

S A M P L E

MEMBER SERVICE PLAN for activities under

Performance Measure RA #1 (Rationale and Approach): Inform and Educate Youth about Risk Behaviors and Healthy Options

Members will deliver evidence-based curricula in schools and presentations in other community settings about healthy relationships and youth sexual health and wellness. Focus topics may include those such as listed below.

Member's proposed Service Plan activities under this performance measure:

- A life/social skills / resiliency / decision making / communication
- B peer pressure, influences of media, environment, culture, family
- C youth sexual health education / nutrition / exercise / wellness body image
- D risks of sexual involvement / teen pregnancy prevention / STIs
- E relationships / dating / respect / boundaries

- F problem solving / conflict resolution skills
- G alcohol / drug use and effects
- H violence / sexual assault
- I child abuse
- J other: _____

Act. #	# service recipients expected	Describe target audience	Name of curriculum / Topics covered / choose initials above if applicable	Description of activity/ What are Member's role / responsibilities? Who else is involved in delivering activity? # Volunteers? Vol tasks?	When will activity occur? How long will it last?	In what locations / settings will activity take place?
1	120	Youth 12 to 18	Project Alert curric. G A B C	Member will plan, schedule, recruit participants, and facilitate groups of 10 youth 10 adult volunteers will be recruited to assist Member with preparation, activities / presentations & parent involvement	__ 1-time event X Ongoing - duration: 13 weekly sessions X 2 hrs. Several groups during term	X in school / after sch X out of school __ at host site X throughout county _____
2					__ 1-time event __ Ongoing -duration:	__ in school __ out of school __ at host site __ throughout county _____
3					__ 1-time event __ Ongoing -duration:	__ in school __ out of school __ at host site __ throughout county _____
4					__ 1-time event __ Ongoing -duration:	__ in school __ out of school __ at host site __ throughout county _____

