

12TH ANNUAL
Shoulder to Shoulder
CONFERENCE
NOVEMBER 16, 2010



**NURTURING RESILIENCE
IN CHILDREN AND FAMILIES**

Oregon Convention Center

777 Martin Luther King Blvd., Portland, OR 97232

Visit our Web site at www.oregon.gov/DHS/children/fostercare/conference or call 503-872-5601.

Registration at <http://www.ctfo.org/ctfostore.asp>



Shoulder to Shoulder 2010

12th Annual Conference – Nov. 16, 2010
“Nurturing Resilience in Children and Families”

SCHEDULE at a Glance

7:30 – 8:30 a.m.
Registration

8:30 – 9:45 a.m.
Keynote Speaker:
Judge Patricia Martin
“Fostering Resilience in Children and
Families in Child Welfare Systems”

9:45 – 10:00 a.m.
Break

10:00 – 11:00 a.m.
Workshop Series A

11:15 a.m. – 12:15 p.m.
Workshop Series B

12:15 – 1:15 p.m.
Lunch

1:15 – 2:15 p.m.
Keynote: Shay Bilchik
“Working Across Systems to
Meet the Needs of Our Children,
Youth and Families”

2:30 – 3:30 p.m.
Workshop Series C

3:30 – 3:45 p.m.
Break

3:45 – 4:45 p.m.
Workshop Series D

(See Workshop Descriptions on following pages)

KEYNOTE SPEAKER: **JUDGE PATRICIA MARTIN**

“Fostering Resilience in Children and Families
in Child Welfare Systems”

Judge Martin will speak on the importance of nurturing resilience in children and families, and ways in which courts and child welfare may impede that process. She will provide a national perspective on issues such as over-representation and psychological first aid while describing lessons learned from her jurisdiction of Cook County (Chicago), Illinois.

Visit our Web site at www.oregon.gov/DHS/children/fostercare/conference or call 503-872-5601.

Registration at <http://www.ctfo.org/ctfostore.asp>

Workshop Descriptions

Workshop Series A: 10:00 – 11:00 a.m.

1. Reconnecting Youth with Their Families

Kevin Campbell

How can we remove systemic barriers that block children in out-of-home care from maintaining or re-establishing contact and relationships with those who love them? Family Finding provides an extraordinary framework to help us rethink what is possible in terms of safety, well-being and permanency outcomes for foster youth.

2. Tools for Getting Kids in Sync

Lynette Burke

This presentation is designed for parents, teachers, caregivers and other professionals who are interested in understanding the basics of sensory processing and in adding tools to their repertoire to create sensory diets for the children under their care.



3. Vicarious Trauma and Resilience: How Work with Trauma Survivors Challenges and Heals Us (part 1)

Pam Crow

Working with trauma survivors takes us on our own journey of suffering. Learn to better recognize your own symptoms of vicarious trauma, and explore ways to find your personal path to awareness, balance and connection.

4. What is that Smell? The Real Medical and Social Risks of the “Dirty Home”

Leila Keltner, Karen Phifer

This presentation will explore the medical and social risks for children living in a “dirty home.” Information will be presented to analyze the myths associated with dirty homes using a socio-ecological framework for neglect.

5. From Darkness into Light: The Commercial Sexual Exploitation of Children in our Community

Nick Gallo, Miriam Green, Elisa Saphier

Portland has received significant media attention in recent months regarding the sexual exploitation of children in our community. At this session, participants will learn how to better identify, engage and serve these youth. Today’s workshop is based upon principles and best practice recommendations provided through GEMS of New York, the foremost expert in this field.

Visit our Web site at www.oregon.gov/DHS/children/fostercare/conference or call 503-872-5601.

Registration at <http://www.ctfo.org/ctfostore.asp>

Workshop Series A: 10:00 – 11:00 a.m. (cont.)

6. Moving Oregon from a State at Risk to a State of Resilience **David Mandel, Wade Fickler**

Research has identified successful strategies for putting young children on a path to social, emotional and behavioral health and providing them with solid foundations for school success. This session highlights successful Oregon strategies and advocacy efforts to extend them.

7. Reasonable/Active Efforts in Cases Involving Domestic Violence **Judge Dale Koch, Rebecca Orf**

Presenters will discuss the special considerations underlying “reasonable and active efforts” findings in cases involving domestic violence, as well as services that need to be provided for domestic violence victims and their children.

8. Sleep in Foster Care and Adoption **Julian Davies**

A humorous, balanced and practical exploration of why foster and adopted children (and their parents!) often sleep so poorly and what to do about it. This workshop will review sleep physiology, why sleep is important, and how many of the prenatal and environmental factors impacting our kids can interfere with sleep. It will present strategies for the immediate post-adoption period and give concrete sleep tips for persistent sleep difficulties.

9. Caregivers as Healers: Compassionate Approaches to Building Resiliency in Children Affected by Developmental Trauma **Erin Fairchild**

This workshop gives a basic understanding of how trauma in early childhood often inhibits healthy brain development, and leads to difficult effects in children that are challenging for caregivers. Participants will leave hopeful, with a sense of how to support children in overcoming the developmental deficits associated with trauma exposure.

10. Supporting Connections Between Foster Parents and Birth Parents **Noreen Owens and Audrey Riggs, Facilitators**

This panel presentation will provide examples of benefits to children, parents, DHS workers and case planning when parents (foster and biological) work together.



Visit our Web site at www.oregon.gov/DHS/children/fostercare/conference or call 503-872-5601.

Registration at <http://www.ctfo.org/ctfostore.asp>

Workshop Series B: 11:15 a.m. – 12:15 p.m.

11. Reconnecting Youth with Their Families

Kevin Campbell

How can we remove systemic barriers that block children in out-of-home care from maintaining or re-establishing contact and relationships with those who love them? Family Finding provides an extraordinary framework to help us rethink what is possible in terms of safety, well-being and permanency outcomes for foster youth.

12. Tools for Getting Kids in Sync

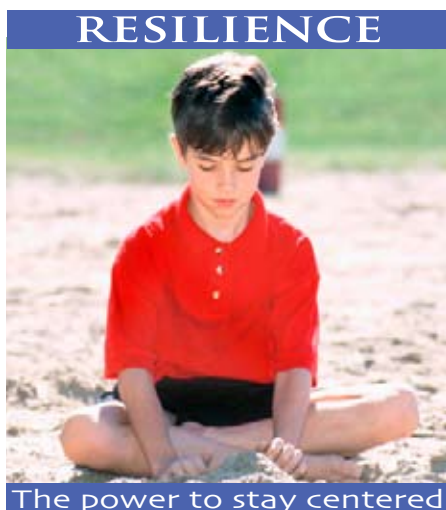
Lynette Burke

This presentation is designed for parents, teachers, caregivers and other professionals who are interested in understanding the basics of sensory processing and in adding tools to their repertoire to create sensory diets for the children under their care.

13. Vicarious Trauma and Resilience: How Work with Trauma Survivors Challenges and Heals Us (part 2)

Pam Crow

Working with trauma survivors takes us on our own journey of suffering. Learn to better recognize your own symptoms of vicarious trauma, and explore ways to find your personal path to awareness, balance and connection.



14. Sexualized Behavior in Children

Tom Findlay, Kim Jacobowitz

Sexualized behavior in children can be quite concerning to parents and professionals alike. This workshop details the wide range of sexualized behaviors children can exhibit from the developmentally appropriate to the problematic. It includes information on assessing, responding to and managing specific behaviors and when to refer for specialized treatment.

15. Beginning the Work to Reduce Disparate Treatment of Children and Families of Color

Judge Patricia Martin, Judge Michael Nash, Judge Nan Waller

The Courts Catalyzing Change Initiative is a national movement to reduce racial disproportionality and disparity in foster care. Participants will learn about the Initiative and strategies that have led to the reduction of disproportionality and disparity in dependency court systems.

16. Safe & Equitable Foster Care Reduction

Kory Murphy, Catherine Stelzer

This workshop looks at the partnership between Casey Family Programs, DHS, the Commission on Children and Families, and the Oregon Judicial Department and why Oregon has made safe and equitable foster care reduction a priority. A quick overview of work being done by the Governor's Task Force on Disproportionality and examples of successful statewide and local strategies will be provided.

Visit our Web site at www.oregon.gov/DHS/children/fostercare/conference or call 503-872-5601.

Registration at <http://www.ctfo.org/ctfostore.asp>

Workshop Series B: 11:15 a.m. – 12:15 p.m. (cont.)

17. Working Effectively with Immigrant Children and Families

Gloria Anderson

This workshop addresses the intersection of immigration and child welfare. It examines issues that affect immigrant children and families in need of child protection and child welfare services, and examines potential strategies for enhanced service provision to this population.

18. Advocacy: Supporting your Child in Special Education

Victoria Haight

Being an effective advocate for your child starts with gathering information about your child's disability and learning about the IEP process. You and your child have certain rights – and certain responsibilities – under state and federal laws. The session examines parental rights with an emphasis upon effective advocacy techniques that help to ensure the best educational outcome for your child.

19. Teen Panel

Josh Todd, Facilitator

A panel of youth and young adults talk about their experience in the system. The discussion focuses on their perspective of the system, what life is like for youth in foster care and their suggestions on how to make improvements. Learn from their experience and see resiliency in action.

20. Creating and Supporting Families in the LGBTQ Community

Astrid Dabbeni and SMYRC

This workshop offers resources to pre- and post-adoptive parents in the LGBTQ community. Learn how to create a safe and nurturing community for LGBTQ parents to explore their options, roles and opportunities; provide LGBTQ parents with accurate, empowering information about forming and sustaining a family through adoption; and explore some pre- and post-adoptive issues unique to LGBTQ parents and their children.

1:15 – 2:15 p.m. – KEYNOTE: SHAY BILCHIK

“Working Across Systems to Meet the Needs of Our Children, Youth and Families”

This presentation provides an overview of research that speaks to the need to work with our most disadvantaged children, youth and families through a multi-system approach. It provides examples of cross system policies and programs that better meet the needs of this special population. Mr. Bilchik presents a framework to realize improved outcomes through a comprehensive approach.

Visit our Web site at www.oregon.gov/DHS/children/fostercare/conference or call 503-872-5601.

Registration at <http://www.ctfo.org/ctfostore.asp>

Workshop Series C: 2:30 – 3:30 p.m.

21. Laughter Can Take Some of the Burden Off Your Shoulders: Learning to Lighten Up and Let Go **Leigh Anne Jasheway-Bryant**

Does it feel as if the weight of the world is on your shoulders? Remember levity is the opposite of gravity. Join this stress management and humor specialist for a hysterical look at why and how to laugh off your stressors. Learn from comedians, 5-year-olds and dog philosophers. Leave with a smile on your face, determined to start finding the funny side of life. Guaranteed to recharge your batteries and help you feel saner.

22. Teen Substance Abuse: Trends, Risk/Protective Factors, and Advice for Caregivers **Erica Finstad**

Teen substance abuse affects all types of families. This workshop reviews common illicit substances, how to recognize warning signs of use, and positive steps parents/guardians can take to cope with the problem. Information on risk and protective factors impacting teen substance abuse is also presented.

23. Attachment, Trauma and Neurodevelopment: Challenges and Opportunities for the Child Welfare System (part 1 of 2) **Dane M. Borg**

Maltreatment, stress and trauma during the earliest years of development not only results in observable emotional/behavioral symptoms, but also affects the organization and structure of the nervous system itself. The results of such “complex trauma” can be quite different from those associated with traumatic experience later in childhood. Learn about the unique needs of these children, supports that can help them recover, and implications for placement and permanency.

24. Preventing Sexual Abuse: Practical Information for Foster Parents **Sally Blackwood**

Many foster children have reported sexual abuse and many more have experienced it but not yet reported. Many have sex offenders in their family whom they will see again in their lifetime. Workshop topics include: why kids don't tell, answering the tough questions, and how to help children with their conflicting feelings about the person who sexually abused them.

25. Multnomah County's Involvement in the Crossover Youth Practice Model **Lyman Legters and Multnomah County Crossover Youth Practice Model Team Members.** **Shay Bilchik, Facilitator**

Multnomah County is one of eleven jurisdictions participating in the Crossover Youth Practice Model sponsored by the Center for Juvenile Justice Reform at Georgetown University. This workshop will provide attendees an overview of the model, an understanding of who crossover youth are, their characteristics, and the outcomes achieved by Multnomah County as a result of their involvement in the model.



Visit our Web site at www.oregon.gov/DHS/children/fostercare/conference or call 503-872-5601.

Registration at <http://www.ctfo.org/ctfostore.asp>

Workshop Series C: 2:30 – 3:30 p.m. (cont.)

26. Community-Based Care in Oregon's Heartland

Kevin M. Campbell, DeAnn Carr

Resources of all types are often scarce or nonexistent in rural communities. Children and youth with complex needs find themselves removed from their community and placed in special programs far from home in order to get the care they need. This workshop will describe several exciting Oregon programs that keep kids at home, in school and out of trouble, and are successfully achieving positive outcomes for rural youth and families.

27. Community Homes for Children Chief Justice Paul DeMuniz, Jim Seymour

Community Homes for Children is an innovative concept tested by Catholic Community Services since 1998. The program provides four key benefits: a stable, nurturing home in a caring community; healthy kin and kith connections; relentless support to graduate from high school; and support to graduate from college, trade school, or an apprenticeship program. Learn about the program, its theory of change, and its successes and challenges.

28. Prenatal Alcohol and Drug Exposures

Julian Davies

Advances in neuro-imaging bring new insight into the impact of prenatal alcohol exposure. Recent trials suggest promising avenues for intervention. A pediatrician from the longest-running FAS clinic in the country reviews the basics of Fetal Alcohol Spectrum Disorder; examines the latest research; and explores the developmental and behavioral impacts of prenatal tobacco, marijuana, opiate, cocaine, and methamphetamine exposure.

29. Foster Club & Friends – Empowering Children & Teens with an Understanding of the Foster Care System

Charlie McNeely

Entering foster care can be a chaotic time for a child. The system – with its numerous stakeholders, unfamiliar terminology and institutionalized policy and procedure – adds to the confusion. Foster Club partnered with Children's Justice Act Task Force to develop a tool to empower children and provide them with information about foster care. Come meet Foster Club and learn how to reduce trauma and improve communication with children entering care.

30. Adoption Connections Panel Nicole Russell, Facilitator

There's no one right way. Openness looks different for every family. Panel members provide examples of developing relationships between adoptive and birth families.



31. Laughter Can Take Some of the Burden Off Your Shoulders: Learning to Lighten Up and Let Go **Leigh Anne Jasheway-Bryant**

Does it feel as if the weight of the world is on your shoulders? Remember levity is the opposite of gravity. Join this stress management and humor specialist for a hysterical look at why and how to laugh off your stressors. Learn from comedians, 5-year-olds and dog philosophers. Leave with a smile on your face, determined to start finding the funny side of life. Guaranteed to recharge your batteries and help you feel saner.

32. Who Owns Our Children's Culture? **Astrid Dabbeni**

Can children of diverse cultures truly have the best of both worlds? Everywhere we look, adoption materials encourage us to adopt the culture as well as the child. Is that truly possible? If not, then what? This workshop will provide tools, resources, and support strategies to encourage the healthy development of the unique culture of adoption.

33. Attachment, Trauma and Neurodevelopment: Challenges and Opportunities for the Child Welfare System (part 2 of 2) **Dane M. Borg**

Maltreatment, stress and trauma during the earliest years of development not only results in observable emotional/behavioral symptoms, but also affects the organization and structure of the nervous system itself. The results of such "complex trauma" can be quite different from those associated with traumatic experience later in childhood. Learn about the unique needs of these children, supports that can help them recover, and implications for placement and permanency.



34. Psychotropic Medication Management – Consent, Evaluation and Review **Teri Shultz**

House Bill 3114, which was effective June 30, 2010, brought significant changes to the way DHS monitors psychotropic medications in the foster care population. This workshop provides critical information about psychotropic medication and efforts to ensure appropriate oversight.

35. Judges' Panel Presentation **Judge Jim Fun, Judge Anita Jackson, Judge Michael Livingston, Judge Douglas Van Dyk, Judge Nan Waller. Leola McKenzie, Facilitator**

Judges will discuss local court practices that are innovative or of particular interest to them. Topics will include crossover youth, disproportionality, expediting services available to parents, problems and challenges presented by older foster youth, statutory grounds for dependency jurisdiction, and more.

Workshop Series D: 3:45 – 4:45 p.m. (cont.)

36. Expansion of the Statewide Wraparound Initiative – What Does It Mean for Children, Families and You?

Bill Bouska, Benjamin Hazelton

Phase One of Oregon Wraparound funded eight counties to implement a community-based, coordinated system of services and supports for children in foster care with complex mental health needs. The state intends to continue the initiative with additional rollouts. Hear the latest news about Oregon Wraparound and learn how your community can get involved.

37. The Misuse of Technology: Facilitating Safety

Gabby Santos

In these high tech times, safety plans should incorporate measures to address actions carried out by tech savvy perpetrators. This workshop offers a walk-through of how technology can advance tactics used by perpetrators of domestic and sexual violence and child abuse, and how to protect against them.

38. What Parents Need to Know About the IEP

Victoria Haight

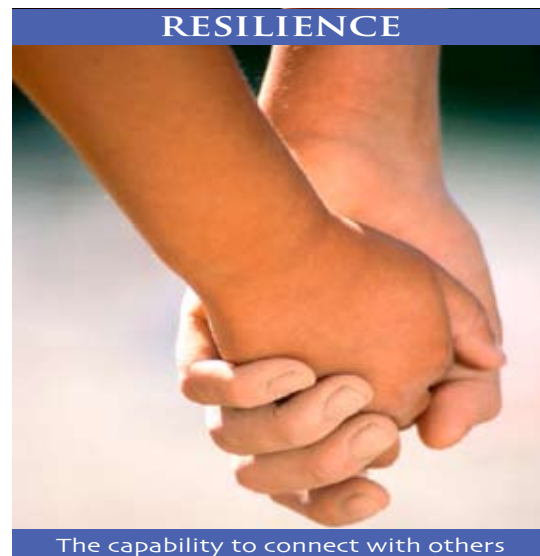
Individualized Education Programs (IEP's) are plans for children with special education needs. This workshop provides insight into the IEP process and the importance of teamwork in effecting a successful IEP. Topics include: the Individuals with Disabilities Education Act (IDEA); IEP team roles; writing effective goals and objectives; specialized instruction; accommodations; and more.

39. Bounce Your Way to Resiliency through Supportive Relationships **Jenny Burt, Charlie McNeely,** **Foster Club All-Stars**

Our youth can't wait – the time to spring into action is now! Come join this interactive workshop and help youth find resiliency beyond care with supportive adults. Listen to former foster youth share their journey.

40. Engaging Communities in Recruitment

Presenters will discuss various tools and ideas on how to reach out to different communities such as the Native American and LGBTQ. The discussion will include the importance of relationship building when recruiting for families and how to create safe, secure and welcoming families for our children.





Shoulder to Shoulder 2010

12th Annual Conference –Nov. 16, 2010

Registration Form

Online registration: <http://www.ctfo.org/ctfostore.asp> –OR–
Mail-in registration (confirmed by e-mail): Send check, made out to
Shoulder to Shoulder, c/o Children's Trust Fund of Oregon,
1410 Southwest Morrison Street, Suite 501, Portland, Oregon 97205

Name: _____

Street Address: _____

City, State and Zip: _____

e-mail address: _____

Phone #: _____ Fax #: _____

Representation (circle all that apply): • Adoptive parent • Foster parent • Attorney
• CASA • CRB • DHS • OYA • Education • Mental Health • Family • Court
• Tribes • Other: _____

Meal preference: non-vegetarian vegetarian

FOR SPECIAL ACCOMMODATIONS, contact David Udlock at 971-673-2103.

ATTENDEES WILL SELECT WHICH WORKSHOP TO ATTEND ON THE DAY OF THE CONFERENCE ON A FIRST-COME BASIS.

CONFERENCE REGISTRATION FEE: \$60 prior to 11/5/10; \$80 after 11/5/10

Payment method:

Check - register online or by mail when sending your check. If registering online, include a copy of your completed registration when mailing in payment.

VISA/MC - Register online at <http://www.ctfo.org/ctfostore.asp>

SCHOLARSHIPS AVAILABLE:

Applications available through registration, or e-mail heidi.moon@co.multnomah.or.us for more information. Please pre-register for the conference when submitting your application. Scholarship applications close October 22, 2010. If you do not receive a scholarship, you may cancel your registration prior to the conference.

CONTINUING EDUCATION CREDITS (CEUs)

Continuing Education Credits are available for social workers, attorneys and mental health professionals. The fee for the credits is \$25 with pre-registration or \$35 on the day of the conference. Please check in at the registration desk to receive information about how you can acquire credits for conference attendance.

LODGING INFORMATION:

Double Tree Hotel, 1000 NE Multnomah
Portland, OR 97232

Telephone: 800-996-0110

www.portlandlloydcenter.doubletree.com

COST: \$120 per night plus tax

To obtain group rate, mention Shoulder to Shoulder Conference. **Make reservation prior to 10/27/10 for group rate.**

PARKING:

Conference attendees have parking choices for Shoulder to Shoulder:

- Park at the Convention Center all day for \$7 (by using \$2 savings coupon – donated by Oregon Convention Center – included in packet.)
- Park and take the MAX directly to OCC.

Visit our Web site at www.oregon.gov/DHS/children/fostercare/conference or call 503-872-5601.

Registration at <http://www.ctfo.org/ctfostore.asp>

SPONSORS

- ARAMARK, Giacometti Partners, LTD
- Boys & Girls Aid
- CASA for Children (Multnomah and Washington counties)
- Casey Family Programs
- Child Advocates, Inc.
- Children's Institute
- Children's Justice Act Task Force
- Children's Trust Fund of Oregon
- Citizen Review Board
- Oregon Heart Gallery
- Juvenile Court Improvement Program
- Native American Youth Association
- Oregon Department of Human Services – Children, Adults and Families
- Oregon Foster Parent Association
- Oregon Post Adoption Resource Center
- Portland Children's Levy
- Volunteers of America, Oregon



Shoulder to Shoulder Conference
c/o Children's Trust Fund of Oregon
1410 Southwest Morrison Street, Suite 501
Portland, OR 97205