



OREGON DEPARTMENT OF CORRECTIONS

Employee Medical Status Report

The Oregon Department of Corrections provides a transitional work program for short-term, medically restricted employees who have experienced injury or illness on or off the job. This transitional work program is designed to provide transitional work as approved by the treating physician and as appropriate for the employee's temporary physical limitations and/or restrictions. Transitional work is normally limited to 30 days with possible extensions after review, but at no time shall transitional work extend beyond 90 days. The employee is expected to adhere to the treating physician's restrictions. The supervisor monitors for compliance with the transitional work program.

NOTE: IF THIS IS AN OFF-THE-JOB INJURY OR ILLNESS, THE EMPLOYEE MUST SIGN THE "EMPLOYEE MEDICAL RELEASE AUTHORIZATION" ON PAGE 2.

1. Employee Information:

Name: _____ Date of Injury/illness: _____

2. Return to Work Status:

PLEASE CHECK APPROPRIATE STATUS (ONE ONLY):

May return to regular job (complete items 5 - 8) Date: _____
 May return to transitional/modified duty (complete items 1 – 8) Date: _____
 May not return to any work (complete items 5 - 8)
 Estimated date of return: _____

3. Temporary Physical Limitations: (No comment indicates no limitation)

C = Continuous, no limit, 66% to 100% of the day
F = Frequently, 34%-65% of the day
O = Occasionally, up to 33% of the day
N = Not OK

Capabilities	C	F	O	N	Lifting	C	F	O	N
Bend					0-10 lbs.				
Squat					11-20 lbs.				
Crawl					21-40 lbs.				
Twist					41-60 lbs.				
Reach above shoulders					Over 60 lbs.				
Walk ramps					Use arms/repeated pushing/pulling				
Use stairs/steps/step-stools					Use arms/repeated grasp/lift/carry				
Use ladders					Use hands/repeated fine manipulations				
Run/Walk on rough/uneven surfaces					Carry: (max. lbs. Ok?)				
Run or jog up to 200 yards									
Push or pull loads up to 175 lbs.									
Pull, drag, or carry loads with an average weight of 162 lbs. for a distance up to 40 yards									
Operate a motor vehicle									

