

NEW RULES EFFECTIVE

January 1, 2016

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January 1, 2016:

- ◆ Education requirements for initial licensure will increase to 625 hours. Those who are licensed prior to January 1, 2016 will not have to meet the 625 hour unless they allow their license to lapse for three or more years. Thereafter, you must reapply as a new applicant and meet the current education requirements.
- ◆ The practical exam will be discontinued with the exception of license by Indorsement.
- ◆ An individual who has been inactive for any period of time will be able to reactivate their license without having to reapply.
- ◆ Reactivation of a lapsed license will require 4 hours of ethics as part of the required 12 contact hours
- ◆ Renewal fees will increase by \$5 for a total of \$155 per biennial renewal. The increase is a result of the fee charged by the Oregon Health Authority to process the demographic information the Board is required to send them.
- ◆ Application fees will increase by \$50; however, the cost for initial licensing will decrease by a total \$100 as applicants will no longer be required to pay the \$150 Practical Exam Fee.

NEW RULES EFFECTIVE

July 1, 2016:

Continuing Education requirements for renewal will require 15 contact hours (it used to be 12 hours) with a minimum of 4 contact hours in ethics, boundaries, or communication. You are still required to have a total of 25 CEU's at renewal. CEU's are not required for the first renewal.

Click the following link to view the NEW RULES in its entirety:
<http://www.oregon.gov/OBMT/Pages/lawsrulespolicies.aspx>

What is interactive Distance Learning?????

The definition of contact hours was expanded to include "an interactive distance learning course." Just what is "interactive" distance learning? The simple answer is this type of course is more than watching an online video and taking a multiple choice quiz at the end of an online CPR offering. Interactive distance learning supports regular and substantive interaction between the student and the instructor

either synchronously (i.e. online chat room) or asynchronously (i.e. post a question, get an answer later) as well as student-to-student interaction. E-learning, correspondence, and self-study are not interactive distance learning in that, there is not enough interaction between the instructor and the students.

Lisa Barck Garofalo



Incoming Board Member — Carol Ann Kirby



Carol Ann Kirby, OBMT Public Member

Carol Ann Kirby is a certified public accountant and certified internal auditor with over 30 years experience in state and local governments. Before retiring from full-time work, she was the Director of Accounting & Payroll for Portland Public Schools. She is currently adjunct faculty at Portland Community College's Sylvania campus.

She is excited to be on the Board of Massage Thera-

pists. She has utilized massage therapists to help with a physical disability sustained from an accident in high school. Massage therapy was also an integral part of her recovery from a recent cancer diagnosis. She is honored to give back to the profession that has been instrumental in reducing the physical discomforts that have been part of her adult life.

Outgoing Board Member — Kathy Calise

"Every life that has been lived until today is a part of the woven braid of life. It takes every person's story to create history. Your life will help determine the course of history. You may think you don't have much of an impact. You do. Every action you take will reflect in someone else's life. Someone else's decisions. Someone else's future. Both good and bad." *Ginny Dye "The Bregdan Chronicles"*.

I thought this quote was very appropriate as I leave the Oregon Board of Massage Therapists Public Member position. The last eight years have been an amazing experience for me. I was appointed to the Board in July 2007

and served as the Board Chair for two years. My reason for wanting to serve on the OBMT was to understand how a state regulatory board works and to learn more about the legislative process. Eight years later, I certainly do know how a regulatory board works and I know the legislative process! In addition and most importantly in the last eight years, I have met and worked with many outstanding Licensed Massage Therapists and I have learned so much about myself.

Thank you! To the current and past Board and Committee Members for your patience and understanding. Thank you! to Kate Coffey for

being an outstanding Executive Director and Mentor. You all have taught me so much about the massage profession.

Thank you! It was a marvelous eight years and I look forward to serving the OBMT in other ways in the future.



Kathy Calise, OBMT Public Member 2007-2015

2015 Annual Federation of State Massage Therapy Boards (FSMTB) MEETING UPDATE



Upon ending my second term of service with the Oregon Board of Massage Therapists (OBMT) as a Board Member, it was an honor and pleasure to serve as the Oregon delegate at the 10th Annual Meeting of the Federation of State Massage Therapy Boards (FSMTB) October 8-10th, 2015. This year's meeting was held in Albuquerque, New Mexico, with 39 delegates in attendance, along with 125 registrants from member boards, business, and professional associations.

This year's meeting was a mile-

stone for FSMTB as the Federation celebrated its 10th year anniversary. Since its creation, the FSMTB has grown to a 43 member boards. Along with member growth, the FSMTB is scheduled to launch and make accessible its new Massage Therapy Licensing Database (MTLD) in 2016.

During the Member Board Services section, the delegates were asked to present a highlight or a concern from our individual boards. Similarities were across the table from human

trafficking, diploma-mill-schools to issues with the MBLEX. My concerns were the lack of testing sites especially in the Eastern part of our state and proper testing prep materials. It was stated the testing site locations were determined Pearson Vue and the FSMTB couldn't address that. But a study guide for the MBLEX is finished and at the printers and should be available for purchase in 8 weeks.

All the best!

Reminder: LMTs and Scope of Practice with Medical Devices and Preparations

OAR 334-010-0025 (2)(a-c)(Practice of Massage) states:

(2) Massage treatment does not include:

- (a) The application of high velocity/low amplitude force further defined as thrust techniques directed toward joint surfaces;
- (b) The use of equipment or devices that require a prescription; or
- (c) Making a medical diagnosis.

This means that LMTs are not allowed to use any device or product (even oils and lotions) that requires a prescription to obtain. This falls under medical diagnosis and treatment, which is outside of the Scope of Practice for our license. If you have any questions, please call the OBMT office for assistance.

Jon Grossart, LMT #13752, OMBT Vice-Chair

Portland State University Study on Unlicensed Practice

The Oregon Board of Massage Therapists contracted with the services of the Portland State University's Center for Public Service graduate department to conduct a study which examined the Reasons for License Non-Compliance among Asian-Pacific Islander Community Members in Oregon. Please follow the link below to view the report.

http://www.oregon.gov/OBMT/Documents/PSU%20Final%20Report_OBMT%20API%20Study_15_0413_Submitted.pdf

Fingerprinting



EFFECTIVE OCTOBER 1, 2015, THE BOARD WILL ONLY ACCEPT ELECTRONIC FINGERPRINTS FROM FIELDPRINT. PLEASE CLICK THE LINK BELOW FOR:

[Fieldprint Electronic Fingerprint Scheduling Instruction](#)

<http://www.oregon.gov/OBMT/Forms/Fieldprint%20Fingerprinting%20Instruction.pdf>