

Adopted by OBCE, March 21, 2013

### **MYOFASCIAL RELEASE**

Myofascial release (MR) may not be performed by chiropractic assistants. A CA is not trained adequately to perform myofascial release. MR requires detailed knowledge of anatomy and an understanding of fascial planes and referral patterns. Often MR is accompanied with pre and post testing of range of motion and depending on the test results a different area is addressed to fully address the condition. MR is part of massage therapy and may be performed by a licensed massage therapist. (3/21/13)