



Douglas County

2006 WIC Facts

Oregon State Public Health, Special Supplemental Nutrition Program for Women, Infants & Children

Pregnant Women Served by WIC

County 52%
 Statewide 40%

Women, Infants and Children Served

Total: 5,561

Infants and children under 5 3,926
 Pregnant, breastfeeding and postpartum women 1,635

WIC Moms Who Start Out Breastfeeding

89%

WIC and the Farm Direct Nutrition Program Benefit Your Local Economy

Dollars to grocery stores \$1.9 million
 Dollars to farmers..... \$15,140

WIC Families in Your County

Number of families served 2,131
 Working families 65.1%
 WIC households with at least one working family member
 Families living in poverty 63.3%
 Families of WIC clients with income at or below the federal poverty level (\$1,383 per month for a family of 3)

WIC Services in Your County

- Individual assessment of growth
- Education and counseling on nutrition and physical activity
- Breastfeeding education and support
- Nutritious foods purchased with WIC vouchers
- Immunization screening and referral
- Referral to other preventive health services

WIC Nutrition Education Promotes Healthy Choices

WIC nutrition education:

- Emphasizes healthy lifestyle habits so families can eat better and stay active now to prevent obesity and other chronic diseases later in life.
- Promotes breastfeeding for the first year of life. Also, our breast pump project helps mothers continue to breastfeed after returning to work or school.



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WIC Agencies & Sites

Douglas County Health
Department WIC Program

Clinic Sites

Canyonville
Drain
Glendale
Myrtle Creek
Reedsport
Roseburg
Sutherlin

WIC Authorized Grocery Stores

Albertsons	Price N' Pride
Bob's Market	Ray's
Fred Meyer	Rite Aid
Glenway Superstore	Safeway
Hometown Foods	Sherm's Thunderbird Market
Idleyld Trading Post	South County Market
LaGrander's Market	Southgate Market & Deli
Pharmacy Express	Yoncalla Food Center

WIC Authorized Farmers' Markets & Farm Stands

Dillard Farm Market	Norm Lehne Gardens & Orchards
Douglas County Saturday Farmers' Market	Peerless Produce, LLC
James Orchard	Sugartree Farms
Jones Farms	Sunglo Farm
Kruse's Farm Market	Sunray Orchards
Mary's Garden	

Contact Oregon WIC

Phone: (971) 673-0040
TTY: (800) 735-2900
Web: www.oregon.gov/dhs/ph/wic

For persons with disabilities, this document is available in alternate formats. Please call (971) 673-0040.

WIC is an equal opportunity program and employer.