



# Polk County

## 2005 WIC Facts

Oregon State Public Health, Special Supplemental Nutrition Program for Women, Infants & Children (WIC)

### Pregnant Women Served by WIC

County .....43%  
Statewide .....40%

### Women, Infants and Children Served

**Total ..... 2,117**

Infants & children under 5 ..... 1,493

Pregnant, breastfeeding & postpartum women ..... 624

### WIC and the Farm Direct Nutrition Program Benefit Your Local Economy

Dollars to grocery stores ..... \$723,086

Dollars to farmers ..... \$4,690

### WIC Families in Your County

**Working families .....71%**  
WIC households with at least one working family member

**Families living in poverty .....60%**  
Families of WIC clients with income at or below the federal poverty level (\$1,341 per month for a family of 3)

### WIC Services in Your County

- Individual assessment of growth and health
- Education and counseling on nutrition and physical activity
- Breastfeeding education and support
- Nutritious foods purchased with WIC vouchers
- Immunization screening and referral
- Referral to other preventive health services

### WIC Nutrition Education Promotes Healthy Choices

#### WIC nutrition education:

- Emphasizes healthy lifestyle habits so families can eat better and stay active now to prevent obesity and other chronic diseases later in life.
- Promotes breastfeeding for the first year of life. Also, our breast pump project helps mothers continue to breastfeed after returning to work or school.



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### WIC Agencies & Sites

**Polk County Health Department  
WIC Program**

#### Clinic Sites

**Dallas  
Independence**

### WIC Authorized Grocery Stores

A & N Home Town Grocery  
Dallas Select Market  
Grand Ronde Shopping Center  
Great Start Food Stores  
Moothart's Market

Rite Aid  
Roth's  
Safeway  
Walmart

### WIC Authorized Farmers' Markets & Farm Stands

Aspinwall's Produce  
Firstfruits Farm  
Country Pantry & Nursery  
Daum's Produce Farm  
Duck Haven Farm  
Green Villa Farm Fresh Produce  
Greg Hattan Produce  
Hopewell Hollows

Independence Farmers  
Market  
Jim Gardner Farms  
Lindbeck's Fruit Farm  
Palanuk Enterprises LLC  
Polk County Farmers' Market  
Walton Garden

## Contact Oregon WIC

Phone: (971) 673-0040

TTY: (800) 735-2900

Web: [www.oregon.gov/dhs/ph/wic](http://www.oregon.gov/dhs/ph/wic)

For persons with disabilities, this document is available in alternate formats. Please call (971) 673-0040.

WIC is an equal opportunity program and employer.