



Douglas County

2005 WIC Facts

Oregon State Public Health, Special Supplemental Nutrition Program for Women, Infants & Children (WIC)

Pregnant Women Served by WIC

County 56%
Statewide 40%

Women, Infants and Children Served

Total 5,512

Infants & children under 5 3,885

Pregnant, breastfeeding & postpartum women 1,627

WIC and the Farm Direct Nutrition Program Benefit Your Local Economy

Dollars to grocery stores \$1.9 million

Dollars to farmers \$17,670

WIC Families in Your County

Working families 67%
WIC households with at least one working family member

Families living in poverty 69%
Families of WIC clients with income at or below the federal poverty level (\$1,341 per month for a family of 3)

WIC Services in Your County

- Individual assessment of growth and health
- Education and counseling on nutrition and physical activity
- Breastfeeding education and support
- Nutritious foods purchased with WIC vouchers
- Immunization screening and referral
- Referral to other preventive health services

WIC Nutrition Education Promotes Healthy Choices

WIC nutrition education:

- Emphasizes healthy lifestyle habits so families can eat better and stay active now to prevent obesity and other chronic diseases later in life.
- Promotes breastfeeding for the first year of life. Also, our breast pump project helps mothers continue to breastfeed after returning to work or school.



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WIC Agencies & Sites

**Douglas County Health
Department WIC Program**

Clinic Sites

**Canyonville
Drain
Myrtle Creek
Reedsport
Roseburg
Sutherlin**

WIC Authorized Grocery Stores

Albertsons	Pharmacy Express
Bob's Market	Price N' Pride
Fred Meyer	Ray's
Glenway Superstore	Rites Aid
Hometown Foods	Safeway
Idleyld Trading post	South County Market
Kindermart LLC	Yoncalla Food Center
LaGrander's Market	

WIC Authorized Farmers' Markets & Farm Stands

Dillard Farm Market
Douglas County Saturday Farmers' Market
James Orchard
Jones Farms
Kruse's Farm Market
Norm Lehne Gardens & Orchards
Peerless Produce, LLC
Sugartree Farms
Sunglo Farm
Sunray Orchards

Contact Oregon WIC

Phone: (971) 673-0040

TTY: (800) 735-2900

Web: www.oregon.gov/dhs/ph/wic

For persons with disabilities, this document is available in alternate formats. Please call (971) 673-0040.

WIC is an equal opportunity program and employer.