



Washington County

2006 WIC Facts

Oregon State Public Health, Special Supplemental Nutrition Program for Women, Infants & Children

Pregnant Women Served by WIC

County.....27%
Statewide.....40%

Women, Infants and Children Served

Total: 19,962

Infants and children under 5..... 13,959

Pregnant, breastfeeding and postpartum women..... 6,003

WIC Moms Who Start Out Breastfeeding

91.5%

WIC and the Farm Direct Nutrition Program Benefit Your Local Economy

Dollars to grocery stores..... \$6.8 million

Dollars to farmers..... \$52,870

WIC Families in Your County

Number of families served.....7,962

Working families 80.3%

WIC households with at least one working family member

Families living in poverty 57.2%

Families of WIC clients with income at or below the federal poverty level (\$1,383 per month for a family of 3)

WIC Services in Your County

- Individual assessment of growth
- Education and counseling on nutrition and physical activity
- Breastfeeding education and support
- Nutritious foods purchased with WIC vouchers
- Immunization screening and referral
- Referral to other preventive health services

WIC Nutrition Education Promotes Healthy Choices

WIC nutrition education:

- Emphasizes healthy lifestyle habits so families can eat better and stay active now to prevent obesity and other chronic diseases later in life.
- Promotes breastfeeding for the first year of life. Also, our breast pump project helps mothers continue to breastfeed after returning to work or school.

Oregon WIC...

Improving the lifelong health and nutrition of Oregon families



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WIC Agencies & Sites

Washington County Health
and Human Services WIC
Program

Clinic Sites

Beaverton
Hillsboro
Tigard

WIC Authorized Grocery Stores

Albertson's	QFC
El Sol Latino	Rite Aid
Fred Meyer	Safeway
Gaston Supermarket	Su Casa Imports
Grande Foods	Thriftway
Haggen Foods	Walgreens
Hank's	WinCo
New Seasons	

WIC Authorized Farmers' Markets & Farm Stands

Baggenstos Farm Store Inc.	Hillsboro Tuesday Marketplace
Beaverton Farmers' Market	Hoffman Farm at Lolich's, Inc.
Beaverton Wednesday Farmers' Market	J & J
Cedar Mill Sunset Farmers' Market	Koch Family Farm
Crawford's Nursery & Produce	Lee Farms
Dedonis Farms	Lilly's Blooming Acres
Duyck Family Farms	Mason Hill Orchard
Duyck's Peachy-Pig Farm	Mike & Debbie's Produce
Early Mom	Oliphant Orchard
Forest Grove Farmers' Market	Oregon Heritage Farms
Gramma's Place	Peterson Farms - Apple Country
Hasuike Berries	Pruitt's Farm Stand
Hein's Blueberries	Sherwood Feed & Produce
Hillsboro Farmers' Market	Sherwood Orchards
Hillsboro Farmers' Market at Orengo Station	Sherwood Saturday Market
	Smith Berry Barn
	Tigard Area Farmers' Market
	West Union Gardens

Contact Oregon WIC

Phone: (971) 673-0040
TTY: (800) 735-2900
Web: www.oregon.gov/dhs/ph/wic

For persons with disabilities, this document
is available in alternate formats. Please call
(971) 673-0040.

WIC is an equal opportunity program and employer.