

Providing anticipatory guidance to participants with special food packages

Critical thinking and case studies

Consider the following questions when determining the appropriate information a participant with a special food package might need.

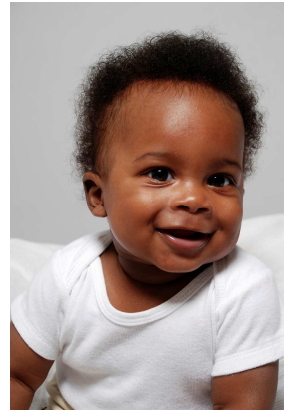


- How long is their current prescription good for?
- Is there any reason to think that the food package the participant is getting will change between now and the next visit?
- Will they benefit from getting the supplemental foods that will be available after 8/1/2009?
- Would it be helpful to give just 1 or 2 months of vouchers this time rather than 3 and schedule them for an earlier appointment?
- What kind of information will this participant need the next time we see them?
- What kind of appointment makes sense for them? Individual? RD? Class?
- Will they be seeing their health care provider between now and their next WIC visit?
- What would be the best way to get the health care provider the medical documentation form? Should we Fax it? Should the mom take it?
- What information can I provide the health care provider about this participant's special situation or about the use of the medical documentation form that will help smooth the process? Partially fill out the form? Add a cover letter or note of explanation?

Case Studies

Use these case studies to practice what you would say to a participant who needs a special food package. Answer the following questions for each case study.

- What information would you offer her about the new food packages and/or about the medical documentation form?
- How many months of vouchers would you print?
- What kind of appointment would you schedule her for next?
- What communication with the doctor would be helpful?



Case Study A: Hillary and Bill

Hillary comes to your office in June for her postpartum visit with her 6 week old baby, Bill. Bill has not tolerated Similac, so Hillary has a prescription from her pediatrician asking to try Nutramigen for the next 3 months. Hillary hasn't tried it yet so doesn't know if the Nutramigen will work for Bill or not.

Case Study A: Michelle and Barack

Michelle and her 8 month old son Barack come to your office in July for a change of formula. Barack has been on Good Start but is still having problems tolerating the formula. The doctor has sent a prescription requesting Alimentum. Michelle is very concerned about a decrease in the amount of formula because Barack has not started any solids at this point due to his health.

Case Study A: Laura and George

Laura brings George, her 18 month old son, in for a recertification in May. George is still underweight and his doctor wants him to continue on a full package of Pediasure. George eats other foods just fine and Laura would love to get the regular foods that WIC offers.