



Date: ____/____/____

Dear Child Care Professional:

I have carefully evaluated _____
and have diagnosed him/her as having:

- Cold or flu
- Middle ear fluid (without otitis media)
- Cough
- Viral sore throat
- Other: _____

This illness is caused by a virus, which antibiotics will not help. Antibiotics are only effective in treating bacterial infections). In fact, if antibiotics are given when they are not needed, they may be harmful by increasing the child's risk of a resistant infection.

This child may return to day care when he/she does not have a fever. At that point most children can participate in activities. Excluding children with viral illness is unlikely to decrease the spread of infection to other children because viruses are likely to be spread even before symptoms of illness occur.

Sincerely yours,



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