



Lake County

2005 WIC Facts

Oregon State Public Health, Special Supplemental Nutrition Program for Women, Infants & Children (WIC)

Pregnant Women Served by WIC

County 51%
Statewide 40%

Women, Infants and Children Served

Total 339

Infants & children under 5 240

Pregnant, breastfeeding & postpartum women 99

WIC and the Farm Direct Nutrition Program Benefit Your Local Economy

Dollars to grocery stores \$113,402

Dollars to farmers N/A

WIC Families in Your County

Working families 67%
WIC households with at least one working family member

Families living in poverty 68%
Families of WIC clients with income at or below the federal poverty level (\$1,341 per month for a family of 3)

WIC Services in Your County

- Individual assessment of growth and health
- Education and counseling on nutrition and physical activity
- Breastfeeding education and support
- Nutritious foods purchased with WIC vouchers
- Immunization screening and referral
- Referral to other preventive health services

WIC Nutrition Education Promotes Healthy Choices

WIC nutrition education:

- Emphasizes healthy lifestyle habits so families can eat better and stay active now to prevent obesity and other chronic diseases later in life.
- Promotes breastfeeding for the first year of life. Also, our breast pump project helps mothers continue to breastfeed after returning to work or school.



Lake County

2005 WIC Facts

WIC Agencies & Sites

**Lake County Health Department
WIC Program**

Clinic Sites

**Christmas Valley
Lakeview**

WIC Authorized Grocery Stores

Christmas Valley Market
Paisley Mercantile
Safeway
Stewart's Marketaria
Valley Foods

WIC Authorized Farmers' Markets & Farm Stands

Currently there are no WIC authorized farmers' markets in Lake County.

Contact Oregon WIC

Phone: (971) 673-0040

TTY: (800) 735-2900

Web: www.oregon.gov/dhs/ph/wic

For persons with disabilities, this document is available in alternate formats. Please call (971) 673-0040.

WIC is an equal opportunity program and employer.