



Multnomah County

2006 WIC Facts

Oregon State Public Health, Special Supplemental Nutrition Program for Women, Infants & Children

Pregnant Women Served by WIC

County.....36%
 Statewide.....40%

Women, Infants and Children Served

Total: 30,339

Infants and children under 5..... 21,017

Pregnant, breastfeeding and postpartum women..... 9,322

WIC Moms Who Start Out Breastfeeding

85.5%

WIC and the Farm Direct Nutrition Program Benefit Your Local Economy

Dollars to grocery stores.....\$10.3 million

Dollars to farmers..... \$74,710

WIC Families in Your County

Number of families served..... 12,271

Working families 68.3%

WIC households with at least one working family member

Families living in poverty 62.8%

Families of WIC clients with income at or below the federal poverty level (\$1,383 per month for a family of 3)

WIC Services in Your County

- Individual assessment of growth
- Education and counseling on nutrition and physical activity
- Breastfeeding education and support
- Nutritious foods purchased with WIC vouchers
- Immunization screening and referral
- Referral to other preventive health services

WIC Nutrition Education Promotes Healthy Choices

WIC nutrition education:

- Emphasizes healthy lifestyle habits so families can eat better and stay active now to prevent obesity and other chronic diseases later in life.
- Promotes breastfeeding for the first year of life. Also, our breast pump project helps mothers continue to breastfeed after returning to work or school.

Oregon WIC...

Improving the lifelong health and nutrition of Oregon families





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WIC Agencies & Sites

Multnomah County Health
Department WIC Program

Clinic Sites

Mid-County Clinic
Multnomah County East
Northeast Health Center

WIC Authorized Grocery Stores

Albertsons	Rite Aid
Barbur World Foods	Safeway
Cost Cutter Foods	Save-A-Lot
Food 4 Less	Su Casa Imports
Fred Meyer	Tenly's Market
Market of Choice	Tortilleria Y Tienda Deleon's
New Seasons	Walgreens
Nu-Rite Way Food Center	Wal-Mart Supercenter
QFC	WinCo

WIC Authorized Farmers' Markets & Farm Stands

Alberta Farmers' Market	Interstate Farmers Market
"The Barn" (Trapold Farm Inc.)	Kruger's Farm Market
The Cabbage Patch	Morrow Brothers Produce Market
Cedar Mill Sunset Farmers' Market	People's Farmers Market
Cereghino Farms	Phelps Blueberries
Delta Farms dba The Pumpkin Patch	Portland Farmers Markets
Fairview Farmers' & Artist Market	Ron Spada U.P. Farms
G.M. Farms	Rossi Farms
Giusto Farms	Schedeen Farms, Inc.
Gresham Farmers Market	Sturm's Berry Farm Inc.
Growers Outlet	Thompson Farms
Hillsdale Farmers' Market	Troutdale Farmers and Artists Market
Hollywood Farmers' Market	Windance Farms

Contact Oregon WIC

Phone: (971) 673-0040
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For persons with disabilities, this document
is available in alternate formats. Please call
(971) 673-0040.

WIC is an equal opportunity program and employer.