oregon wic program

Crook County

2005 WIC Facts

Oregon State Public Health, Special Supplemental Nutrition Program for Women, Infants & Children (WIC)

Pregnant Women Served by WIC

County 52%

Statewide 40%

Women, Infants and Children Served

Total 1,104

Infants & children under 5 795

Pregnant, breastfeeding & postpartum women 309

WIC and the Farm Direct Nutrition Program Benefit Your Local Economy

Dollars to grocery stores $350,083

Dollars to farmers 2,572

WIC Families in Your County

Working families 76%

WIC households with at least one working family member

Families living in poverty 50%

Families of WIC clients with income at or below the federal poverty level ($1,341 per month for a family of 3)

WIC Services in Your County

- Individual assessment of growth and health
- Education and counseling on nutrition and physical activity
- Breastfeeding education and support
- Nutritious foods purchased with WIC vouchers
- Immunization screening and referral
- Referral to other preventive health services

WIC Nutrition Education Promotes Healthy Choices

WIC nutrition education:

- Emphasizes healthy lifestyle habits so families can eat better and stay active now to prevent obesity and other chronic diseases later in life.
- Promotes breastfeeding for the first year of life. Also, our breast pump project helps mothers continue to breastfeed after returning to work or school.

Oregon WIC...

Improving the lifelong health and nutrition of Oregon families

DHS Oregon Department of Human Services

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WIC Agencies & Sites

Crook County Health Department WIC Program

Clinic Sites

Mitchell
Prineville

WIC Authorized Grocery Stores

Ericksons Sentry
Ray's
Rite Aid
Wagners Price Slasher

WIC Authorized Farmers' Markets & Farm Stands

Stan's Produce

Contact Oregon WIC

Phone: (971) 673-0040
TTY: (800) 735-2900
Web: www.oregon.gov/dhs/ph/wic

For persons with disabilities, this document is available in alternate formats. Please call (971) 673-0040.

WIC is an equal opportunity program and employer.