



Deschutes County Seniors Mental Health Program

and the

Oregon Health Authority-
Addictions and Mental Health Division
DHS-Seniors and People with Disabilities

PRESENT

Differential Diagnosis in Geriatric Mental Health

October 13 & 14, 2011

The Riverhouse Convention Center
Bend, Oregon

FEATURED SPEAKERS

Clifford Singer MD

Chief, Division of Mental Health and Neuropsychiatry
Acadia Hospital and Eastern Maine Medical Center, Bangor, Maine
and
Adjunct Professor, University of Maine, Orono, Maine

Ron Heintz MD

Consulting Psychiatrist, Adult Mental Health Services Unit,
Addictions and Mental Health Division, Oregon State Hospital

Mike Bonetto PhD MPH MS

Healthcare Policy Advisor for Governor Kitzhaber

Who Should Attend?

Mental Health Staff, and
Facility Care Staff, and SPD
Case Managers working in
Enhanced Care Services
are encouraged to attend.

Community Geriatric
Mental Health
Professionals, Clinicians,
Social Workers, Nurses,
and Behavioral Care staff
are also invited to attend.

Questions? Email: ecsoregon@gmail.com or Call 541.771.8769



Differential Diagnosis in Geriatric Mental Health October 13 & 14, 2011 Riverhouse Convention Center, Bend, Oregon

DAY ONE—October 13

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| 10:00a | Registration Opens |
| 10:30a—12:00n | Pre-Conference Workshops (for Mental Health Staff, Facility Care Staff, and SPD Case Managers working in Enhanced Care Services) A. Successful Documentation for Mental Health Rehabilitative Services <i>Jay Yedziniak—Medicaid Policy Unit Manager</i> <i>Veronica Gentle MSW—AMH Medicaid Coordinator</i> AKA—Simplifying and demystifying the quagmire surrounding required clinical documentation to support Per Diem and Fee for Service Medicaid reimbursement for Enhanced Care Services. B. Updates and More <i>Melissa Taber—SPD Enhanced Care Services Coordinator</i> <i>Megan Hornby MSN RN—Behavior and Nursing Supports Manager</i> Following updates on SPD Policy, presenters will lead focus groups around nursing challenges/supports, issues around facility risk/liability and discharge planning. In addition, team roles will be addressed. |
| 11:30a—12:15p | General Registration |
| 12:15p—1:15p | Opening Luncheon Session Welcome—Tim Malone LCSW Luncheon Speaker: Cliff Singer MD <i>The Wisdom of the Aging Brain: Normal Cognition Through Middle and Old Age</i> |
| 1:30p—2:45p | Afternoon General Session—Cliff Singer MD |
| 1:30p—2:15p | Clinical Skills Workshop: <i>The assessment of mood, memory, executive function and mobility in older adults</i> |
| 2:15p—2:45p | Using the Data: <i>The differential diagnosis of mood, memory, executive functioning, and mobility problems in older adults</i> |
| 2:45p—3:00p | Break |



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DAY ONE—October 13 (continued)

3:00p—5:00p **Afternoon General Session—Cliff Singer MD**

3:00p—3:30p *Making the Difficult Diagnosis: Six common neuropsychiatry disorders of old age that go undiagnosed*

3:30p—4:15p *Prescribing for Cognitive and Mood Disorders: A conceptual approach to reducing distress and enhancing function*

4:15p—5:00p *Enhancing the Well-being of People with Cognitive and Mood Disorders of Old Age: Psychosocial treatment of neuropsychiatric conditions in older adults*

5:30p—6:30p **No-host Social Hour**

6:30p—8:30p **Dinner Keynote Session**

Mike Bonetto PhD MPH MS

Healthcare Policy Advisor for Governor Kitzhaber

Health integration and coordination of care for the Medicare-Medicaid population

DAY TWO—October 14

7:30a—9:00a **Networking and Breakfast**

8:00a—9:00a **Roundtable Sessions**

A. Developing Self Directed Activities in Enhanced Care or Restricted Settings
Joyce Stratton MS

This session explores individual interests to establish replacement behavior for dysfunctional behavior patterns. The use of an activities inventory tool and strategies to obtain information from clients with poor communication skills or inability to identify interests on their own will also be discussed. Finally, environmental modifications to promote the use of chosen activities is explored.

B. The 5th Vital Sign—Recognizing Pain in Persons with Dementia
Cynthia McDaniel MSN RN and Tim Malone LCSW

Why are people with dementia at risk for pain and under-treatment of pain? This session reviews types and dimensions of dementia pain as well as common pain behaviors, and provides information on assessing and recognizing pain in persons with dementia.



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DAY TWO—October 14 (continued)

9:15a—10:30a

Morning General Session—Ron Heintz MD

In this session Dr. Heintz will explore the complicated intersection between the various symptoms that emerge in people who have suffered a traumatic brain injury, and discuss how psychiatric syndromes reveal diagnostic and treatment difficulties.

10:30a—10:45a

Break

10:45a—12:15p

Morning General Session—Ron Heintz MD

Pharmacologic approaches for those with traumatic brain injury and psychiatric syndromes are often complex. This session will provide important information on the latest and most effective pharmacologic approaches for this population.

12:15p—1:15p

Networking Lunch

1:30p—3:00p

Afternoon General Session—Ron Heintz MD and Cliff Singer MD *Case Presentations*

In this session the audience is encouraged to pose specific case questions to Dr. Heintz and Dr. Singer related to the care of those with complex needs in the enhanced care environment.

3:00p

Closing



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SPEAKER BIOS

Mike Bonetto PhD MPH MS is the Healthcare Policy Advisor for Governor John Kitzhaber. Mike received a doctorate in health policy and a master's degree in public health from Oregon State University. He also holds a master's degree in science from California State University, Fullerton, and a bachelor's degree from Occidental College.

Ron Heintz MD is the Consultant Psychiatrist for the State of Oregon, providing services for the Oregon Health Authority, Addictions and Mental Health, and Seniors and People with Disabilities (SPD). Dr. Heintz also provides ongoing consultations to Oregon State Hospital facilities where he's been on staff for 25 years. He is also active with the Department of Psychiatry at Oregon Health & Science University, supervising residents during their public psychiatry training and teaching Applied Psychopharmacology.

Tim Malone LCSW is a Gero-psychiatric Specialist with Deschutes County Mental Health where he serves as a geriatric mental health care consultant. He is supervisor of the Deschutes County Seniors Mental Health Program and the ECOS program. Tim's expertise was recognized when he was named 2002 Mental Health Clinician of the Year and in 2008 his Mental Health team was awarded the Mental Health Award for Excellence from the Oregon Department of Human Services. He is former Vice-chairman of the Oregon Governor's Commission on Senior Services and a former member of the Board of Director for the Central Oregon Council on Aging. He has a Master's degree in Social work and is a licensed Clinical Social Worker.

Cynthia McDaniel MSN RN is an assistant professor at Oregon Health & Science University where she teaches Population Based Nursing; a corporate nurse consultant for Regency Pacific; and has a gerontologic care management practice. She received her BSN from Walla Walla University and her MSN from Gonzaga University in nursing education/community health. She is a Sigma Theta Tau Honor Society for Nursing/Hartford Foundation Geriatric Nursing Leadership Academy Fellow. Her research focus is in assisted living and the role of the nurse.

Joyce Stratton MS has worked in education for 30 years as a Behavior Consultant, Teaching Specialist, and Administrator. She has extensive experience providing Positive Behavior Support (PBS) technology with Autism Spectrum Disorder, FACD, or Drug Affected children, and other individuals with special needs. Joyce joined the staff at Oregon Technical Assistance Corporation (OTAC) in 2009 as a Project and Behavior Specialist. While at OTAC, Joyce has provided Behavior Consultation in individual cases within SPD and established PBS training programs within SPD and Enhanced Care.

Cliff Singer MD is a geriatrician and psychiatrist who was born in New York City and grew up on the south shore of Long Island. He graduated summa cum laude with a bachelor's degree from Fairleigh Dickinson University in Madison, NJ, and received his medical degree from the University of Florida College of Medicine in 1980. He completed his general psychiatry residency at Oregon Health and Science University (OHSU) in 1984, a fellowship in geriatric medicine at the Portland Oregon VAMC in 1986 and an American Geriatric society Postdoctoral Research Fellowship in 1988. He was the clinical director of geriatric psychiatry at OHSU in Portland from 1988 to 2005 before moving to Burlington, Vermont, where he was clinical director of geriatric psychiatry and geriatric training at the University of Vermont College of Medicine until 2009. Dr. Singer moved to Maine during the summer of 2010 when he was recruited to develop a geriatric program at the Acadia Hospital. He is now the Chief of the Division of Geriatric Mental Health and Neuropsychiatry at the Acadia Hospital and Eastern Maine Medical Center and an Adjunct Professor at the University of Maine. He was voted Oregon Gerontology Professional of the Year in 1993 and received an Oregon Department of Mental Health Award of Excellence in 1996. He has been included in the book, "Best Doctors in America" every year since 2003, and has made national television and radio appearances speaking on topics related to aging. He has published 32 papers and 16 book chapters and given more than 300 presentations at regional and national meetings.