

Living Well Network Notes for October 7, 2009 Meeting

Participants

Carole Kment, Samaritan Health Services
Ann Way, Lincoln County Health and Human Services
Beverly Cridland, PeaceHealth Gerontology Unit
Brenda Johnson, Deschutes County Health Department
Patty Parsons, Benton County Health Department
Diane Pietrzak, DHS – Children, Adults and Families, Douglas County
Karen Davis, St. Charles Medical Center
Mary Kemp, Southern Coos Health District
Stephanie Polizzi, OSU Extension Services – Coos County
Bernadette Maziarski, OSU Extension Services – Jackson County
Julie Goodwine, Veterans' Administration – White City
Judy Wick, Veterans' Administration – Portland
Jean Hockman, Mid-Columbia Council of Governments
Jennifer Mead, DHS – Seniors and People with Disabilities
Sarah Bartelmann, DHS – Public Health Division
April Rautio, DHS – Public Health Division
Laura Saddler, DHS – Public Health Division
Cara Biddlecom, DHS – Public Health Division

Review of Living Well Network goals and activities next steps to achieve goals

At the annual in-person meeting of the Living Well Network in March 2009, three goals were established for the Living Well Network to achieve over the following year:

1. Define Network membership, including expectations, roles, resources, benefits, structure.

The Living Well Network structure and membership overview document has been completed and is posted on www.healthoregon.org/livingwell. The document has been simplified and formatted to be included in every new CDSMP Leader's Manual, along with the Leader Fidelity Checklist. Cara will draft a script for Master Trainers to use when presenting this information on Day 4 of leader training, and will share with the Living Well Network for feedback on the January 12, 2010 conference call. After the talking points are finalized, this goal will be complete.

2. Increase the capacity of coordinators and Master Trainers to support local programs.

Leader training continues to be coordinated regionally to avoid overlap and/or competition for leaders to be trained. The Living Well Guide to Implementation was just completed and disseminated to Living Well coordinators as an additional resource to increase the capacity of coordinators and Master Trainers.

3. Increase the number of statewide partners and coordinate efforts.

The activities listed under this goal referred to creating and implementing a survey of coordinators to determine what partners are engaged with local programs. The group agreed that a survey would be useful and that it should include what partners are involved and exactly what those partners are contributing (money, meeting space, leaders, referrals, in-kind donations, etc). Cara will draft a survey and the Living Well Network will review the draft on the January 12, 2010 conference call.

Workgroup Updates – Marketing and Recruitment

The Marketing and Recruitment Workgroup will be conducting a survey of Living Well coordinators to determine how many coordinators have been using the new statewide Living Well marketing materials and in what way and also determine what additional marketing and recruitment resources coordinators need. The workgroup has also adapted the Spanish language/Tomando Control de su Salud marketing materials that were produced by the National Council on Aging (NCOA) and these materials are available from the Oregon Living Well Program free of charge.

**Next meeting – Tuesday, November 17 at 10:00 am*

Workgroup Updates – Quality Assurance and Fidelity

The Quality Assurance and Fidelity Workgroup has completed the Living Well and Positive Self-Management Fidelity Checklist for lay leaders, as well as the Leader Training Fidelity Checklist for Master Trainers, both of which are available online at <http://oregon.gov/DHS/ph/livingwell/resources.shtml#quality>. The Tomando Control versions of both tools are undergoing a final review before they will be complete. Stanford University is in the process of developing a fidelity manual (Cara is a part of a group that will be tasked to review the manual), which should be complete in early 2010. The workgroup has also been discussing the role of the Living Well Network in assuring fidelity of programs across the state.

**Next meeting – Thursday, December 17 at 9:00 am*

Workgroup Updates – Reimbursement

The Reimbursement Workgroup is rescheduling their September meeting for October. The October meeting will focus on identifying the different types of partners that will need to be communicated with as reimbursement plans are developed, and what key messages are necessary for this audience (i.e., evidence base, cost-savings, outcomes, etc).

**Next meeting – to be scheduled*

Update on 2010 Living Well Forum

The Living Well Forum will take place on May 6, 2010 at the Best Western Agate Beach Inn in Newport. The Living Well Network will meet for the morning and early afternoon on May 7. Kate Lorig will no longer be available to provide the keynote address, but another researcher from Stanford will take her place.

Living Well Forum Planning

The group discussed how to design the Forum to make it best meet everyone's needs, including those of leaders, Master Trainers, coordinators, and partners. In order to receive feedback, the group suggested sending a few questions out to the listserv to ask what participants would like to learn at the Forum and if those individuals would be interested in participating in a short-term working group to help plan the 2010 Living Well Forum. Planning for the Living Well Forum will also be added as an agenda items on Living Well Network Workgroup calls in the early winter.

Next Network Call

Wednesday, January 13, 2010 from 10:00-11:00 am