

Oregon Living Well Network

Mission

The mission of the Living Well Network is to promote the expansion, implementation, coordination, and sustainability of quality Living Well programs statewide, which includes the *Living Well with Chronic Conditions*, *Tomando Control de su Salud*, and *Positive Self-Management* programs.

History

The Oregon Living Well Network was established in March 2008 to help support statewide efforts in the implementation of Stanford's Chronic Disease Self-Management Programs (CDSMP), or Living Well in Oregon. In March 2008, the Living Well Network identified three major priorities for the state - marketing and recruitment, quality assurance and fidelity, and reimbursement. As a result, three workgroups were set up to address each of these three major domains.

The Living Well Network is the primary mechanism by which future plans, activities, tools, and resources for Living Well are developed and implemented.

Membership

Network membership is open to all individuals and organizations that are involved with one or more of the Stanford chronic disease self-management programs in Oregon, including leaders, Master Trainers, Living Well coordinators, Healthy Communities county coordinators, and other individuals with a particular interest in Living Well.

General Living Well Network meetings

The Living Well Network meets by teleconference quarterly and in person at the Living Well Forum annually. Meeting times and agendas are sent out by email to the Living Well listserv and posted online at <http://oregon.gov/DHS/ph/livingwell/partners.shtml>. Living Well Network members are encouraged to participate in a Living Well Network workgroup of their interest and/or expertise (listed below).

General Living Well Network meetings consist of updates from the three workgroups as well as addressing ways that Oregon can move forward as a state to expand and support Living Well programs and support the mission of the Living Well Network.

Workgroups

Since 2008, the Living Well Network has been comprised of three workgroups that meet bimonthly via teleconference.

Marketing and Recruitment—the Marketing and Recruitment Workgroup is focused on developing a statewide brand, logo, and materials to market all

three Living Well programs, as well as developing best practices for recruitment and retention of program participants and leaders.

Quality Assurance and Fidelity—The Quality Assurance and Fidelity Workgroup is focused on developing quality assurance and fidelity tools and recommendations for use statewide. The purpose of developing these tools is to provide a means for assuring that there is consistency in both the programs and in the leader training, and that both are conducted as developed by Stanford.

Reimbursement—The Reimbursement Workgroup is focused on developing tools and recommendations for reimbursement of Living Well programs by health insurers, worksites, and other sources at both the state and local level. The Reimbursement Workgroup also supports local and statewide efforts to develop reimbursement systems.

Benefits to participation

There are many benefits that Living Well Network members may experience as a result of their participation in the network, including being able to:

- Network with other Living Well programs across Oregon
- Participate in the development of statewide tools and resources
- Share ideas and resources
- Experience collective energy and excitement around Living Well
- Identify and work with regional partners
- Access new tools and resources
- Provide input on state direction for Living Well
- Share local challenges, successes, and needs that can be communicated to and addressed with state and national agencies
- Identify and share needs for additional training, support, tools and resources
- Participate in planning and coordinating Leader training statewide to avoid duplication of efforts
- Promote consistency, quality, and fidelity

For more information

If you're interested in learning more about the Living Well Network and how to get involved, contact living.well@state.or.us or 1-888-576-7414.

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