



Confederated Tribes of Warm Springs

2006 WIC Facts

Oregon State Public Health, Special Supplemental Nutrition Program for Women, Infants & Children

Pregnant Women Served by WIC

| | |
|-----------------------|-----|
| CT Warm Springs | 61% |
| Statewide | 40% |

Women, Infants and Children Served

Total: 695

| | |
|--|-----|
| Infants and children under 5 | 496 |
| Pregnant, breastfeeding and postpartum women | 199 |

WIC Moms Who Start Out Breastfeeding

78.4%

WIC and the Farm Direct Nutrition Program Benefit Your Local Economy

| | |
|---------------------------------|-----------|
| Dollars to grocery stores | \$246,000 |
| Dollars to farmers..... | \$260 |

WIC Families in Your Community

| | |
|---|-------|
| Number of families served | 306 |
| Working families | 49.0% |
| WIC households with at least one working family member | |
| Families living in poverty | 72.2% |
| Families of WIC clients with income at or below the federal poverty level (\$1,383 per month for a family of 3) | |

WIC Services in Your Community

- Individual assessment of growth
- Education and counseling on nutrition and physical activity
- Breastfeeding education and support
- Nutritious foods purchased with WIC vouchers
- Immunization screening and referral
- Referral to other preventive health services

WIC Nutrition Education Promotes Healthy Choices

WIC nutrition education:

- Emphasizes healthy lifestyle habits so families can eat better and stay active now to prevent obesity and other chronic diseases later in life.
- Promotes breastfeeding for the first year of life. Also, our breast pump project helps mothers continue to breastfeed after returning to work or school.



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WIC Agencies & Sites

Confederated Tribes of Warm Springs WIC Program

Clinic Sites

Warm Springs

WIC Authorized Grocery Stores

Ray's
Rite Aid
Safeway
The Store
Wagners Price Slasher
Warm Springs Market

WIC Authorized Farmers' Markets & Farm Stands

Madras Saturday Market
Prineville Farmers' Market
Stan's Produce

Contact Oregon WIC

Phone: (971) 673-0040
TTY: (800) 735-2900
Web: www.oregon.gov/dhs/ph/wic

For persons with disabilities, this document is available in alternate formats. Please call (971) 673-0040.

WIC is an equal opportunity program and employer.