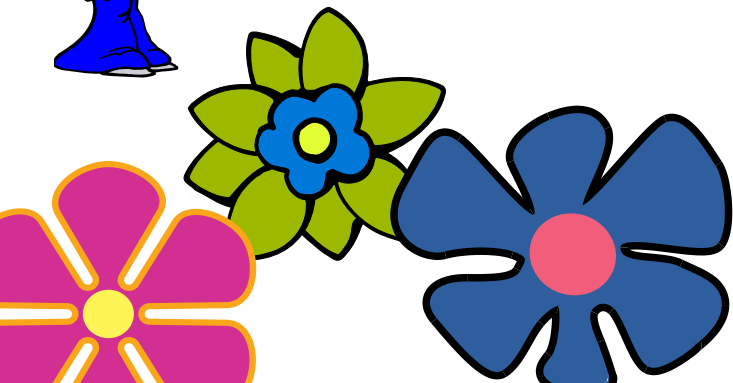
- \* How to get Medicare? (Some people need to sign up.)
- \* The important deadlines to buy additional insurance or prescription drug coverage?
- \* What happens if you continue to work after you are eligible for Medicare?

Research Medicare **before** you turn 65!

**Free help: 1-800-722-4134**



A Senior Health Insurance Benefits Assistance (SHIBA) counselor can answer Medicare questions!



# Give Help

## Find your groove!

Volunteer to help Medicare recipients:

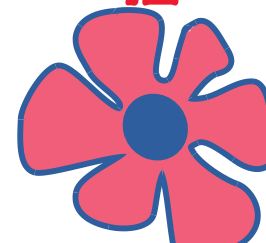
- \* Enroll in prescription drug coverage
- \* Compare Medicare supplements
- \* Read bills
- \* File appeals and grievances
- \* Evaluate long-term care insurance



**Life is a trip — Volunteer!**

**Free training for SHIBA volunteers!**  
(800) 722-4134  
[www.oregonshiba.org](http://www.oregonshiba.org)

**I want to help people make informed Medicare decisions!  
Contact me about becoming a SHIBA volunteer!**



Name: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_