



# Polk County

## 2006 WIC Facts

**Oregon State Public Health, Special Supplemental Nutrition Program for Women, Infants & Children**

### Pregnant Women Served by WIC

County.....42%  
 Statewide.....40%

### Women, Infants and Children Served

Total: 2,209

Infants and children under 5..... 1,551

Pregnant, breastfeeding and postpartum women..... 658

### WIC Moms Who Start Out Breastfeeding

88.6%

### WIC and the Farm Direct Nutrition Program Benefit Your Local Economy

Dollars to grocery stores.....\$751,430

Dollars to farmers..... \$3,630

### WIC Families in Your County

Number of families served.....832

Working families ..... 67.8%

WIC households with at least one working family member

Families living in poverty ..... 58.7%

Families of WIC clients with income at or below the federal poverty level (\$1,383 per month for a family of 3)

### WIC Services in Your County

- Individual assessment of growth
- Education and counseling on nutrition and physical activity
- Breastfeeding education and support
- Nutritious foods purchased with WIC vouchers
- Immunization screening and referral
- Referral to other preventive health services

### WIC Nutrition Education Promotes Healthy Choices

WIC nutrition education:

- Emphasizes healthy lifestyle habits so families can eat better and stay active now to prevent obesity and other chronic diseases later in life.
- Promotes breastfeeding for the first year of life. Also, our breast pump project helps mothers continue to breastfeed after returning to work or school.



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### WIC Agencies & Sites

Polk County Health  
Department WIC Program

#### Clinic Sites

Dallas  
Independence

### WIC Authorized Grocery Stores

A & N Home Town Grocery	Moothart's Market
Dallas Select Market	Rite Aid
Grand Ronde Shopping Center	Roth's
	Safeway
	Waremart

### WIC Authorized Farmers' Markets & Farm Stands

Aspinwall's Produce	Greg Hattan Produce
Cherry Country	Hopewell Hollows
Country Orchards	Independence Farmers Market
Country Pantry & Nursery	Jim Gardner Farms
Daum's Produce Farm	Lindbeck's Fruit Farm
Duck Haven Farm	Palanuk Enterprises LLC
Firstfruits Farm	Polk County Farmers' Market
Green Villa Farm Fresh Produce	Walton Garden
	Willamette Valley Produce

### Contact Oregon WIC

Phone: (971) 673-0040  
TTY: (800) 735-2900  
Web: [www.oregon.gov/dhs/ph/wic](http://www.oregon.gov/dhs/ph/wic)

For persons with disabilities, this document is available in alternate formats. Please call (971) 673-0040.

WIC is an equal opportunity program and employer.