



Multnomah County

2005 WIC Facts

Oregon State Public Health, Special Supplemental Nutrition Program for Women, Infants & Children (WIC)

Pregnant Women Served by WIC

County36%
Statewide40%

Women, Infants and Children Served

Total 30,834

Infants & children
under 5 21,483

Pregnant, breastfeeding &
postpartum women9,351

WIC and the Farm Direct Nutrition Program Benefit Your Local Economy

Dollars to grocery
stores\$10.7 million

Dollars to farmers\$77,478

WIC Families in Your County

Working families70%
WIC households with at least one working family member

Families living in poverty69%
Families of WIC clients with income at or below the federal poverty level (\$1,341 per month for a family of 3)

WIC Services in Your County

- Individual assessment of growth and health
- Education and counseling on nutrition and physical activity
- Breastfeeding education and support
- Nutritious foods purchased with WIC vouchers
- Immunization screening and referral
- Referral to other preventive health services

WIC Nutrition Education Promotes Healthy Choices

WIC nutrition education:

- Emphasizes healthy lifestyle habits so families can eat better and stay active now to prevent obesity and other chronic diseases later in life.
- Promotes breastfeeding for the first year of life. Also, our breast pump project helps mothers continue to breastfeed after returning to work or school.



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WIC Agencies & Sites

Multnomah County Health Department WIC Program

Clinic Sites

Appointment Call Center

SW 4th & Stark

Mid-County Clinic

SE 127th & Division Street

Multnomah County East

Gresham

Northeast Health Center

NE Killingsworth &
Martin Luther King Jr. Blvd.

WIC Authorized Grocery Stores

Albertsons

Barbur World Foods

Fred Meyer

Food 4 Less

Knott St. Grocery

Market of Choice

New Seasons

Nu-Rite Way Food Center

QFC

Rite Aid

Safeway

Su Casa Imports

Tenly's Market

Tortilleria Y Tienda Deleon's

Wal-Mart Supercenter

Walgreens

WinCo

WIC Authorized Farmers' Markets & Farm Stands

Alberta Farmers' Market

"The Barn" (Trapold Farm Inc.)

The Cabbage Patch

Cedar Mill Sunset Farmers' Market

Cereghino Farms

Delta Farms dba The Pumpkin
Patch

Eastbank Farmer's Market

Fairview Farmers' & Artist Market

G.M. Farms

Giusto Farms

Gresham Farmers Market

Growers Outlet

Hillsdale Farmers' Market

Hollywood Farmers'

Interstate Farmers Market

Kruger's Farm Market

People's Farmers Market

Phelps Blueberries

Portland Farmers Market

Ron Spada U.P. Farms

Rossi Farms

Schedeen Farms, Inc.

Thompson Farms Market

Windance Farms

Contact Oregon WIC

Phone: (971) 673-0040

TTY: (800) 735-2900

Web: www.oregon.gov/dhs/ph/wic

For persons with disabilities, this document is available in alternate formats. Please call (971) 673-0040.

WIC is an equal opportunity program and employer.