



# 2009 Governor's State Employees Food Drive



## Foods We Need...

Check your shelves at home for these needed and nutritious foods:

- Canned Meats (tuna, chicken, salmon, etc.)
- Canned and Boxed Meals (soup, chili, stew, mac 'n cheese, etc.)
- Peanut Butter
- Canned Vegetables
- Pasta, Rice, Beans
- Canned Fruits
- 100% Fruit Juice (canned, plastic or boxed)

## Products We Cannot Use...

To ensure food safety, Regional Food Banks cannot accept:

- Glass Containers
- Rusty or Unlabeled Cans
- Perishable Items
- Homemade Items
- Non-Commercially Canned/Packaged Items
- Alcoholic Beverages, Mixes or Soda

## Why Food and Funds Both Matter...

Food drives provide some of the healthiest and highest-quality food the Oregon Food Bank Network receives. Donating food also provides a direct connection between you and the hungry person who receives the food. Your food donation is tangible and reminds you that hungry people are just like you and me.

Cash donations get that food to agencies. Cash keeps the freezers running and trucks on the road. It also supports innovative programs that address the root causes of hunger through advocacy and public education.

The Oregon Food Bank Network makes efficient use of cash donations. For the purposes of the Governor's State Employees' Food Drive, a dollar equates to approximately five pounds of food.