



Union County

2006 WIC Facts

Oregon State Public Health, Special Supplemental Nutrition Program for Women, Infants & Children

Pregnant Women Served by WIC

County.....45%
 Statewide.....40%

Women, Infants and Children Served

Total: 1,416

Infants and children under 5..... 1,000

Pregnant, breastfeeding and postpartum women..... 416

WIC Moms Who Start Out Breastfeeding

89%

WIC and the Farm Direct Nutrition Program Benefit Your Local Economy

Dollars to grocery stores.....\$488,670

Dollars to farmers..... \$3,440

WIC Families in Your County

Number of families served.....514

Working families 70.0%

WIC households with at least one working family member

Families living in poverty 64.2%

Families of WIC clients with income at or below the federal poverty level (\$1,383 per month for a family of 3)

WIC Services in Your County

- Individual assessment of growth
- Education and counseling on nutrition and physical activity
- Breastfeeding education and support
- Nutritious foods purchased with WIC vouchers
- Immunization screening and referral
- Referral to other preventive health services

WIC Nutrition Education Promotes Healthy Choices

WIC nutrition education:

- Emphasizes healthy lifestyle habits so families can eat better and stay active now to prevent obesity and other chronic diseases later in life.
- Promotes breastfeeding for the first year of life. Also, our breast pump project helps mothers continue to breastfeed after returning to work or school.

Oregon WIC...
Improving the lifelong health and nutrition of Oregon families





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WIC Agencies & Sites

Union County Health
Department WIC Program

Clinic Sites

La Grande

WIC Authorized Grocery Stores

Albertsons	Oak Street Shell
Boulder Market	Rite Aid
Elgin Corner Market	Safeway
Elgin Food Town	Union Market
Evan's Corner	Wal-Mart Supercenter
Jay Dee's Market	

WIC Authorized Farmers' Markets & Farm Stands

Boehne Farms	Green Spaces
Cherrie Grove Orchard	La Grande Farmers' Market
Friendly Farm	Wallowa Community Farmers' Market
Grammy's Gardens	

Contact Oregon WIC

Phone: (971) 673-0040
TTY: (800) 735-2900
Web: www.oregon.gov/dhs/ph/wic

For persons with disabilities, this document is available in alternate formats. Please call (971) 673-0040.

WIC is an equal opportunity program and employer.