

# Strengthening Families Program for Parents and Youth 10-14

## SFP in Oregon: Fast Facts

- Past 30-day **substance abuse was significantly reduced** among youth who attended the program, with **29% fewer youth** reporting use after the program
- Oregon facilitators have conducted **61 programs in 19 counties** in **both English** (277 families) **and Spanish** (197 families)
- **85%** of program participants completed at least 5 of 7 sessions and “graduated” from the program, a higher percentage than average in similar programs.
- Oregon DHS has trained over **280 program facilitators**, resulting in substantial statewide capacity.

## Oregon Parents and Teens Report:

### Significant *decreases* in



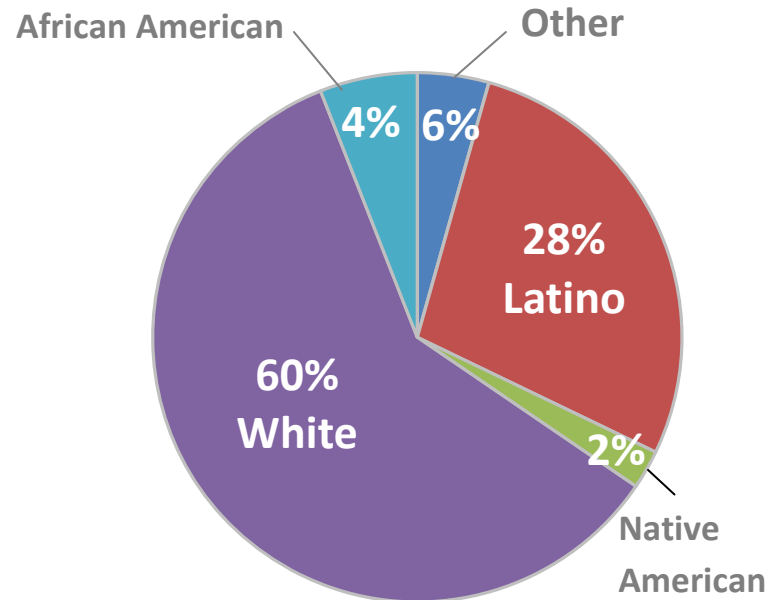
- Substance Use
- Hassles with Chores and Homework

### Significant *increases* in



- Communication about Substance Use and Family Rules
- Family Harmony
- Family Involvement

## Who has Attended?



## SFP Reduces Criminal Justice Costs

- Savings to society in criminal justice costs related to substance abuse are estimated to be **\$6541 for each youth** who participates in the Strengthening Families Program (Prevention Research Center, Pennsylvania State U, 2008)
- To date, investment in the Strengthening Families Program has yielded a **net benefit** to Oregon of **over 3 million dollars**:

### OREGON'S COST SAVINGS:

**\$3,296,664**