Sample eelgrass shoot density data form

Plot distance meters along 100m transect	Shoot Density .0625 m^{-2}	Shoot Density .25 m^{-2}	Shoot Density 1 m^{-2}	% cover estimate .0625 m^{-2}	Extrapolated value from .0625 m^{-2}	Variance from actual count	undercount/ overcount

Note: The shaded boxes indicate samples counted using a full meter square quadrat with a separator to mark 50 cm x 50cm and 25cm x 25cm areas