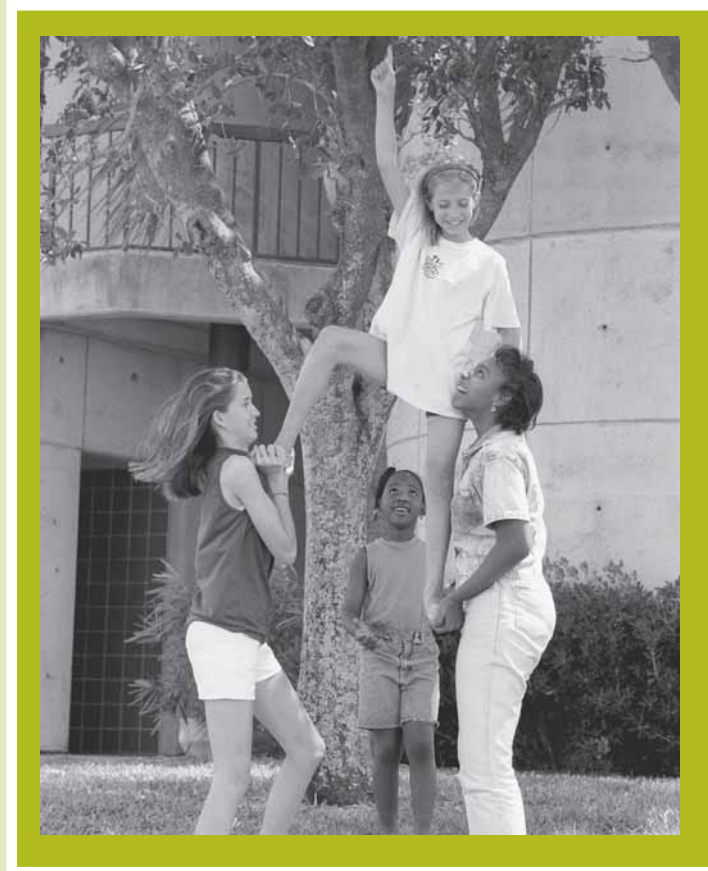


Shoulder to Shoulder

7th Annual Conference



Hope for children and youth

Wednesday, November 9, 2005

Oregon Convention Center

777 NE Martin Luther King, Jr. Boulevard

Portland, OR 97232



Visit our website

www.dhstraining.hr.state.or.us

Contact us: (503) 731-4293 ext. 2229

Conference Background

The Shoulder to Shoulder Conference began in 1998 with 138 attendees. Today, the conference is considered a major training opportunity for all who work and volunteer on behalf of children and youth in Oregon's child welfare system. Over 900 attendees are expected at this year's conference. The goal of the founders was to "develop a truly collaborative, professional training opportunity for foster parents, caseworkers, CASAs and other community partners," with the belief that cross-system training builds a stronger partnership on behalf of children in the children welfare system. Shoulder to Shoulder was formed as an informal entity. To date, there are no formal funding sources. Most speakers continue to donate their time and expertise. Volunteer conference planners representing a variety of agencies, organizations and children's charities began planning 10 months prior to the event. Today's committee is still mindful of the original mission, "to provide expert trainers in a professional environment."



Parking at or around the Convention Center



Conference attendees have parking choices for Shoulder to Shoulder: (1) park at the Convention Center all day for \$6; (2) park at the DoubleTree Hotel - Lloyd Center for \$3 and walk; or (3) park and take the MAX.

Continuing Education Credits (CEUs)



Continuing Education Credits are available for social workers, attorneys and mental health professionals. Please check-in at the registration desk to receive information about how you can acquire credits for conference attendance.

Schedule at a glance

7:45 - 8:30	Registration
8:30 - 9:30	Keynote Address - David Ziegler, Ph.D., Executive Director SCAR/Jasper Mountain and author - "The aftermath of traumatic experience - the bad news and the good news"
9:45 - 10:45	Session A - Workshops 1-6
11:00 - 12:00	Session B - Workshops 7-12
12:00 - 1:15	Lunch - Judges' awards for exceptional foster parents
1:30 - 2:30	Session C - Workshops 13-18
2:45 - 3:45	Session D - Workshops 19-24
4:15 - 5:15	Closing Address- Victor Vieth, J.D., Director of Child Abuse Programs, American Prosecutors Research Institute, Center for Prosecutions of Child Abuse, National Child Protection Training Center, Alexandria, Virginia - "Unto the third generation: a call to end child abuse within 120 years"

Sponsors

- CASA for Children (Multnomah & Washington Counties)
- CASA Clackamas County
- Foster Family Care Network - Albertina Kerr Centers, Morrison Child and Family Services and The Boys & Girls Aid Society
- Greater Metropolitan Foster Parent Association
- Juvenile Rights Project
- Oregon Department of Human Services - Children, Adults and Families
- Oregon Foster Parent Association
- Oregon Youth Authority
- Special Needs Adoption Coalition
- Wraparound Oregon



Shoulder to Shoulder Conference

Hope for children and youth



Program

Wednesday,
November 9, 2005

Plenary Session

Keynote Address

8:30 - 9:30

“The aftermath of traumatic experience - the bad news and the good news”

David Ziegler, Ph.D., author and Executive Director of SCAR/Jasper Mountain

Traumatic experience can set the stage for multiple problems in life. Trauma often puts the child on the road to failure in families, school, and relationships. But there is emerging information on the brain that can be used to improve the child's chances for a successful childhood and adulthood. This is a wonderful opportunity to learn more about this fascinating subject. “Understanding how brain development affects children essentially requires all of us to put in the effort to stay current on this topic.”

Session A Workshops

9:45 - 10:45

1. *Drug endangering environments - meth labs and meth houses*

Speaker: Craig Durbin, Lieutenant, Drug Enforcement Section, Oregon State Police
Craig Durbin from the State Police will discuss the specifics of meth labs - what makes up a meth lab, what the dangers are, what the latest research shows in terms of environmental hazards, how long the contamination stays and how law enforcement responds.

2. *Psychotropic medications: what you need to know (part 1 of 2)*

Speaker: Teri Shultz, RN and Personal Care Program Coordinator, DHS
Participants will learn the five main categories of psychotropic medications, the diagnoses for which they are used, and the intended effects and potential side effects in children. The emphasis is on understanding appropriate medication use and the potential limitations and risks of psychotropic medication when used for symptom management.

3. *They're all the same kids: dependency to delinquency*

Speakers: Julie McFarlane, Juvenile Rights Project,
Karen Andall, Oregon Youth Authority and Kevin George, Department of Human Services - Children, Adults and Families

This panel will discuss the growing body of research about the connection between child maltreatment and juvenile delinquency. Study findings reveal that youth who were abused or neglected as children have a 59% greater risk of arrest as a juvenile. The panel will discuss ways to work collaboratively to develop and institutionalize strategic partnerships across systems to achieve positive outcomes and promote an integrated child welfare and juvenile justice system.



Session A Workshops

9:45 - 10:45

4. *Effective approaches that work with the most challenging children*

Speaker: David Ziegler, Ph.D., author and Executive Director SCAR/Jasper Mountain

This workshop focuses on practical parenting approaches. Solutions begin with understanding the problem, considering the alternative responses, forming a plan and evaluating the results. A step-by-step approach will be shared along with multiple tips for the most difficult children.



5. *How to manage stress and keep it from managing you*

Speaker: Kelly Delany, MA, LMFT, Program Manager, Oregon Post Adoption Resource Center (ORPARC)

Many of us are so busy keeping up with the pace of our lives, work, and caring for others that we neglect to take care of the most precious commodity and tool we have to get things done ourselves. This workshop examines the impact of stress and the toll of compassion fatigue on caretakers. It offers practical tips and techniques for self-renewal and stress management.

6. *Judges panel*

Facilitator: Timothy Travis, JD, Court Improvement Manager, Oregon Judicial Department

Panel members: Honorable Deanne Darling, Circuit Court Judge Clackamas County, Honorable Kirsten Thompson, Circuit Court Judge Washington County and Honorable Nan Waller, Circuit Court Judge Multnomah County

A panel discussion covering a variety of emerging topics involving children, youth and the child welfare system in Oregon.

Session B Workshops

11:00 to 12:00

1. Drug endangered children

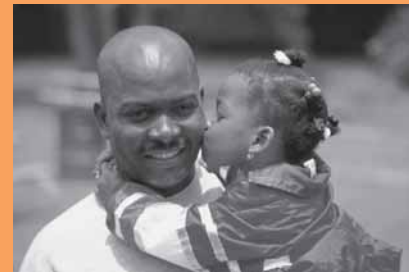
Speaker: Carol Chervenak, MD. Medical Director, ABC House

This session outlines children's exposure to the illegal use and illicit manufacturing of methamphetamines: Drug Endangered Children. Through lecture, case examples, video and discussion, issues are explored with attention to the scope of the problem, specific risks of the meth manufacturing environment for children, identification of these children and the short and long term effects of meth on users and their children.

2. Psychotropic medications: what else you need to know (part 2)

Speakers: Steve McCrea, MS, staff of CASA for Children, Catherine Steltzer, MSW, Department of Human Services (DHS) Foster Care Coordinator

Presenters will discuss best practices in dealing with behavior problems for children in care, with an emphasis on how best to decide about and monitor the use of psychotropic medications. We will review laws and DHS policy for psychotropic medications, discuss the roles of parties in monitoring decisions, and discuss options. Practice case scenarios will be examined.



Session B Workshops

11:00 to 12:00



3. Wraparound Oregon

Facilitator: Alice Galloway, MPA

Speakers: Honorable Nan Waller, Multnomah County Circuit Court Judge, Ally Linfoot, Family Involvement Coordinator for Albertina Kerr Centers, Rob Abrams, Department of Human Services - Children, Adults and Families, Wayne Scott, MA, LCSW, Clinical Manager Multnomah County Department of Community Justice

This workshop focuses on how to launch a community-owned initiative linking private foundations with governmental systems to change the way services are delivered to children and youth with the highest level of mental health need.

4. Relational aggression: addressing social cruelty among children

Speaker: Trudy Ludwig, author, "My Secret Bully"

Emotional bullying is often dismissed as a normal rite of passage, but research shows it's as harmful as physical aggression, with devastating long-term effects. Learn more about relational aggression; the nature of boys' and girls' friendships; bibliotherapy; and recommended tips, tools, and resources to help children cope and thrive in their social world.

5. Making sense of religious and spiritual values in foster care

Speaker: Brian Langford Heron, M.Div., author and Training Coordinator for the Foster Family Care Network

Come and learn how to untangle religious and spiritual issues in foster care. Topics include Oregon state regulations, human spiritual development, and practical tools for addressing the religious and spiritual needs of foster children.

Session B Workshops

11:00 to 12:00

6. Legislative panel

Facilitator: Timothy Travis, J.D.,
Court Improvement Manager, Oregon
Judicial Department

A bipartisan panel from the Oregon legislature discusses a variety of current topics impacting child welfare. These topics could include new legislation about child abuse reporting laws, the rights of foster parents, changes in mandatory reporting, trial procedures, and putative father issues.



Lunch

Judges' Awards

12:00 - 1:15



Judges' Awards for exceptional foster parents

Three judges from the tri-county area recognize the special contributions made by three experienced foster families in Clackamas, Multnomah and Washington Counties. Join us to hear these inspirational stories of community care and family.

Session C Workshops

1:30 - 2:30

1. *Alcohol & marijuana: issues and affects*

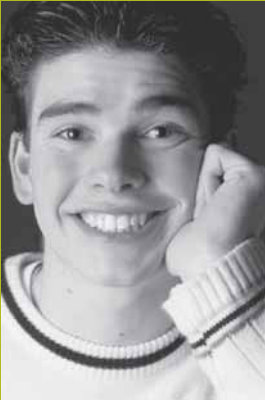
Speaker: Eric Martin, M.A., Executive Director of the Addiction Counselor Certification Board of Oregon

Eric Martin will discuss two specific drugs that are common but lately ignored by the media - alcohol and marijuana. Eric will outline the dangers of both of these drugs.

2. *Foster parents, caseworkers and certifiers: working together for children and families*

Facilitator: Carolyn Graf, M.S.W., Assistant SDA2 Manager,
Department of Human Services

This session will look at the specific roles of foster parents, certifiers and caseworkers and how those roles need to intersect to meet the needs of children. There will be case presentations in which these three parties describe the skills and techniques they used to meet the needs of the children and family. Demonstrates how DHS and foster parents can utilize each other to meet case goals and the keys to a successful relationship.



3. *How are youth who were served in Oregon, Washington and Casey foster care doing as adults? (part 1 of 2)*

Speakers: Peter Pecora, Ph.D., Casey Family Programs and Jim White, Ph.D., Portland State University, Child Welfare Partnership

The Northwest Foster Care Alumni Study examined intermediate and long-term effects of family foster care on adult outcomes. The study focused on 459 young adults who were maltreated as children and were subsequently served by foster care agencies in Oregon and Washington from 1988 to 1998. This presentation focuses on mental health, educational and employment outcomes.

Session C Workshops

1:30 - 2:30

4. *The difference between success or failure with challenging children - parents are the key.*

Speaker: David Zeigler, Ph.D., author and Executive Director SCAR/Jasper Mountain

This workshop covers the many ways that parents approach the difficult job of succeeding with their children and not getting burned out. Traps to avoid, tips to use and how to practice "No-lose Parenting" will be discussed.

5. *The adoption process from A to Z*

Speaker: Kathy Ledesma, Adoption Manager, Department of Human Services

Learn the policies and procedures of the Department of Human Services - Children, Adults and Families, adoption system. Hear a "nuts and bolts" overview and how to help move the process along.

6. *News media panel*

Facilitator: Patricia Feeny, Media Communications Officer, Department of Human Services

Speakers: Michelle Roberts, investigative reporter, The Oregonian; Debbie Curran, assistant news director KPTV-TV, Channel 12, and Janine Robben, author and former newspaper reporter

The media has great power to shape the public's view about children's social services. Public understanding is vital. Even when there are negative outcomes, there are opportunities through the media to educate, set the record straight and restore public confidence. A panel of Oregon journalists will talk about finding good news in child welfare, getting your story told and building professional relationships with reporters and editors.



Session D Workshops

2:45 - 3:45

1. Meth addicts recovery panel

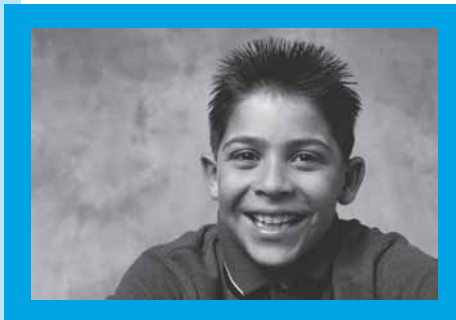
Facilitator: Jay Wurscher, Alcohol and Drug Services Coordinator,
Department of Human Services

Jay Wurscher will facilitate a discussion of recovering addicts who have experience in the child welfare system. These panel members will share their experiences and strategies that were the most and least helpful to their recovery. They will field questions to help participants better understand the addiction and recovery processes.

2. Teen Panel

Facilitator: Nancy Keeling, Administrator, Office of
Safety and Permanency for Children, Department of
Human Services

Hear a panel of teens from DHS and OYA answer questions related to: their experience in the Oregon child welfare and juvenile correction foster care systems; how the systems worked to help them; and what suggestions they have to help create better tomorrows for other children and youth in care.



3. What program refinements can improve the success of youth placed in foster care? (part 2)

Speakers: Peter Pecora, Ph.D., Casey Family Programs and Jim White, Ph.D.,
Portland State University, Child Welfare Partnership

The Northwest Foster Care Alumni Study examined the effects of family foster care on adult outcomes. This presentation focuses on the specific program refinements identified as important for improving the success of youth placed in foster care. This workshop provides practical information to caseworkers, foster parents, advocates and program administrators about improving social service, mental health, educational and employment outcomes.

Session D Workshops

2:45 - 3:45

4. *Strategies to manage extreme behaviors of foster children and teens - panel discussion*

Have you witnessed behaviors from children and teens in your home which amaze you? Do these behaviors frustrate you and keep your home in crisis mode? Come hear veteran foster parents and professionals who will share successful behavior management techniques and supports.



5. *Transracial parenting*

Speaker: Astrid Dabbeni, Family Support Specialist, Oregon Post Adoption Resource Center (ORPARC)

This workshop is for anyone who is placing or raising a child of a different race than their own. This is an overview of the unique issues of transracial parenting. A national video production entitled, "Struggle for Identity: Issues of Transracial Adoption," will be screened, followed by a group discussion. This session will provide tools, resources, and support strategies to encourage the healthy development of transracial parenting.

6. *Recognizing child molesters: a new approach to protecting children*

Speakers: Mary Nunnenkamp, Washington County Commission on Children and Families and Randy Nunnenkamp, Washington County Sheriff's Office
This workshop defines child sexual abuse and discusses risk factors, prevention, and supervision strategies. The workshop reviews the strong link between Internet pornography and child sexual abuse, and the steps needed to assist victims and their families. Scenarios will illustrate the grooming techniques used by pedophiles.

Closing Address

4:15 - 5:15

Unto the Third Generation: A Call to End Child Abuse Within 120 Years

Speaker: Victor Vieth, J.D., Director of Child Abuse Programs, American Prosecutors Research Institute, Center for Prosecutions of Child Abuse, National Child Protection Training Center, Alexandria, Virginia.

In this moving, hopeful address, participants will learn the five obstacles that prevent us from ending child abuse and will learn of sweeping changes now taking place in our child protection system that will enable us to significantly reduce and perhaps eliminate child abuse over the course of the next three generations. The keynote is based on a scholarly work that is forthcoming from the Journal of Aggression, Maltreatment and Trauma.



Shoulder to Shoulder Registration Form

On line registration: <http://dhstraining.hr.state.or.us>

Mail in registration: (confirmed by email) send check, made out to Shoulder to Shoulder, to SDA2, 2446 SE Ladd Ave., Portland, OR 97214

Name: _____

Representation (circle all that apply):

Adoptive parent - foster parent - attorney - CASA - CRB - DHS - OYA

Other: _____

Address (Street, City, State and Zip): _____

Email Address: _____

Phone #: _____ Fax #: _____

Meal preference: non-vegetarian vegetarian

❖ For special accommodations, contact David Udlock at (503) 731-4293 ext. 2249

Indicate the workshop number you wish to attend for each session (first choice):

Session A	Session B	Session C	Session D
Workshop # _____	Workshop # _____	Workshop # _____	Workshop # _____

Indicate the workshop number you wish to attend for each session (second choice):

Session A	Session B	Session C	Session D
Workshop # _____	Workshop # _____	Workshop # _____	Workshop # _____

Workshop confirmation dependent upon receipt of payment

Conference registration fee:

\$50 - early registration prior to 10-28-05; \$75 registration after 10/28/05

Payment method:

- Check - please include registration form and remit to: Shoulder to Shoulder Conference (where)
 VISA or Master Card - either call (503) 723-0521, Clackamas County CASA, or complete below:

Card #: _____ Expiration: _____ Name on card: _____

Scholarship _____ (approving agency) _____

Lodging information:

Double Tree Hotel - Lloyd Center
1000 NE Multnomah, Portland 97232
(800) 222-8733

Cost: \$93 per night plus tax

To obtain group rate, mention Shoulder to Shoulder Conference; make reservation prior to 10/09/05 for group rate!

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Give a book to a foster child

For every new book you bring to the conference, a child's learning experience is enhanced. Books are distributed to foster children and youth throughout Oregon following the conference. Community partners are providing special door prizes for this year's book drive. Oregon's children and youth thank you!

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