

**Office of Mental Health & Addiction Services
9/28/04**

**EVIDENCE-BASED PRACTICES
ADOPTION AND IMPLEMENTATION WORKGROUP**

SUMMARY OF DISCUSSIONS

Present: K. Anderson, A. Arthur, M. Bornholdt, M. Bryan, D. Edwards, B. Fujita, C. Hartman, C. Johnson, J. Krowlick, M. Lewinsohn, B. Malek, C. Mc Donald, T. Posner, R. Shelton, R. Simpson, C. White

Speakers: Drake Ewbank and Dianne Duerscheidt

Staff: B. Bouska, K. Burns, B. Miller, and K. Wheeler

Handouts:

Agenda (attachment #1)

Minutes of 8/19/04 EBP A&I meeting (attachment #2)

Minutes of 8/17/04 EBP S&V meeting (attachment #3)

Conference Report and Recommendations (attachment #4)

Consumer Caucus Notes (attachment #5)

Draft contract language (attachment #6)

Lessons Learned from SSDP Conference (attachment #7)

1. Introductions completed. Agenda reviewed.
2. Minutes distributed from the last meetings of both the EBP Adoption and Implementation and Selection and Validation meetings. These are attached and posted on the OMHAS website.
3. Dianne Duerscheidt and R.D./Drake Ewbank presented the Summary and Recommendations of the June 3-4, 2004 conference (Evidence-based and Emerging Best Practice Conference).
 - Dianne reviewed the seven areas of recommendations and a list of concerns. See attachment.
 - Drake reviewed the work and notes from the consumer caucus. See attachment.
 - The recommendations include but are not limited to the following:
 - “All "coercive" methods need to be re-examined. “
 - “Create an all-consumer council that would have the authority to approve or veto each EBP suggested for implementation by OMHAS.”

- “Spread resources equally across the state.”
 - “Initial concern about move to EBP, but rhetoric so far by OMHAS has been positive”
 - “EBPs need to be understood by regular doctors as well as mental health providers.”
5. Bob Miller provided a summary of the data from the County/Tribes EBP survey. The summary of the data is being developed. A summary of the data will be posted on the OMHAS website and provided to the workgroups as soon as it is complete.
6. Bob Miller introduced the option of using contracts as one of many “tools” available for supporting the implementation of EBPs. Bob distributed the following contract language options.

DRAFT CONTRACT LANGUAGE FOR EVIDENCE-BASED PRACTICES

- a. Counties will design their competitive selection processes to incorporate evidence-based practices as a selection criterion.
- b. Counties shall demonstrate that at least 25% of funds received from OMHAS for mental health and addiction services during the 2005-2007 biennium have been spent on services that meet the OMHAS definition of evidence-based practices.
- c. Counties will provide an annual report to the OMHAS documenting the OMHAS-funded services that meet the definition of evidence-based practices and describing or listing the research supporting the evidence-based practice designation. The reports shall identify the amount of OMHAS funds that the county expends for particular evidence-based programs, practices, or services.

Discussion followed. Comments and actions included:

- Contracts would only be one tool and maybe not the most effective.
- Draft contract language listed in A was acceptable to most.
- Many counties are already using similar language in their contracts with providers.
- Draft language B was not seen as necessary.
- Draft language C was seen as acceptable and would formalize the survey process.

- Darcy Edwards stated that the DOC had included in contract language with providers that the Corrections Program Assessment Inventory (CPAI) be used to assess programs. (If you want a copy contact Shauna McDaniels)
 - The programs would be held accountable for meeting those standards.
7. A broad discussion followed of the options for supporting implementation of EBPs. Group members seemed to agree that the most important consideration be outcomes. The group encouraged careful consideration in identifying desired outcomes. The group appeared to share the view that contracts should be tied to outcomes.
 8. Agenda item, “Incentives and the Technical Assistance Strategic Plan” promoted the most discussion. The group consensus appeared to support enhanced use of technical assistance. The group was clear that individual training events were not as effective as ongoing system changes including monitoring and quality improvement processes. Chris Johnson summarized by saying “technical assistance, incentives and recognition would most effectively support implementation of EBPs and not contracts.” Group consensus indicated the following as basis for further planning; identify EBPs, support implementation of EBPs, track outcomes and through out the process provide technical assistance in both systems change and specific EBPs.
 9. Karen Wheeler presented some of the ideas shared at the SSDP meeting. See attachment.
 10. Discussion regarding administrative rule change as a tool for increasing EBPs focused on updating rules. A suggestion was made to change OAR 309-014-0000 through 0040 - Community Mental Health Programs. The suggestion was that it clearly define the quality assurance program. The discussion suggested that it might include use of General Organizational Index (GOI). A hard copy of the GOI is available. Contact Shauna McDaniels
 11. Group response to “anything else?”
 - Don’t separate the cultural competency expectations from EBPs
 - Include medication issues i.e. “ethno pharmacology”
 - Consider EBPs for older adults
 - Incentives could include “centers of excellence”, dynamic discussions with stakeholders, community consensus building, NAMI/family input, changing encounter and billing codes, and billing credit and CEUs for staff time in training

➤ Don't forget prevention and early detection

Next meeting: Tuesday, November 2, 2004
1:00 to 4:00pm
Oregon State Lottery Building, Pacific room
500 Airport Rd.
Salem OR 97301
Number to participate via conference call: 503-540-1473

Driving Directions:

From I-5 **South**, take Exit #253 OR-22. Turn left at the light and get in the right-hand lane. Proceed to third light and turn right onto Airport Road. The Lottery Building is the last building on the right before State Street.

From I-5 **North**, take Exit #253 OR-22. Turn right and stay in the right-hand lane. Proceed to third light and turn right onto Airport Road. The Lottery Building is the last building on the right before State Street.