



Washington County

2007 WIC Facts

DHS Public Health Division, Special Supplemental Nutrition Program for Women, Infants & Children

Pregnant women served by WIC

County 28%
Statewide 40%

Women, infants and children served

Total: 19,831

Infants and children under 5 13,774

Pregnant, breastfeeding and postpartum women 6,057

WIC moms who start out breastfeeding

92.8%

WIC and the Farm Direct Nutrition Program benefit your local economy

Dollars to grocery stores \$8.2 million

Dollars to farmers..... \$55,400

WIC families in your county

Number of families served 8,159

Working families 80.3%

WIC households with at least one working family member

Families living in poverty..... 55.1%

Families of WIC clients with income at or below the federal poverty level (\$1,431 per month for a family of 3)

WIC services in your county

- Individual assessment of growth
- Education and counseling on nutrition and physical activity
- Breastfeeding education and support
- Nutritious foods purchased with WIC vouchers
- Immunization screening and referral
- Referral to other preventive health services

National initiative to strengthen WIC services

The Oregon WIC program is launching a new, participant-centered counseling approach called *Oregon WIC Listens* that puts WIC families in the driver's seat as they initiate behavior change.

Oregon WIC Listens emphasizes:

- Empowering WIC participants to build on their existing skills and knowledge as they develop healthy habits.
- Understanding each family's unique strengths and concerns.
- Providing individualized education based on needs identified by the participant.



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WIC agencies & sites

Washington County Health and
Human Services WIC Program

Clinic sites

Beaverton

Hillsboro

Tigard

WIC authorized grocery stores

Albertsons
Bales Marketplace Thriftway
El Sol Latino
Fred Meyer
Gaston Supermarket
Grande Foods
Haggen Foods
Hank's
Jim's Thriftway
Lamb's Garden Home Thriftway

Lamb's Thriftway on Scholls
Mini Super Heramanos Chavez
New Seasons – Cedar Hills
QFC
Rite Aid
Safeway
Su Casa Imports
Walgreens
WinCo

WIC authorized farmers' markets & farm stands

Baggenstos Farm Store Inc.
Beaverton Farmers Market
Beaverton Wednesday Farmers
Market
Cedar Mill Sunset Farmers'
Market
Crawford's Nursery & Produce
Dudonis Farms
Duyck Family Farms
Duyck's Peachy-Pig Farm
Forest Grove & Adelante
Mujeres Farmers Market
Gramma's Place
Hillsboro Farmers Market
Hillsboro Farmers Market at
Orenco Station

Hillsboro Tuesday
Marketplace
Hoffman Farms at
Lolich's, Inc.
Koch Family Farm
Mason Hill Orchard
Mike & Debbie's Produce
Oregon Heritage Farms
Pruitt's Farm Stand
Sarvela Orchards
Sherwood Orchards
Sherwood Saturday Market
Smith Berry Barn
Tigard Area Farmers' Market
West Union Gardens

Contact Oregon WIC

Telephone: 971-673-0040

TTY: 1-800-735-2900

Web: www.oregon.gov/dhs/ph/wic

For persons with disabilities, this document
is available in alternate formats. Please call
971-673-0040.

WIC is an equal opportunity program and employer.