

# Appendix A

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## STARS INFORMATION

### Since 1995 STARS has

- Reached over 275,000 middle school students. (A quarter million students)
- Trained over 19,000 high school Teen Leaders (Mentors).

### What STARS does

- Promotes the delay of early sexual involvement.
- Teaches middle school students Refusal Skills that can be used against any high risk behavior.

### How Teen Leaders benefit from the STARS program.

- Provides a leadership and community service opportunity.
- Helps build public speaking skills.
- Reinforces the value of making healthy choices.

### Funding

- STARS is funded in part through Title V, Sec 510. A federal block grant.
- DHS partners with County Health Departments, Schools, Commissions on Children and Families as well as other youth serving organizations to deliver the program.
- DHS funds local partners to deliver the program.

<b>Participating County</b>	<b>Partnering Contract Agency</b>
<b>Benton</b>	<b>Benton County Health Department</b>
<b>Clackamas</b>	<b>Clackamas Commission on Children and Families</b>
<b>Clatsop</b>	<b>Clatsop County Health Department</b>
<b>Columbia</b>	<b>Columbia County Health Department</b>
<b>Coos</b>	<b>Coos County Health Department</b>
<b>Crook</b>	<b>Crook County Health Department</b>
<b>Curry</b>	<b>Curry County Health Department</b>
<b>Deschutes</b>	<b>Deschutes County Health Department</b>
<b>Douglas</b>	<b>Douglas County Health Department</b>
<b>Gilliam</b>	<b>Gilliam Department of Juvenile Justice</b>
<b>Grant</b>	<b>Grant County Educational Service District</b>
<b>Hood River</b>	<b>Hood River County Health Department</b>
<b>Jackson</b>	<b>Jackson County Health Department</b>
<b>Jefferson</b>	<b>Jefferson County Health Department</b>
<b>Josephine</b>	<b>Josephine County Health Department</b>
<b>Klamath</b>	<b>Klamath County Health Department</b>
<b>Lake</b>	<b>Independent Contractor (Individual)</b>
<b>Lane</b>	<b>Lane County Health Department</b>
<b>Lincoln</b>	<b>Lincoln County Health Department</b>
<b>Linn</b>	<b>Linn County Health Department</b>
<b>Malheur</b>	<b>Malheur County Health Department</b>
<b>Marion</b>	<b>Youth Impact</b>
<b>Morrow</b>	<b>Morrow County Health Department</b>
<b>Multnomah</b>	<b>Multnomah County Health Department</b>
<b>Polk</b>	<b>Willamette Educational Service District</b>
<b>Sherman</b>	<b>Wasco County Health Department</b>
<b>Tillamook</b>	<b>Tillamook County Health Department</b>
<b>Umatilla</b>	<b>Umatilla County Health Department</b>
<b>Union</b>	<b>OHSU Health Network for Rural Schools</b>
<b>Wasco</b>	<b>Wasco County Health Department</b>
<b>Washington</b>	<b>Washington County Health Department</b>
<b>Wheeler</b>	<b>Wheeler County Services to Children and Families</b>
<b>Yamhill</b>	<b>Yamhill County Health Department</b>

# **AMERICORPS HOPE: HEALTHY OPTIONS THROUGH PREVENTION AND EDUCATION**

PURPOSE: Provide prevention and education activities for youth related to healthy sexuality and relationships, making positive decisions, avoiding risk behaviors, developing life skills.

TERM: 3-year federal grant program 9/1/06 – 8/31/09

## WHAT IT IS:

- DHS federal grant program - 2 DHS FT employees
- 20 FT AmeriCorps “Members” placed with contracted Host Sites
- Members are contracted FT direct service providers – receive fed. stipend & earn education award
- Host Sites develop individual Member Service Plan
- All individual Member Service Plans include these common objectives:
  - Increase Member skills/ knowledge re: civic engagement/ community service/ citizenship
  - Develop Member skills in leadership/ group process / facilitation/ project coordination
  - Engage community volunteers toward long-term sustainability of local projects
- Individual Member Service Plans vary somewhat, but include:
  - Provide education/ prevention activities in schools, teen clinics, alternative schools, incarcerated, homeless, minority youth and pregnant/parenting teens
  - Facilitate direct support groups for high risk youth.
  - Various curricula are used, including STARS, Our Whole Lives, Making Proud Choices, Project Alert, Expect Respect, Smart Moves, Darkness to Light, Natural Helpers, Directions, SEEDS
  - Some activities involve volunteer HS peer educators
  - Mentor youth / provide positive life skills & safe, supervised youth development activities
  - Members work with about 10,000 youth and community members each year
  - Healthy sexuality education to Latino families is provided by some sites.\*\*

CURRENT HOST SITES:

- **Clackamas County** Commission on Children/Families
- **Clatsop County** County Health & Human Services
- **Coos County** County Health Department
- **Deschutes County** County Health Department  
Kids Intervention/Diagnostic Center
- **Hood River County** Commission on Children/Families\*\*
- **Jackson County** Community Works Victim Services
- **Lane County** DHS District 5  
Sexual Assault Support Services  
Womenspace
- **Marion County** Woodburn School District\*\*
- **Multnomah County** Planned Parenthood  
Insights Teen Parent Program  
Raphael House of Portland  
Volunteers of America Home Free  
Outside In
- **Washington County** County Health Department
- **Statewide:** Provide support & assistance to AmeriCorp Hope team,  
Assist with team trainings & events.

BUDGET (2006-07):

<i>Cash:</i>	Federal grant	\$244,000
	Host Site cash grant match	\$ 81,890
	DHS grant	\$148,139
<i>In-Kind:</i>	Host Site in-kind value	\$110,996
	DHS: in-kind value	<u>\$ 70,321</u>
<i>Total annual budget</i>		\$655,346