



Hood River County

2006 WIC Facts

Oregon State Public Health, Special Supplemental Nutrition Program for Women, Infants & Children

Pregnant Women Served by WIC

County.....56%
 Statewide.....40%

Women, Infants and Children Served

Total: 1,500

Infants and children under 5..... 1,040

Pregnant, breastfeeding and postpartum women..... 460

WIC Moms Who Start Out Breastfeeding

97.2%

WIC and the Farm Direct Nutrition Program Benefit Your Local Economy

Dollars to grocery stores.....\$558,680

Dollars to farmers..... \$3,630

WIC Families in Your County

Number of families served.....649

Working families 87.4%

WIC households with at least one working family member

Families living in poverty 63.0%

Families of WIC clients with income at or below the federal poverty level (\$1,383 per month for a family of 3)

WIC Services in Your County

- Individual assessment of growth
- Education and counseling on nutrition and physical activity
- Breastfeeding education and support
- Nutritious foods purchased with WIC vouchers
- Immunization screening and referral
- Referral to other preventive health services

WIC Nutrition Education Promotes Healthy Choices

WIC nutrition education:

- Emphasizes healthy lifestyle habits so families can eat better and stay active now to prevent obesity and other chronic diseases later in life.
- Promotes breastfeeding for the first year of life. Also, our breast pump project helps mothers continue to breastfeed after returning to work or school.



Hood River County

2006 WIC Facts

WIC Agencies & Sites

Hood River County Health
Department WIC Program

Clinic Sites

Cascade Locks
Hood River
Parkdale

WIC Authorized Grocery Stores

Columbia Market
Jim's Market
McIsaacs Store
Mid-Valley Store

Rite Aid
Rosauers Food & Drug Center
Safeway

WIC Authorized Farmers' Markets & Farm Stands

A&J Enterprises
Alice's Orchard and Fruitstand
Cascade Locks Farmers' &
Artists' Market
Hood River Saturday Market

Kinsey Orchard
Kiyokawa Family Orchards
Mt. View Orchards Fruitstand
Packer Orchards
Rasmussen Farms

Contact Oregon WIC

Phone: (971) 673-0040
TTY: (800) 735-2900
Web: www.oregon.gov/dhs/ph/wic

For persons with disabilities, this document is available in alternate formats. Please call (971) 673-0040.

WIC is an equal opportunity program and employer.