

Postpartum Women and Infant Category Definitions

Postpartum Women Categories

Fully Breastfeeding: A breastfeeding mother who is up to one year postpartum, whose infant does not receive infant formula from WIC.
TWIST Code – **WE**

Mostly Breastfeeding: A breastfeeding mother who is up to one year postpartum, whose infant receives infant formula from WIC up to the maximum provided for a mostly breastfeeding infant.
TWIST Code – **WB**

Some Breastfeeding: A breastfeeding mother who is up to one year postpartum, whose infant receives more than the maximum amount of infant formula from WIC provided for a mostly breastfeeding infant, but less than the amount provided for a non-breastfeeding infant.
TWIST Code – **WBN**

Non-Breastfeeding: A mother who is not breastfeeding and is less than 6 months postpartum.
TWIST Code – **WN**

Infant Categories

Fully Breastfeeding: A breastfeeding infant who is up to one year of age and does not receive infant formula from WIC.
TWIST Code – **IE**

Mostly Breastfeeding: A breastfeeding infant who is one month to one year of age and receives infant formula from WIC up to the maximum provided for a mostly breastfeeding infant for the infant's age.
TWIST Code – **IB**

Some Breastfeeding: A breastfeeding infant who is one month to one year of age and receives more than the maximum amount of infant formula from WIC provided for a mostly breastfeeding infant, but less than the amount provided for a non-breastfeeding infant for the infant's age.
TWIST Code – **IBN**

Non-Breastfeeding: An infant who is not breastfeeding and is up to one year of age and receives infant formula from WIC.
TWIST Code – **IN**



Fresh Choices in WIC

Postpartum Woman and Infant Categories and Age Ranges in TWIST

Month No.	Jan 0	Feb 1	Mar 2	Apr 3	May 4	June 5	July 6	August 7	Sept 8	Oct 9	Nov 10	Dec 11	Jan 12	Feb 13
	TWIST calculates month based on calendar month, rounded to the end of the month. Categories are based on calendar month, except birth to one month and changing from an infant to a child.													
	0-1 month, Birth month	After 1st month through 3 months			4 months through 6 months			7 months to 1 year of age						
Example:	Infant born Jan 15	Turns 1 mo. 2/15 -	Turns 2 mo. 3/15	Turns 3 mo. 4/15	Turns 4 mo. 5/15	Turns 5 mo. 6/15	Turns 6 mo. 7/15	Turns 7 mo. 8/15	Turns 8 mo. 9/15	Turns 9 mo. 10/15	Turns 10 mo. 11/15	Turns 11 mo. 12/15	Infant turns 1 year on Jan 15	
WE	Eligible until month baby turns 1 year old - Gets normal food package													
IE	0 through 6 months gets breast milk only							7 months to 1 year of age - breast milk + baby cereal, fruits/veggies, and meat						
WB	Eligible until month baby turns 1 year old - Gets reduced food package													
IB	Breast milk only	1-3 months - breast milk + 1-4 cans powder			4-6 months - breast milk + 1-5 cans powder			7 months to 1 year - breast milk + 1-4 cans of powder + baby cereal and fruits/veggies						
WBN	Eligible to 1 year - Gets package equal to WN thru month baby turns 6 months							Gets no food package, receives all other WIC services						
IBN	Breast milk only	1-3 months - breast milk + 5-8 cans powder			4-6 months - breast milk + 6-9 cans powder			7 months to 1 year - breast milk + 5-6 cans of powder + baby cereal and fruits/veggies						
WN	Eligible until baby completes their 6th month of age - Gets WN food package													
IN	0-3 months - 9 cans powder				4-6 months - 10 cans powder			7 months to 1 year - 7 cans of powder + baby cereal and fruits/veggies						
C													Can receive child package after 1/14	Child

TWIST will not allow IE, IB, or IBN infants to receive formula during birth month.

Policy will instruct to not give formula to IE, IB or IBN infants until after the date they turn 1 month old. Example: IB and IBN infants eligible for supplemental formula after 2/14

Mom and baby category must match:

WE/IE = Fully breastfeeding

WB/IB = Mostly breastfeeding

WBN/IBN = Some breastfeeding

WN/IN = Non-breastfeeding