



# Oregon Living Well with Chronic Conditions

April 2009 Newsletter

## Coming Soon: Program Costs Survey!

The Oregon Living Well Program and Living Well Network Reimbursement Workgroup will be collecting information on the actual cost of Living Well programs throughout Oregon in order to develop a recommended statewide fee structure. Knowing how much programs actually cost is critical for getting Living Well reimbursed by health insurance companies and employers.

We will be sending out a survey (with detailed instructions) to program coordinators, and anyone involved in offering Living Well programs, during the month of April. This survey will ask you to collect and input your costs and participant information into the Living Well Cost Calculator (available on our website). The Cost Calculator will help you determine your actual program and participant costs!

The Cost Calculator and user manual are available online at [www.healthoregon.org/livingwell](http://www.healthoregon.org/livingwell). Any questions about the Cost Calculator or survey can be directed to Sarah Bartelmann at [sarah.e.bartelmann@state.or.us](mailto:sarah.e.bartelmann@state.or.us) or (971) 673-1080.

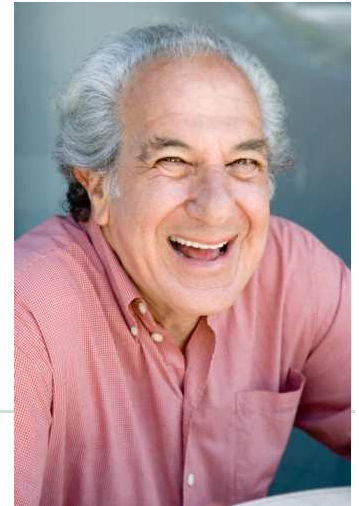
## Quality assurance and fidelity tools now available

Nancy Whitelaw, keynote at this year's Living Well Forum in Bend, stressed that having a systematic way to ensure program quality will be critical to the future and reimbursement of Living Well programs. The Living Well Network Quality Assurance and Fidelity Workgroup has completed and piloted a new tool to monitor the fidelity of Living Well programs, and is strongly recommending that licensed organizations in Oregon use this or a similar fidelity checklist system to ensure program quality. The workgroup will be discussing ways to encourage and support use of quality/fidelity monitoring tools, and welcomes feedback as organizations use the newly developed system.

Visit <http://oregon.gov/DHS/ph/livingwell/resources.shtml> to find the recommended fidelity checklist and guidelines for use by Living Well and PSMP programs. Please note that these tools will soon be available for the Tomando Control program, and the workgroup is currently developing a similar fidelity checklist to be used for Leader training.

## Self-management quality improvement tool

The Diabetes Initiative of the Robert Wood Johnson Foundation has developed an online, interactive version of the "Assessment of Primary Care Resources and Supports for Chronic Disease Self Management (PCRS)." The PCRS is a quality improvement tool for providers in primary health care settings who are interested in improving chronic disease self-management support and integrating it into chronic care. To access the tool, visit <http://improveselfmanagement.org>.



## Living Well Calendar of Events

Thursday, April 23

10:00-11:00 am

Quality Assurance &

Fidelity Workgroup call

Tuesday, May 26

10:00-11:00 am

Marketing & Recruitment

Workgroup call



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