



Benton County

2006 WIC Facts

Oregon State Public Health, Special Supplemental Nutrition Program for Women, Infants & Children

Pregnant Women Served by WIC

County.....30%
 Statewide.....40%

Women, Infants and Children Served

Total: 2,200

Infants and children under 5..... 1,529

Pregnant, breastfeeding and postpartum women..... 671

WIC Moms Who Start Out Breastfeeding

91.8%

WIC and the Farm Direct Nutrition Program Benefit Your Local Economy

Dollars to grocery stores.....\$729,330

Dollars to farmers..... \$5,740

WIC Families in Your County

Number of families served.....860

Working families 66.6%

WIC households with at least one working family member

Families living in poverty 63.6%

Families of WIC clients with income at or below the federal poverty level (\$1,383 per month for a family of 3)

WIC Services in Your County

- Individual assessment of growth
- Education and counseling on nutrition and physical activity
- Breastfeeding education and support
- Nutritious foods purchased with WIC vouchers
- Immunization screening and referral
- Referral to other preventive health services

WIC Nutrition Education Promotes Healthy Choices

WIC nutrition education:

- Emphasizes healthy lifestyle habits so families can eat better and stay active now to prevent obesity and other chronic diseases later in life.
- Promotes breastfeeding for the first year of life. Also, our breast pump project helps mothers continue to breastfeed after returning to work or school.

Oregon WIC...
Improving the lifelong health and nutrition of Oregon families





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WIC Agencies & Sites

Benton County Health
Department WIC Program

Clinic Sites

Corvallis
Monroe

WIC Authorized Grocery Stores

| | |
|-----------------------------|---------------------|
| Albertsons | Philomath Thriftway |
| Dari-Mart | Richey's Market |
| First Alternative CO-OP | Rite Aid |
| Fred Meyer | Safeway |
| John Boy's Alsea Mercantile | WinCo |

WIC Authorized Farmers' Markets & Farm Stands

| | |
|-------------------------------|---------------------------------------|
| Blueberry Meadows | LaMancha Ranch |
| Corvallis Farmers' Markets | My Pharm |
| Davis Family Farm, Inc. | Solutions, Inc. |
| Drahnacre Farms | Sunbow Farm |
| Gathering Together Farm | Twedt's Willamettedale Farms, Inc. |
| Heavenly Harvest/Ag Solutions | |
| Kings Valley Farmers Market | |

Contact Oregon WIC

Phone: (971) 673-0040
TTY: (800) 735-2900
Web: www.oregon.gov/dhs/ph/wic

For persons with disabilities, this document is available in alternate formats. Please call (971) 673-0040.

WIC is an equal opportunity program and employer.