



2005 WIC Facts

Oregon State Public Health, Special Supplemental Nutrition Program for Women, Infants & Children (WIC)

Pregnant Women Served by WIC

Salud20%
Statewide40%

Women, Infants and Children Served

Total 13,403

Infants & children
under 59,472

Pregnant, breastfeeding &
postpartum women3,931

WIC and the Farm Direct Nutrition Program Benefit Your Local Economy

Dollars to grocery
stores \$893,932

Dollars to farmers \$4,102

WIC Families in Your County

Working families81%
WIC households with at least one working family member

Families living in poverty59%
Families of WIC clients with income at or below the federal
poverty level (\$1,341 per month for a family of 3)

WIC Services in Your County

- Individual assessment of growth and health
- Education and counseling on nutrition and physical activity
- Breastfeeding education and support
- Nutritious foods purchased with WIC vouchers
- Immunization screening and referral
- Referral to other preventive health services

WIC Nutrition Education Promotes Healthy Choices

WIC nutrition education:

- Emphasizes healthy lifestyle habits so families can eat better and stay active now to prevent obesity and other chronic diseases later in life.
- Promotes breastfeeding for the first year of life. Also, our breast pump project helps mothers continue to breastfeed after returning to work or school.



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WIC Agencies & Sites

**Salud Medical Center
WIC Program**

Clinic Sites

**McMinneville
Newberg
Salem
Woodburn**

WIC Authorized Grocery Stores

Albertsons	Roth's
Amity Market	Safeway
Fred Meyer	Sheridan Supervalu IGA
DaBoy's Carlton Market	Su Casa Imports
Gervais Food Market	T & E's General Store
Great Start Food Stores	Walgreens
Naps Thriftway	Walmart Supercenter
Putt's Market	Willamina Thriftway
Rick's Food Market	WinCo
Rite Aid	Woodburn Shop N' Kart
Robert's Shell	

WIC Authorized Farmers' Markets & Farm Stands

Aspinwall's Produce	Holbrook Farms
Atlantic Blues	J & D Apples
Bauman Farms	Laube Farms
Bernards Farm	McMinneville Farmers Market
Blueberry Farm	Mr. B's Fruit & Produce
Cannon Farm	Nanneman Farms
Chehalem Mt. Fruit & Nut/ Ziegler-Olsen Farms, Inc.	Purdum's Produce
E.Z. Orchards Farm Market	Raymond Kuenzi Farm
Farmer John's Produce & Nursery	Richard Jones Farms
Firestone Farms	Rick Johnson Farm
Fort Kuenzi Berry Farm	Salem Public Market
French Prairie Gardens	Salem Saturday Market
Fresh to You Produce & Garden Center, LLC	Salsa Garden
Frey's Dahlias	Schlechter Farms, Inc.
Happy Harvest Farms	Schmerber Farm & Nursery
Harpoles	Silverton Farmers' Market
Haury Farms	Sonnen Farm
Hickenlooper Farms	Steffen Farm Fresh Market
	Stole Family Farm
	Stuart Olson Farms, Inc.

Contact Oregon WIC

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Web: www.oregon.gov/dhs/ph/wic

For persons with disabilities, this document is available in alternate formats. Please call (971) 673-0040.

WIC is an equal opportunity program and employer.