

## LAKE COUNTY

### *Lake County Mental Health*

215 No G St

Lakeview

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Acceptance and Commitment Therapy

ASAM

Behavioral Therapy for Adolescents

Brief Strategic Family Therapy (BSFT)

CBT - Cognitive Behavioral Therapy (Trauma Focused)

CBT - Cognitive Behavioral Therapy for Childhood Anxiety Disorder

CBT - Cognitive Behavioral Therapy for Depression in Adolescents

Co-Occurring Disorders: Integrated Dual Diagnosis Disorders

DBT - Dialectical Behavioral Therapy

DBT - Dialectical Behavioral Therapy for Adults

DBT - Dialectical Behavioral Therapy for Substance Abuse

Life Skills (Botvin)

Medication Management

Motivational Interviewing

Parenting Wisely

Prolonged Exposure Therapy for Posttraumatic Stress

Relapse Prevention

Solution-Focused Brief Therapy

Strengths Model of Case Management

Wraparound