



# Lane County

## 2005 WIC Facts

Oregon State Public Health, Special Supplemental Nutrition Program for Women, Infants & Children (WIC)

### Pregnant Women Served by WIC

County .....42%  
Statewide .....40%

### Women, Infants and Children Served

**Total ..... 13,173**

Infants & children under 5 .....9,228

Pregnant, breastfeeding & postpartum women .....3,945

### WIC and the Farm Direct Nutrition Program Benefit Your Local Economy

Dollars to grocery stores ..... \$4.5 million

Dollars to farmers ..... \$31,248

### WIC Families in Your County

**Working families .....69%**  
WIC households with at least one working family member

**Families living in poverty .....67%**  
Families of WIC clients with income at or below the federal poverty level (\$1,341 per month for a family of 3)

### WIC Services in Your County

- Individual assessment of growth and health
- Education and counseling on nutrition and physical activity
- Breastfeeding education and support
- Nutritious foods purchased with WIC vouchers
- Immunization screening and referral
- Referral to other preventive health services

### WIC Nutrition Education Promotes Healthy Choices

#### WIC nutrition education:

- Emphasizes healthy lifestyle habits so families can eat better and stay active now to prevent obesity and other chronic diseases later in life.
- Promotes breastfeeding for the first year of life. Also, our breast pump project helps mothers continue to breastfeed after returning to work or school.



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### WIC Agencies & Sites

#### Lane County WIC Program

#### Clinic Sites

**Cottage Grove**  
**Eugene**  
**Florence**  
**Oakridge**

### WIC Authorized Grocery Stores

Albertsons	Lakeview Grocery
B& R Market	Main Street Market Palace
Bright Oak Meats	Marcola Community Market
Bungalow Market	Market Of Choice
CG Market	Plaza Latina Supermarket
Community Market	Randy's Riverview Market
The Food Center	Ray's
Fred Meyer	Red Apple Market
Get-N-Go Grocery	Red Barn Natural Grocery
Grocery Outlet	Rite Aid
Harbick's Country Store	Safeway
Horton Market	Wal-Mart Supercenter
JC Select	Walgreens
Kelly's Market	WinCo

### WIC Authorized Farmers' Markets & Farm Stands

Bush's Fern View Farms	Organic Farmers Market
Coburg Hillview Farm	Patton's Country Gardens
Cottage Grove Growers Market	Peerless Produce, LLC
Eden Valley Farm	Ramblin Ewe Farms/Ziniker Orchard
Food For Lane County Youth Farm	River Bend Farm
Hansen's Coast Fork Farms	Ruby & Amber's Organic Oasis
Hentze Farm	Lone Pine Farms
Herrick Farms	Salmonberry Naturals
Johnson Vegetable Farms	Shady Oaks
Josephine's Garden	Sweetwater Farm & Nursery
Lane County Farmers' Market	Thistledown Farm
Maready's Acre	Tom's Orchard
Me & Moore	
Oak Dr Farm	

### Contact Oregon WIC

Phone: (971) 673-0040

TTY: (800) 735-2900

Web: [www.oregon.gov/dhs/ph/wic](http://www.oregon.gov/dhs/ph/wic)

For persons with disabilities, this document is available in alternate formats. Please call (971) 673-0040.

WIC is an equal opportunity program and employer.