

**Oregon Living Well Network**  
**Quality Assurance & Fidelity Workgroup**

June 18, 2009 from 9-10 am

Bernadette Maziarski, OSU Extension  
Beverly Cridland, Gerontology Institute  
Carole Kment, Samaritan Health  
Julia Lager-Mesulam, OHSU Partnership Project  
Cara Biddlecom, DHS Public Health  
Jennifer Mead, DHS Seniors & People with Disabilities

**Update on national work on QA/Fidelity**

Cara participates in a national workgroup on Quality Assurance & Fidelity for CDSMP, organized by the National Council on Aging. This group has developed a definition of fidelity: “Maintaining the integrity of a program’s curriculum and implementation process in order to ensure outcomes consistent with the original model.” They’ve also developed a framework listing approaches that are being used to address fidelity across states and programs; Cara will provide a copy of this to the workgroup.

Group discussed issue of adaptations – and specifically the question of prayer being used with this program (this has come up for several programs offered in churches). Cara will share article that addresses some of this, and group will discuss further on next call.

**Goal 1 –Living Well Fidelity Checklist**

Review of on-line survey, with 25 responding. 19 of the 25 were familiar with the tool. 15 responded that their organization’s programs are currently being observed at least periodically, with 7 using the new Network tool, and 8 using some other tool or checklist. Of those whose programs aren’t currently being observed, 7 indicated they’d be interested in learning more about the new tool, and 1 indicated they had real concerns/reservations about use of any QA/fidelity tool. There were a variety of comments, several very positive.

DHS has added a question about whether or not a program was observed for fidelity on the Program Summary form, and the revised form is on the website.

Decisions on next steps:

- Get the revised Program Summary form out to program coordinators via email, mail, and/or the monthly newsletter. (*Cara & Jennifer*).

- Group will send comments/quotes to Cara/Jennifer about how they're making use of the fidelity checklist to include in a newsletter article. (*Bev, Bernadette, Carole*)
- Make sure the revised form is sent out with books. (*Jennifer check with April*).
- Julia has gotten a PSMP version developed and will share this with the group. (*Julia*)

The group decided that a webinar on use of the tool would be a time-challenge for people to participate in, and that mailing out copies of the form would be more effective. And they agreed to wait until more organizations adopt the tool to consider developing a recognition system for QA/fidelity.

### **Goal 3 – Leader Fidelity Checklist**

Beverly included updates she received in the final version that was sent out prior to this call. Bernadette and Carole were both able to use the checklist with trainings and felt it to be very useful! The group reviewed the recommended use checklist and made several changes.

Next steps:

- Jennifer send revised version of guidelines out to group for final review. (*all*)
- Post final version of checklist and guidelines on website, and let Network know of its availability through newsletter article and next Network call. (*Jennifer/Cara*)
- Julia will check with PSMP MTs about developing an addendum checklist for the one-day PSMP MT training. (*Julia*)

**Next calls:** August 20, October 15, December 17 from 9-10 am.

Next agenda – include discussion of adaptations – what Stanford allows, and how to consider programs that have gone beyond Stanford's allowable adaptations.