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Public health advisory issued for Sru Lake

A health advisory prompted by high algae levels found in Sru Lake, located 21 miles southeast of Powers on Forest Service Road 3348-080 in Coos County, was issued today by the Oregon Department of Human Services (DHS).

Water monitoring has confirmed the presence of blue-green algae that can produce toxins harmful to humans and animals, said Laura Boswell, Harmful Algae Bloom Surveillance program coordinator in DHS.

These algae levels are likely to be associated with dangerous toxin concentrations in the water, according to World Health Organization guidelines.

Swallowing or inhaling water droplets should be avoided, as well as skin contact with water by humans or animals. Drinking water from Sru Lake is especially dangerous. Boswell advised campers and other visitors that toxins cannot be removed by boiling, filtering or treating the water.

DHS advises using another water source not affected by the bloom.

DHS recommends that people who choose to eat fish from waters where algae blooms are present should remove all fat, skin and organs before cooking since toxins are more likely to collect in these tissues.

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Exposure to toxins can produce symptoms of numbness, tingling and dizziness that can lead to difficulty breathing or heart problems and require immediate medical attention. Symptoms of skin irritation, weakness, diarrhea, nausea, cramps and fainting should also receive medical attention if they persist or worsen. Children and pets are particularly susceptible.

The public will be advised when the concern no longer exists.

With proper precautions to avoid water contact, people are encouraged to visit Sru Lake and enjoy activities such as camping, hiking, biking, picnicking, catch-and-release fishing and bird watching.

For local information contact the Powers Ranger District, Rogue River-Siskiyou National Forest at <http://www.fs.fed.us/r6/rogue-siskiyou> or 541-439-6200.

For health information, contact Laura Boswell, Harmful Algae Bloom Surveillance program coordinator, 971-673-0438 or www.oregon.gov/DHS/ph/hab; also the DHS toll-free information line at 1-877-290-6767.

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