

Oregon NHA

OREGON BOARD OF EXAMINERS OF NURSING HOME ADMINISTRATORS - JUL 2004

This newsletter has been created by the OREGON BOARD OF NURSING HOME EXAMINERS (BENHA) to provide an instrument of communication between the Board and the Oregon registered administrators.

The Board welcomes your comments and suggestions for information you would like to see published in future newsletters.

BOARD MEMBERS

- ✉ Misti Wittenberg, NHA
Board Chair
- ✉ Rob Hays, NHA
Vice Chair
- ✉ Anita Schacher, NHA
- ✉ Margaret Clark, RN
- ✉ Ronald Gilson, M.D.
- ✉ George Gerding, R.Ph.
- ✉ Dolores Hubert, Public Member
- ✉ James Bagley, Public Member
- ✉ Raissa Moore, Public Member

BOARD OFFICE

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2004 MEETING DATES

- ✉ January 14
- ✉ April 14
- ✉ July 14
- ✉ October 13

Meetings convene at 8:30 a.m. at the location listed above.

FROM THE EXECUTIVE OFFICER

--Janet Bartel

Dear Licensees,

In May, I had the pleasure of attending the Oregon Alliance of Seniors and Health Services Annual Spring Conference in Redmond. It was an enlightening experience, and I was delighted by the opportunity to meet licensees and attend the various functions and continuing education offerings. Even as a layperson, I walked away with a better understanding of the issues facing facilities charged with the care and treatment of the frail elderly. As stated in a thank-you letter to OASHS, my goal is to be a visible and approachable representative for the Board of Nursing Home Administrators. To this end, I hope to attend future activities, so that I may come to understand and fully appreciate the role of administrators and the environment that they work in.

On another note, I have included within this newsletter a number of press releases from the Governor's office that may directly or indirectly affect the Oregon nursing home industry. I encourage you to review the information, so that you may stay abreast of what is happening within our beautiful state.

I have also included SNALFNEWS.COM articles that I hope will prove informative and useful to licensees. I welcome suggestions for topics that you would like to see published in future editions of your newsletter. After all, the newsletter is supported by your fees and created solely for your benefit.

Thank you for your continued support and encouragement. I wish you all an enjoyable summer!

CONTENTS...

- | | |
|-----------------------------------|-------------------------------|
| 2 New Board Members | 9 AIT Programs Completed |
| 3 From the Governor's Office | 9 Where Are They Now? |
| 5 Board Elects New Officers | 10 .. Facility Changes |
| 5 NHA Employment Opportunity | 10 .. NHA Licenses Issued |
| 5 Available NHA List | 11 .. Day Trips For Seniors |
| 6 SNALFNEWS.COM | 11 .. Important Reminders |

BOARD WELCOMES NEW MEMBERS

Anita Schacher, NHA - Clatsop Care Center, Astoria

Governor Ted Kulongoski has appointed Anita Schacher to the Board of Examiners of Nursing Home Administrators. Ms. Schacher brings 13 years of experience as a Nursing Home Administrator and believes that her knowledge and experience will make a difference to the State of Oregon and its frail elderly.

Ms. Schacher received her Bachelor of Arts degree, Cum Laude, from Mt. Angel College, concentrating her studies in psychology, sociology and gerontology. She has served the Health District in the role of CEO while serving as Administrator for Clatsop Care Center, where she is presently employed. Ms. Schacher is a founding member of Northwest Provider Network and received the Heart of Gold award for Community Volunteer Service in 1990. She has served as a board member for numerous organizations and presently serves on the Executive Board for the Oregon Alliance of Senior and Health Services as Vice-President for Nursing Homes. Further, she serves as Council Chair for the St. Mary Star of Sea Parish Council, and is on the Nursing Programs Advisory Board at Clatsop Community College.

Ms. Schacher replaces NHA board member Rene' Dumas, whose term expired on June 30, 2004.

Ronald Gilson, M.D. - PeaceHealth Medical Group, Eugene

Governor Ted Kulongoski has appointed Dr. Ronald Gilson to the Board of Examiners of Nursing Home Administrators. Dr. Gilson brings more than 30 years experience providing care to patients of nursing homes. He has served as the Medical Director for various nursing homes and believes that his past and present involvement with nursing home patients will be an asset for the board.

Dr. Gilson graduated with a Bachelor's degree in General Science from the University of Iowa in 1966 and he received a Medical Doctor degree in 1970. He served as Flight Surgeon in the United States Air Force at Beale AFB from 1971 through 1973. He received the Geriatrics Recognition Award from the American Geriatric Society in 1998, and he was certified as a Medical Director by the AMDA in 1999. The doctor operates a private practice in Eugene as a board certified family practitioner with added qualifications in geriatrics. He is presently a member of the Medicare Northwest Region Carrier Advisory Committee, the Medical Director of three nursing homes and a Geriatrician with PeaceHealth Medical Group in Eugene.

Dr. Gilson replaces physician member Dr. Stephen Brummer, whose term expired on June 30, 2004.

THE T.E.A.M. RULE

Together **E**veryone **A**chieves **M**ore
if there is a
Total **E**ffort from **A**ll **M**embers

FROM THE GOVERNOR'S OFFICE

NEWS RELEASE

May 27, 2004

Federal government approves plan to increase Medicaid rates

Oregon has received federal approval for a plan to increase Medicaid reimbursement to nursing facilities by levying an industry-supported provider tax.

The tax, authorized by the 2003 Oregon Legislature, is expected to raise about \$56 million during the current two-year state budget period, which will leverage another \$70 million in federal dollars.

"Increasing reimbursement rates to providers results in better-quality care for our most frail seniors and better pay for the dedicated individuals who care for them," said Governor Ted Kulongoski.

The tax is retroactive to July 1, 2003, and will be levied at a rate of 6 percent of revenue. Every dollar that is used for Medicaid-paid nursing-facility care will leverage \$1.50 in federal matching funds. Lawmakers also designated that \$12.5 million of the estimated \$56 million in new tax revenues would go to the state general fund.

As a result of the tax, Oregon's Medicaid reimbursement rate will go from about \$111 to about \$137 per resident day. All but 10 of Oregon's 143 nursing facilities deliver care to Medicaid residents.

The new tax was supported by the Oregon Health Care Association and the Oregon Association of Senior and Health Services, the state's two nursing-facility trade organizations.

Oregon could levy the tax without federal approval. However, federal approval permits the state to exempt from the tax continuing care retirement communities, where nursing is only one element of a spectrum of care services; and nursing facilities with a very high percentage of Medicaid residents. State lawmakers also exempted the Oregon Veterans Home in The Dalles.

NEWS RELEASE

May 24, 2004

Governor Calls for Review of Criminal Background Check System at Elder Abuse Task Force Meeting

At the fourth meeting of the Governor's Elder Abuse Task Force today, Governor Ted Kulongoski asked the task force to examine Oregon's criminal background check system to prevent criminals from obtaining jobs working with elderly Oregonians.

Governor's Office continued from page 3

"My wife and I have recently been care providers for my wife's mother, who is now in a care facility," said the governor. "The issue of care giving is very real for my family and it is very real for tens of thousands of Oregonians. I know that most caregivers, both paid and unpaid, are honest, hard working professionals who mean well. But we must do everything we can to protect elderly Oregonians from the few dishonest caregivers out there who seek a 'target rich' environment to steal, abuse or even kill elders."

The governor called on the task force to:

1. Conduct a comprehensive overview of the current laws and rules dealing with background checks for those that interact with our elderly;
2. Examine whether there are ways to simplify and strengthen these rules and laws to better protect seniors; and
3. Present specific recommendations to the governor that would allow the state to better protect seniors, either through legislation or immediate rule changes.

In his charge to the task force, the governor cited the example of Cesar Barone, who is currently serving a life sentence on Oregon's death row. In 1992, Barone murdered a 62-year-old woman near his home. In addition to this crime, he has been convicted of several crimes against elderly Oregonians, including burglary, sex abuse and attempted rape.

Under current Oregon law, caregivers who work with frail and vulnerable elders are not required to undergo strict federal fingerprint background checks. Although Barone had a prior criminal record when he arrived in Oregon in 1987, he was able to obtain a Certified Nursing Assistant (CNA) certificate, giving him access to vulnerable citizens.

"We know there are people who come from other states, change their identity to hide their previous criminal record, and get jobs where they are responsible for our elderly," said the governor. "This must stop. We must do a better job of protecting our elderly and ensuring that people like Cesar Barone never have jobs where they can do harm to Oregon's seniors."

The Governor created the task force as a key element of his overall review of the public safety system, which he launched in February. The task force will hold its fifth and final meeting on June 23, and is expected to issue the report with their recommendations to the governor by the end of July 2004.

The Governor's deputy chief of staff, Stephen Schneider, oversees the task force. For further information, Schneider can be reached at (503) 378-5690.

Yesterday is history.
Tomorrow a mystery.
Today is a gift.
That's why it's called the present!

BOARD ELECTS NEW OFFICERS

The board elected the following new officers at its April 14, 2004 quarterly meeting:

✍ Chair: Misti Wittenberg, NHA

✍ Vice Chair: Rob Hays, NHA

Misti Wittenberg succeeds Rene' Dumas, whose final term expired June 30, 2004. Rob Hays replaces Misti Wittenberg as Vice Chair.

NHA EMPLOYMENT OPPORTUNITY

Looking for a "Long-Term" Career?

Prestige Care, a NW Leader in senior living is currently seeking the right Nursing Home Administrators to join thier team.

Cascade Terrace

- ✍ 105 Beds
- ✍ Premiere SE Portland Facility
- ✍ Fast-Paced

Creswell Care Center

- ✍ 77 Beds
- ✍ Just south of Eugene
- ✍ Beautiful wooded setting just off I-5

For more information contact:

Becky Griffin, Assistant Director of Operations at (541) 942-5528 or fax resume' to (541) 942-2155.

AVAILABLE ADMINISTRATOR LIST

This is simply a reminder that the board office maintains a list of NHA's available for hire. Recruiters and prospective employers are provided the list upon request. Available administrators and employers alike are encouraged to utilize this free service. However, if your name is on the list, please remember to contact the board office to remove your name from the list when you find employment. This will prevent uninvited employment recruitments and save employers the time, energy and expense of contacting you. Contact the board office at (503) 731-4046 if you would like to add or remove your name from the Available NHA list.

We are what we repeatedly do. Excellence, then, is not an act, but a habit.

--Aristotle

SNALFNEWS.COM (dailyemail@snalfnews.com)

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Federal Oversight of ALFs May Be Warranted

A federal lawmaker believes that federal regulation of the assisted living industry might be an option if the industry fails to develop a standard level of care. Senator Larry Craig (Idaho Republican) who chairs the Senate Special Committee on Aging called state regulation of the industry "patchy as it relates to oversight and therefore quality of care." Craig's comments follow a *USA Today* investigation that documents troubling incidents in assisted living facilities nationwide. To view a copy of the *USA Today* story, go to www.usatoday.com/money/industries/health/2004-05-26-assisted-day2_x.htm.

Study Identifies Problems in Measuring Quality of Care

A study by the Department of Veterans Affairs and university researchers concludes that assessing quality of care is vital for health care facilities; however, converting clinical practice guidelines into quality measures can prove challenging. Researchers identified several obstacles, which includes not properly considering illness severity and not distinguishing screening from diagnostic procedures when establishing target screening rates. The report's authors suggest a more balanced perspective on the use of performance measures to define quality by delineating conceptual problems with the conversion approach. For details on the study go to, <http://jama.ama-assn.org/cgi/content/abstract/291/20/2466>.

CMS Resource Assists With Medicare Billing & HIPAA

The Centers for Medicare and Medicaid Services has developed a resource for long-term care providers who bill Medicare through a third party. The resource is an article designed to help providers verify HIPAA compliance by those who bill Medicare on their behalf. The article titled "Medicare Providers: Their Vendors, Clearinghouses, or Other Third Party Billers, and the HIPAA/Medicare Contingency Plan" may be viewed at <http://www.cms.hhs.gov/medlearn/matters/mmarticles/2004/SE0414.pdf>.

HHS Offers Compliance Tool for Medical Privacy Issues

The Department of Health and Human Services' division has developed a tool to help providers comply with complex medical privacy issues. HHS Office of Civil Rights has created a listserv to distribute announcements, resource notices and educational information about the Health Insurance Portability and Accountability Act's privacy provisions. To subscribe, simply go to <http://list.nih.gov/cgi-bin/wa?SUBED1=ocr-privacy-list&A=1>. OCR posts other guidance and technical assistance on the privacy rule at its Web site located at <http://www.hhs.gov/ocr/hipaa/>.

U.S. House Spares Medicaid From Budget Cuts

The U.S. House passed a spending plan in May 2004 that exempts Medicaid from \$2.2 billion in proposed cuts over a five-year period. Long-term care providers are praising the efforts of Reps. Peter King (NY), Richard Burr (NC), Sherwood Boehlert (NY), John Spratt (SC) and Lois Capps (CA) for their key role in preventing passage of the spending reduction. AHCA/NCAL President and CEO Dr. Charles Roadman commended the House of Representatives for passing a budget that helps protect the health and well-being of the nation's most vulnerable frail, elderly and disabled.

SNALFNEWS.COM continued from page 6

Survey Finds That Health Workers Feel Unappreciated

A recent survey by *CareerBuilder.com* has revealed that 34 percent of health services workers feel that their employers do value their work efforts. Further, over one-third are dissatisfied enough to consider an employment change this year. Of the employees that were questioned, 18 percent alluded to a lack of appreciation for their efforts and 13 percent cited a lack of effective employee recognition programs. Rhonda Lipsey, a health care employment expert with *CareerBuilder.com*, expressed the opinion that given the shortage of qualified workers, health services organizations need to take appropriate retention measures to keep their staff satisfied and make themselves more attractive to new candidates.

Federal Overtime Rule Changes Take Effect in August for Many States

Many employers are uncertain on what regulations they'll have to follow when new federal overtime rules take effect in August. Part of the uncertainty is that the new rules will not automatically take effect in all states. Eighteen states have existing overtime requirements that require legislative changes in order to implement the new rules—an act that lawmakers are reluctant to take during an election year. The 18 states where the new regulations won't automatically take effect are Alaska, Arkansas, California, Colorado, Connecticut, Hawaii, Illinois, Kentucky, Maryland, Minnesota, Montana, New Jersey, North Dakota, **Oregon**, Pennsylvania, Washington, West Virginia and Wisconsin. Information about the new federal rules may be obtained at <http://www.dol.gov/esa/regs/compliance/whd/fairpay/main.htm>.

APIC Issues Flu Vaccination Guidelines for Health Care Workers

The Association for Professionals in Infection Control and Epidemiology has released recommendations for the development of immunization programs specific to long-term care employees and other health care workers. The recommendations are a result of low flu vaccination rates among these workers. Health care facilities are encouraged to develop immunization programs, which would consist of a written policy that stresses the importance of annual flu vaccines, monitoring vaccination rates and making vaccinations accessible and cost-free to workers. Immunizations help ensure patient safety and protection and provide personal protection for health care workers, while minimizing absenteeism during the flu season. For information on the guidelines go to <http://www.apic.org/>.

Medicare Rate Increase for AIDS Care Anticipated October 2004

Nursing homes that treat AIDS patients should expect to receive an increase in their Medicare payment rate this fall. The new Medicare reform law contains a provision that boosts the rate they currently receive for the care of AIDS patients by 128 percent. In May, the Centers for Medicare & Medicaid Services announced that it delivered a notice to fiscal intermediaries to implement the revised rate on October 1, 2004. The cost of caring for AIDS patients can be extremely high. Accordingly, increased payment rates reflect costs associated with caring for this specific group of beneficiaries.

Brief Offers Health Care Strategies for LTC Workers

The Institute for the Future of Aging Services has released an issue brief addressing the dilemma of health care coverage for direct-care workers in nursing homes and assisted living facilities. The brief titled "Health Insurance Coverage for Direct Care Workers: Riding Out the Storm" offers strategies for making health care coverage more available and affordable to health care workers and their families. The brief is available at <http://www.bjbc.org/>.

SNALFNEWS.COM continued from page 7

OSHA Inspections for Nursing Homes and Personal Care Facilities

The Occupational Safety and Health Administration began federal safety inspections at nursing homes in April. OSHA's surprise safety and health inspections will target an estimated 4,000 high-hazard worksites for unscheduled safety and health inspections in the coming year. Nursing homes will be covered under this year's program. Previously, nursing homes were covered under the National Emphasis Program addressing hazards specific to the industry. These hazards (e.g., injuries relating to resident handling, bloodborne pathogens and tuberculosis, and slips, trips, falls) will continue to be the primary focus of inspections in nursing homes and personal care facilities.

Technology for Aging Report

The National Research Council's Steering Committee for the Workshop on Technology for Adaptive Aging released a report documenting technologies available to assist aging people titled "Technology for Adaptive Aging". The report covers applications of technology in communication, education and learning, employment, health, living environments and transportation for older adults. To order a hard copy of the report or to view a free online copy, go to <http://www.nap.edu/catalog/10857.html>.

Some Lawmakers Oppose Medicare Competition Pilot

Some Democratic senators and House members are seeking to prevent implementation of a pilot program that will measure competition between private health plans and traditional fee-for-service Medicare plans. The new program, which was instituted by the new Medicare law, also concerns some Republican lawmakers. Under program guidelines, in 2010, fee-for-service Medicare would begin to compete with private health plans in six metropolitan areas. Beneficiaries under traditional Medicare would have to pay more for services if costs prove higher.

CDC Calls for Opinions on Infection Control Guide

The federal Centers for Disease Control and Prevention released guidelines designed to prevent the spread of infectious diseases in nursing homes and health care facilities. The draft *Guideline for Isolation Precautions: Prevention Transmission of Infectious Agents in Healthcare Settings 2004* is designed for health care administrators, infection control staff, epidemiologists and others responsible for developing, implementing and evaluating infection control programs in health care environments. Public health officials are inviting interested parties to review and comment on the guidelines. To view the document go to <http://www.cdc.gov/ncidod/hip/isoguide.htm>.

CMMS Offers Resource to Help Nursing Homes With Quality Innovations

The Centers for Medicare & Medicaid Services has developed a Web Site resource designed to help nursing homes stay abreast of clinical standards. The Web Site, "Sharing Innovations in Quality," offers a repository of information useful to nursing home professionals and surveyors. The guidelines presented are current as of December 1, 2003 and will be updated annually. The Web Site resource may be found at <http://siq.air.org/>.

LTC Technologies Focus of Federal Web Site

The Department of Health & Human Services has developed a Web Site to catalogue technologies designed to improve the quality of life in nursing homes and long-term care facilities. Featured products include technologies addressing fall management, wandering and incontinence. Further information may be found at <http://www.techforltc.org/>.

AIT PROGRAMS COMPLETED

The Board congratulates the following individuals who have successfully completed their AIT program:

April 2004

<u>NAME</u>	<u>FACILITY</u>	<u>LOCATION</u>	<u>PRECEPTOR</u>
✉ Jason Arakaki	Willamette View Health Center	Milwaukie	Karen Stahlecker
✉ Robert Barry	Marquis Care at Wilsonville	Wilsonville	Amy Bucher
✉ Chad DeBruin	Evergreen Karrington	Portland	John Larrabee
✉ Shannon Dickerson	Marquis Care at Centennial	Portland	Amy Carlton
✉ Catherine Johnson	Rogue Valley Manor	Medford	Patricia Kauffman
✉ Jeremy Pantovich	Marquis Care at Oregon City	Oregon City	Sharon Stafford

WHERE ARE THEY NOW?

March 2004 to June 2004

<u>NAME</u>	<u>FACILITY</u>
✉ Ronald Bell	Columbia Basin Care Facility, The Dalles
✉ Sister Geraldine Bernards	Retiring July 2004
✉ Nadine De Klerk	Extendicare (Regional Dir.)
✉ Peter Foust	Lincoln City Rehab Center, Lincoln City
✉ Lee Garber	Hillside Heights Rehabilitation Center, Eugene
✉ John Hogan	Mary's Woods at Marylhurst, Lake Oswego
✉ Matt Hartley	Hillside Convalescent, Portland
✉ Michael McCoy	Crestview, Portland
✉ Heather Miyake	Camelot Care Center, Forest Grove
✉ Donald Phillips	Retired
✉ Daniel Proulx	South Salem Rehab & Specialty Care, Salem
✉ Theresa Rhoades	Life Care Center of McMinnville
✉ Karen Stahlecker	Willamette View Health Center, Portland
✉ Kent Emry	Myrtle Point Care Center, Myrtle Point

Creativity is allowing oneself to make mistakes. Art is knowing which ones to keep.

--Scott Adams: The Dilbert Principle

FACILITY CHANGES

FACILITY CLOSURE

Ocean View Care Center
2790 Beach Loop Rd.
Bandon, OR 97411
Orig. Lic. Date: 12/8/93
Capacity: 37
Effective: Estimated Closure June 30, 2004

FACILITY NAME CHANGES

Previously: Linda Vista Care Center, Ashland
Presently: Linda Vista Nursing & Rehab
Effective: April 1, 2004
Previously: Evergreen Karrington Health & Rehab Center, Portland
Presently: Evergreen Portland Health & Rehabilitation Center
Effective: April 5, 2004

FACILITY OWNERSHIP CHANGE

On May 3, 2004 Aidan Healthcare, Inc. took over Columbia Basin, a 120 bed Nursing Home in The Dalles. Also joining him were Ron and Monica Bell as Administrator and Director of Nursing. Also joining Aidan Healthcare on May 3, 2004 was Don Wessels as an AIT and Dawn Cramer as Aidan Healthcare's Nurse Consultant. Started in April 2003 by Partners Troy Anderson and Jennifer Woolley, Aidan Healthcare, Inc. now owns and/or operates three nursing homes in Oregon.

NHA LICENSES ISSUED

March 2004 to June 2004

NHA LICENSES

The Board extends congratulations to the following newly licensed administrators:

Table with 4 columns: NAME, FACILITY, LOCATION, LICENSED BY. Rows include Jeremy Pantovich, Warren Prevosto, and Jodie Vanderpool.

PROVISIONAL LICENSES

Table with 3 columns: NAME, FACILITY, LOCATION. Rows include Patrick Burke, Chad DeBruin, Kathleen Parry, and Kari Vanzant.

DAY TRIPS FOR SENIORS

Are you looking for a unique activity for your residents? If so, Weaver's Tale Retreat Center may be able to help. I recently received a flyer describing a program designed to offer seniors a full day of physical and mental challenges, emotional support, laughter and shared memories. The provider of the program is Weaver's Tale Retreat Center, Inc. located in Portland. The retreats are specifically designed for seniors and typically run from 10:30 a.m. until 2:30 p.m. The cost is minimal at \$15.00 per person (including staff), which includes a hot lunch and snack. The program schedule consists of:

- ✍ Song circle
- ✍ Shared stories
- ✍ Music making
- ✍ Nature walk
- ✍ Nature crafts
- ✍ Plant identification and bird watch
- ✍ Field journaling and sound mapping
- ✍ 10-15 minute seated massage

Summer retreats run from May 15, 2004 through September 30, 2004, and each retreat can accommodate up to 20 senior participants. There is a \$50.00 deposit required one month prior to the date of the reserved activity.

Contact Information

Weaver's Tale Retreat Center

Ph: (503) 292-0014

Fax: (503) 234-4202

Email: edie@weavers-tale-retreat.org

IMPORTANT REMINDERS

July 1, 2004 Marks Midway Point in License Period

This is to remind you that July 1, 2004 marks the midway point of the current license period of July 1, 2003 through June 30, 2005. **A continuing education update is provided on the Approved Continuing Education Activities page of this newsletter.** Licensees who renewed under ACTIVE status are required to complete 60 hours (55 general hrs. + 5 ethics hrs.) of CEUs. Licensees who renewed under INACTIVE status are required to complete 30 hours (27 general hrs. + 3 ethics hrs.) of CEUs. You are encouraged to contact the board office at (503) 731-4046 if you have questions regarding your continuing education or renewal status.

Moving? Change In Employment Or Employment Status?

Please remember that the law requires NHA's to apprise the board of changes in address, employer and employment status--when employed as an administrator. If you have changes to report, contact the board office to request an NHA Information Update form or download one from the board's Web Site at www.nhabd.state.or.us. **Note:** When reporting a name change, please provide evidence of such change.

**OREGON BOARD OF EXAMINERS OF NURSING HOME
ADMINISTRATORS**

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