

# GOVERNOR'S COMMISSION ON SENIOR SERVICES

Wednesday • January 21, 2009 • 3:00 P.M. – 4:50 P.M.

Comfort Suites (Oregon Conf Room) • 630 Hawthorne Street SE Salem, Oregon 97301

## HEALTH AND WELLNESS COMMITTEE

### MEMBERS PRESENT:

Peggie Beck

Patty Brost

Chuck Frazier

Lucy Morgan

Millie Salt

### MEMBERS EXCUSED:

John Helm

Chris Flammang

Joan Staley

Kathleen Schonau

### GUESTS:

David Fischer

### STAFF PRESENT:

Dawn Rustrum, Coordinator

Kelsi Eisele, Administrative Staff

### AGENDA ITEMS:

#### Call to Order

- Introductions
- Review and Approval of Agenda
- Review and Approval of Minutes
- Announcements

#### Public Comment

#### Preferred Drug List for OHP

#### Finalize Workplan

#### Agenda Items for February Meeting

#### Adjourn

## **CALL TO ORDER**

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Peggie Beck called the meeting to order at 3:10 p.m.

### **Introductions**

Commission members, staff, and guests introduced themselves.

### **Review and Approval of Agenda**

Members reviewed and approved the agenda.

**Motion:** Millie Salt moved to approve the agenda. Lucy Morgan seconded the motion.

**Vote:** 5-0-0-4

**Yeas:** Beck, Brost, Frazier, Morgan, Salt,

**Nays:** 0

**Abstentions:** 0

**Excused:** Flammang, Helm, Schonau, Staley

**Motion carried.**

### **Review and Approval of Minutes**

Members reviewed and approved the minutes.

**Motion:** Lucy Morgan moved to approve the minutes. Millie Salt seconded the motion.

**Vote:** 5-0-0-4

**Yeas:** Beck, Brost, Frazier, Morgan, Salt,

**Nays:** 0

**Abstentions:** 0

**Excused:** Flammang, Helm, Schonau, Staley

**Motion carried.**

### **Announcements**

- Patty Brost reported on the Healthy Aging Coordinating Group meeting she attended. Shared that she will submit a written liaison report as well.
- Patty Brost distributed an article titled, "Projects Look at Determining Who Decides Drug Effectiveness."
- Patty Brost distributed an article titled, "USA Report on COBRA."

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- Chuck Frazier reported on the American Recovery and Investment Act.

## **PUBLIC COMMENT**

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None.

## **PREFERRED DRUG LIST FOR OHP**

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David Fischer, Addictions and Mental Health Division of the Department of Human Services, reported on the preferred drug list. He shared that the Governor’s recommended budget calls for the preferred drug list to become a required list with the addition of mental health drugs. David informed the committee that most states in the country have an enforceable preferred drug list.

Chuck Frazier stressed the importance of patients being able to maintain a drug regiment that works best for them and asked whether or not patients with difficult drug regimens would be forced to change drugs if the drugs are not on the preferred drug list. David shared that he understands Chuck’s concern and explained that there would be exceptions.

Millie Salt asked if the preferred drug list is available publicly. David informed the committee that it is available to the public at this time but that it does not include mental health drugs.

**Action Item:** David will email Dawn Rustrum information on the Oregon Prescription Drug Program to share with the committee.

## **FINALIZE WORKPLAN**

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Members discussed the draft workplan.

**Action Item:** Committee will inform Peggie Beck of any updates or changes to the workplan prior to the February meeting. Peggie will send the updated version to Dawn to include in the meeting packet.

<b>Topics/Issues</b>	<b>Goals</b>	<b>Strategies</b>
Health Care Reform	<ul style="list-style-type: none"> <li>▪ Promote access to affordable health care for seniors.</li> </ul>	<ul style="list-style-type: none"> <li>▪ Meet with Insurance Board (DCBS) to talk about mandated health insurance.</li> <li>▪ Provide input regarding issue—advocate for senior issues.</li> <li>▪ Follow statewide and federal activities and</li> </ul>

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		efforts around health care reform.
Holistic Wellness	<ul style="list-style-type: none"> <li>▪ Support expansion of evidence based wellness.</li> </ul>	<ul style="list-style-type: none"> <li>▪ Learn about wellness programs---support expansion of programs.</li> <li>▪ Research our resources in our communities for healthy aging programs.</li> <li>▪ Invite speakers to give presentations on Healthy Aging throughout the whole state.</li> </ul>
Community Based Mental Health	<ul style="list-style-type: none"> <li>▪ Support expansion community based Mental Health system.</li> </ul>	<ul style="list-style-type: none"> <li>▪ Asses Legislation and advocate for our position on community based Mental Health.</li> <li>▪ Promote geriatric psychiatric technicians.</li> <li>▪ Geriatric Technician in every county in Oregon.</li> </ul>

## **AGENDA ITEMS FOR FEBRUARY MEETING**

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Peggie Beck touched on the following agenda items for the February committee meeting:

- 5 minutes to review and finalize workplan
- Patty Brost will contact Yvonne Michaels regarding a possible presentation
- Update on Oregon Health Fund Board legislation
- Report on Holistic Wellness programs in local communities

**MEETING ADJOURNED:** 4:57 p.m.