



# Clackamas County

## 2005 WIC Facts

Oregon State Public Health, Special Supplemental Nutrition Program for Women, Infants & Children (WIC)

### Pregnant Women Served by WIC

County .....28%  
Statewide .....40%

### Women, Infants and Children Served

**Total ..... 9,731**  
  
Infants & children under 5 .....6,883  
  
Pregnant, breastfeeding & postpartum women .....2,848

### WIC and the Farm Direct Nutrition Program Benefit Your Local Economy

Dollars to grocery stores ..... \$3.3 million  
  
Dollars to farmers ..... \$26,720

### WIC Families in Your County

**Working families .....68%**  
WIC households with at least one working family member

**Families living in poverty .....65%**  
Families of WIC clients with income at or below the federal poverty level (\$1,341 per month for a family of 3)

### WIC Services in Your County

- Individual assessment of growth and health
- Education and counseling on nutrition and physical activity
- Breastfeeding education and support
- Nutritious foods purchased with WIC vouchers
- Immunization screening and referral
- Referral to other preventive health services

### WIC Nutrition Education Promotes Healthy Choices

#### WIC nutrition education:

- Emphasizes healthy lifestyle habits so families can eat better and stay active now to prevent obesity and other chronic diseases later in life.
- Promotes breastfeeding for the first year of life. Also, our breast pump project helps mothers continue to breastfeed after returning to work or school.



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### WIC Agencies & Sites

**Clackamas County Health  
Department WIC Program**

#### Clinic Sites

**Canby  
Milwaukie  
Oregon City  
Sandy**

### WIC Authorized Grocery Stores

Albertsons  
Bales Marketplace  
Colton Market  
Danielsons Fresh Market  
Fred Meyer  
Haggen Foods  
Rite Aid  
Safeway  
Steve's Select Market

Thriftway  
• Cutsforth  
• Estacada  
• Hoodland  
• Lamb's  
• Molalla  
• West Linn  
Walgreens

### WIC Authorized Farmers' Markets & Farm Stands

Albeke Farms  
Canby Saturday Market  
Estacada Farmers' Market  
Flower Farmer  
Hartnell Farms  
Harvey's Garden 2 U  
Hoffman's Dairy Garden  
Justy's Produce & Flowers  
Kaleng's Produce  
Lake Oswego Farmers' Market

Liepold Farms  
Marinos  
Milwaukie Sunday Farmer's  
Market  
Market Lindell Farms  
Oregon City Farmers' Market  
Schedeen Farms, Inc.  
South Barlow Produce  
Thompson Farms  
West Linn Farmers Market

### Contact Oregon WIC

Phone: (971) 673-0040

TTY: (800) 735-2900

Web: [www.oregon.gov/dhs/ph/wic](http://www.oregon.gov/dhs/ph/wic)

For persons with disabilities, this document is available in alternate formats. Please call (971) 673-0040.

WIC is an equal opportunity program and employer.