

State of Oregon
Department of Corrections
Volunteer Program



Home for Good in Oregon (HGO) Volunteer Training

Module 3: Exercises and Post-Tests

Please print this module before reading Module 1 and Module 2.

Oregon Department of Corrections Volunteer Program

HGO Post Test Module 1

Page 2



Your Name:

Your Address:

Circle correct answer where appropriate.

1. What is the name of the Director of the Oregon Department of Corrections?

2. Showing respect for others is something that is valued by the department? Yes No
3. OAM stand for "Open Arms Management"? Yes No
4. If you learn that an offender has committed a new crime, should you report it? Yes No
5. It is OK to criticize an offender as long as you do it in a nice way? Yes No
6. To redirect someone means you suggest a pro-social behavior in place of one that is not? Yes No
7. You need to be a positive role model for offenders? Yes No
8. Negative reinforcement is about as effective as positive reinforcement? Yes No
9. It is very important to find ways to reduce recidivism? Yes No
10. You can have a big influence on offender attitudes and associates? Yes No

HGO Post Test

Oregon Department of Corrections Volunteer Program

HGO Post Test Module 1

Page 3



11. Most department volunteers are with the Life Skills unit? Yes No

12. It cost about \$12,000 per inmate to provide most correctional programs? Yes No

13. The department's volunteer program only deals with volunteers who serve inside prisons? Yes No

14. Volunteers tend to vote in elections? Yes No

15. What does VINE stand for? _____

16. What is the average length of service for department volunteers?

17.. What does the abbreviation HGO stand for? _____

18.. All ODOC inmates are required to sign up for HGO. Is that correct? Yes No

19. Are more services offered to inmates with high risk factor than to inmates with low risk factors? Yes No

20. Does APS stand for Advanced Prison Sanctions? Yes No

Oregon Department of Corrections Volunteer Program

HGO Post Test Module 1

Page 4



21. One of HGO's targets is to build up the community so that it can help offenders successfully reintegrate?

Yes No

22. Only Protestant, African Americans inmates can apply to participate in HGO? Yes No

Mail completed test and exercises to:

HGO
Oregon Department of Corrections
2575 Center Street
Salem, OR 97301

Encourage Offenders to Make Better Choices



Exercise

Page 5

Please give an example of how you, as a volunteer, might need to hold an offender accountable.

Get to the Heart of Thinking Errors



Encourage Offenders to Make Better Choices



Exercise

Page 6

Describe your characteristics that you think an offender might do well to emulate. What makes you a good role model?

Get to the Heart of Thinking Errors



Encourage Offenders to Make Better Choices



Exercise

Page 7

An offender that you are mentoring joins a Toastmasters Club to help improve his communication skills. How would you respond?

Get to the Heart of Thinking Errors



Encourage Offenders to Make Better Choices



Exercise

Page 8

An offender says to you, "I have only two options, quit my job or start drinking again!" How might you respond? What positive actions might you suggest?

If the offender accepts and acts on your suggestions, what do you do?

Get to the Heart of Thinking Errors



Encourage Offenders to Make Better Choices

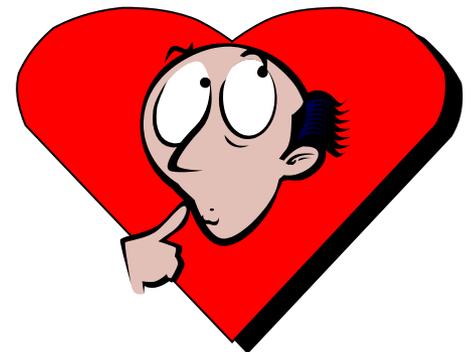


Exercise

Page 9

How might religion/spirituality benefit inmates and help with reintegration into the community?

Get to the Heart of Thinking Errors



Encourage Offenders to Make Better Choices



Exercise

Page 10

Volunteers are first and foremost role models for inmates returning to the community. How might you model respect for the law and law enforcement ?

Get to the Heart of Thinking Errors



Encourage Offenders to Make Better Choices



Exercise

Page 11

Please list some assets in the community where you live that might help offenders upon release from prison:

Get to the Heart of Thinking Errors



Encourage Offenders to Make Better Choices



Exercise

Page 12

One of the targets of HGO is increasing spirituality. How might you help a person increase their spirituality without trying to convert them to your own religious tradition?

Get to the Heart of Thinking Errors



Encourage Offenders to Make Better Choices



Exercise

Page 13

An offender with low risk of recidivism applies to HGO. What services are likely to be provided to him/her?

Get to the Heart of Thinking Errors



Encourage Offenders to Make Better Choices



Exercise

Page 15

Why is it that the Board of Parole does not have release authority over all the incarcerated in the State?

Get to the Heart of Thinking Errors



Encourage Offenders to Make Better Choices



Exercise

Page 15

Which Board of Parole Goals are the same or very similar to the Goals of the Department of Corrections?

Get to the Heart of Thinking Errors



Encourage Offenders to Make Better Choices

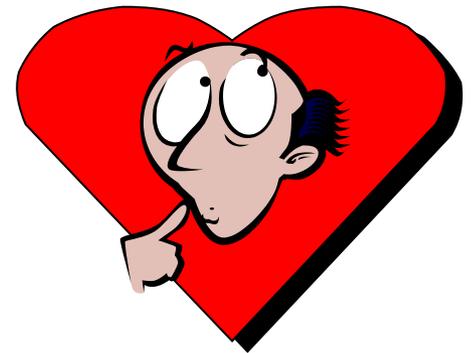


Exercise

Page 16

What are the differences between general conditions and special conditions of parole?

Get to the Heart of Thinking Errors



Encourage Offenders to Make Better Choices

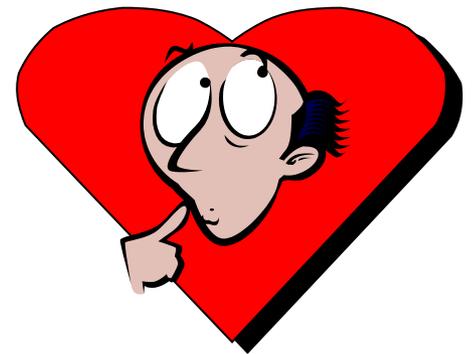


Exercise

Page 17

From the information on inmate demographics, please describe what an average inmate might look like. Consider such things as type of crime, age, and needs.

Get to the Heart of Thinking Errors



Encourage Offenders to Make Better Choices

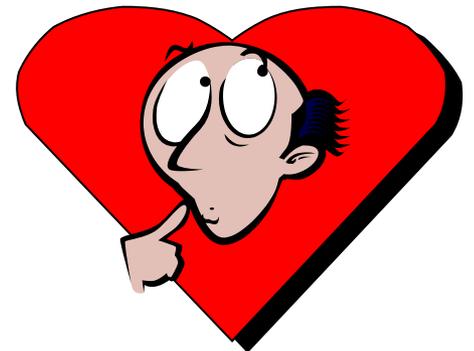


Exercise

Page 18

Using the Acronym list, please decode the following: Mr. Johnson was in SEG at TRCI before he went through an AIP at PRCF.

Get to the Heart of Thinking Errors



Encourage Offenders to Make Better Choices



Exercise

Page 19

Using the inmate vocabulary list, please decode the following: I fell in 1999, was sent to the big house in 2001 and put in PC but got sent to the hole for making pruno.

Get to the Heart of Thinking Errors



Encourage Offenders to Make Better Choices



Exercise

Page 20

A parolee you are working with through HGO needs \$500 to buy a car. S/he already has \$3,000 but needs a total of \$3,500 for the car. Can you lend or give him/her \$500?

A parolee needs a place to stay and asks you if your guest bedroom is available. How would you answer?

Get to the Heart of Thinking Errors



Encourage Offenders to Make Better Choices



Exercise Page 21

The offender you and your team are working with is smoking but it has an unusually strong odor. What should you and your team do?

Get to the Heart of Thinking Errors



Encourage Offenders to Make Better Choices



Exercise

Page 22

An offender you and your team are working with says, "I missed my appointment with my PO because my car broke down, would you call him for me and tell him I was at a job interview that you set up?" You know he doesn't have a driver's license and you didn't set up an interview. What would you say to the offender?

Get to the Heart of Thinking Errors



Encourage Offenders to Make Better Choices



Exercise

Page 23

Your team is working with an offender but the offender seems to only want to communicate with you. Why might that be and what can you do to encourage the offender to work with the whole team or the whole team to work with the offender?

Get to the Heart of Thinking Errors



Encourage Offenders to Make Better Choices



Exercise

Page 24

What activities besides HGO are you involved in?

What new things would you like to try that you aren't already doing?

Get to the Heart of Thinking Errors



Oregon Department of Corrections

Volunteer Program

Home for Good in Oregon

Post Test Module 2 Page 25



Your Name: _____

Your Address: _____

Phone Number ____/____/____

Community or Regional Chaplain's Name: _____

Circle correct answer where appropriate.

1. How many members does the Board of Parole have? _____

2. Does the Board of Parole have the legal authority to release any inmate from prison? Yes No

3. Are members of the Board of Parole elected? Yes No

4. Does the Board of Parole have jurisdiction over inmates in the Federal Bureau of Prisons? Yes No

5. Is an offender on probation when released from prison? Yes No

6. Can an offender be sent to jail or back to prison for violating conditions of parole? Yes No

7. Who determines the conditions of post prison supervision:

- A. The Judge
- B. State Law
- C. The Parole and Probation Officer
- D. All of the above

Oregon Department of Corrections Volunteer Program

HGO Post Test Module 2, Page 26



8. A parole and probation officer may do which of the following:
- A. Visit the place where the offender lives
 - B. Visit the place the offender works
 - C. Confirm attendance of 12-step meetings
 - D. All of the above
9. Is counseling offenders part of the Parole and Probation Officers job? Yes No
10. If an offender violates the conditions of supervision, he or she is automatically re-incarcerated? Yes No
11. Substance abuse treatment is a need of many offenders? Yes No
12. Nearly a third of all prison inmates will return to the community each year? Yes No
13. PO as used in corrections stands for Post Office? Yes No
14. The corrections culture is built on trust? Yes No

Oregon Department of Corrections

HGO Post Test Module 2, Page 27



15. Is there a tendency for offenders to blow things out of proportion? Yes No
16. The offender gets angry and swears in your presence. Is that OK? Yes No
17. The offender tells you it is your responsibility to find him a job. Is that correct? Yes No
18. The Department of Corrections Code of Ethics does not apply to HGO volunteers? Yes No
19. As an HGO volunteer, I can do pretty much what ever I want unless it isn't illegal? Yes No
20. You never change a boundary once you set it and the offender knows about it? Yes No
21. The offend comments that you a big pain and then says, "just joking." Should you indicate to the offender that the "joke" was inappropriate and not appreciated? Yes No
22. A fellow volunteer says, "I find my HGO volunteering so meaningful that I have decided to give up attending the Lions Club so I will have more time to do HGO volunteer work." How might you respond?

Mail to: HGO
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2575 Center St NE
Salem, OR 97301