



Oregon

John Kitzhaber, MD Governor

Board of Massage Therapists

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Education Committee Meeting August 9, 2013 University of Western States

Attendance

Committee Members:

Lisa Barck Garofalo, Chair

Nick Chrones, LMT

Peter Szucs, LMT

Steve Davis, LMT

Lana Braunt, LMT

John Combe, LMT

Board Members & Staff:

Kathy Calise, Board Liaison

Kate Coffey, Executive Director

Christine West, Policy Analyst

Absent: Kate Coffey, Executive Director

Public: Lisa Star, LMT11129 and Erika Baern, Director of Education East West College

CALL TO ORDER - Barck Garofalo called the meeting to order at 9:40 am.

INTRODUCTIONS: Present at time of introductions Barck Garofalo, Combe, Chrones, Szucs, Calise, Braunt and Davis.

MINUTES – June 14, 2013 minutes approved.

PUBLIC COMMENT: Erika is glad to be able to attend a meeting; she is the Director of Education East West College.

Lisa Star is here because she recently had difficulties renewing her license. She received unprofessional behavior and different answers from board staff regarding approving/accepting her CE's. What constitutes the contact hours? It seems some of these are subjective. It could be clearer from the Board for what the Continuing Education requirements are. It raised the question, why aren't the academic studies already standardized, Lisa can't be the only LMT who goes to college. Lisa called prior to enrolling in college and was told she could write a paragraph for anything she took, but has since found out that is not the case.

Barck Garofalo encourages LMT's who have had difficulties with the board office to write the board a letter. **Calise** stated that with the recent difficulties LMT's have had renewing their license with CE approval from the board office, she has encouraged LMT's to attend the Education Committee meeting.

Calise gave an update from the Board: Diana is leaving the office; the historical board knowledge will be lost. The Board recently completed an audit; the audit recommendation is to have a list of CE approved courses. **Audit Recommendation:** *We recommend the Board pre-approve courses or course providers for CE. We recommend the OBMT maintain a list of approved CE courses for employees to use to determine if courses qualify for CE.*

The Board Office has started a "CE not accepted list"; currently the list contains: Mold Mitigation, Animal Massage, Hypnosis and Shamanism.

The committee needs to revisit/reconsider creating a list of what CE providers/courses are approved for continuing education. Without a list the board is making subjective decisions regarding what is acceptable or not. The exempted modalities will be accepted as CE's.

June 2013 Committee recommendations / Board response: *Committee Recommended staying with the set hours 12contact/13non-contact, with suggested guidelines for those hours; The Board recommends reconsidering the ratio. Calise gave an example of 14 contact/11 non-concant. Committee Suggestion: Teaching be limited to first time taught; the Board denied this change and suggested contact hours be a 2:1 ratio for volunteer time and teaching. Committee Suggestion: Professional Contact be defined by the model curriculum and the model curriculum be placed on the Web site; the Board stated Professional Conduct is already defined, the model curriculum is not to be placed on the web and is not approved for use in continuing education.*

The committee discussed continuing education and several suggestions, concerns and comments were made: How does continuing education fit into the mission into the Board? The committee could send a "suggested guidelines" for the Board with some subject matter may be for the LMT's practice and some for the LMT self-care, like PE. The CE's approved by the board does not have to be everything LMT's do, LMT's can still take self-care courses, and they just do not have to count as CE. The committee does not want to stop LMT's from adding specific training or knowledge to their practice by limiting CE courses. If we look at other health care professional regulatory boards, most require **contact hours only** for CE. Looking at the Chiropractic Board "not allowed as CE list (*inserted below in blue*)", the committee could modify this slightly and agree on the broad language.

Oregon Board of Chiropractic Examiners

CE credit is NOT ALLOWED for the following.

1. December 1, 2011, the Board determined that the following CE activity is not valid for renewal credit:
 - o performing spinal screenings, or activity similar to screenings;
 - o level 100 chemistry classes;
 - o level 100 biology classes;
 - o yoga classes (unless they are "training-the-trainer");
 - o regular "meetings" with staff whether recorded or not (Any training given by the supervising/employing DC MUST be presented in a formal setting - agenda with topics, set for a specific day/time; sign in/out, and verifications of completion); if in doubt, contact the Board of Chiropractic Examiners office prior to the offering
2. On January 20, 2011 the Board will not allow CE credit for language courses; it does not meet the criteria in OAR 811-015-0025.
3. On November 18, 2010, the Board denied CE credit for "Warning: The Rules of Money Have Changed" sponsored by the Washington State Chiropractic Association. This program does not meet the CE rule guidelines which require the program to "pertain to the practice of chiropractic."
4. On May 27, 2010, the Board denied for credit, **Embryo in Motion**, by Jaap van der wal
5. On January 13, 2010, the Board denied for credit, in part, Cascade Success Systems' Pain Management and Evidence Based Outcomes Management video courses
6. On January 17, 2008, the Board established that attending an exercise class such as Pilates, is NOT valid continuing education; however, completing the education to become a Pilates Instructor (e.g. a Pilates Pre-Training class) would be.
7. On November 18, 2004, the Board established that using one's regular daily job duties(e.g. a full time athletic trainer) is not valid continuing education; and that travelling to another country is not, in and of itself, valid "continuing education"
8. On January 15, 2004, the Board established that "reading a textbook" in and of itself is not valid continuing education. Alternatively, home study programs such as Southern California University of Health Sciences' Topics in Clinical Chiropractic series are accepted.
9. On November 20, 2008, the Board denied for credit, the program, "**Finding Your Medicine: Advanced Shamanic Training**"
10. On September 8, 2008, the Board denied for credit the program, "**Emotional Freedom Technique (EFT)**" *EFT does not meet the criteria of OAR 811-015-0025 (i.e. the program is not trained by a qualified person)*
11. On November 18, 2004, the Board denied for credit the program, "**Basic Spiritual Response Therapy**"

The committee decided to choose three health care professional regulatory boards; *Chiropractic, PT, and Athletic Trainers*; to review the continuing education requirements.

The committee discussion continued and covered the following concerns: We can work on CE No list, giving suggestions for provider approval (for use immediately), but we are unsure of the implementation timeline. If we are using ORS 334-010-0047 a suggestion is to have communication from the board and LMT's, regarding CE classes/topics/providers. Let's look at what's going on in the LMT field and how CEs are improving it. There is a concern that any recommendations will be written in rule and therefore we will not be able to practice the non-approved CE items.

Break, returned at 10:45 am.

PUBLIC COMMENT: Lisa Starr was asked what was the denied CE subject matter?

She denied psychology, biology, Pilates and yoga. Then she threatened my license. The person sitting on the licensing desk is not knowledgeable, she was confused regarding what the courses or course content were. The licensing coordinator, Ekaette, then complained to Lisa regarding other LMT's trying to use mold mitigation courses. Lisa would like us to remember we are a movement profession in considering CE classes.

Calise received a similar complaint from a former LMT student. The LMT was denied using Balinese massage modality as CE. Ekaette reason given to the LMT was because she took it in a spa in Bali, Ekaette had thought this was not in a group setting but a 1:1 setting.

Combe: we can create a list however long or short, but we need a staff that is knowledgeable, a list is not going to help the staff with communication.

The suggestion was made that when subjects are unclear and not clearly following under 334-010-0050 or 334-010-0047 a member of the committee or board be consulted.

PUBLIC COMMENT: Erika Bearn appreciates the opportunity to attend. Glad the committee is looking at CE requirements. One thing encourages the committee to do is be clear for yourself and the board; what is the purpose for CE requirements, what is the purpose for the Board's approval of CE? Can you do a bigger job instead of just clarifying what is the purpose of the CEs.

Lisa Star: CE's are about mastery, we're not out there to short the system. When Lisa takes CEs she asks herself, how is this going to deepen my practice. Glad the committee is going to write an approval list rather than a no list. Lisa suggests adding a category as protecting public health: mold mitigation is a good class for health reasons. Have an appeal process for LMT's make it a peer group that is knowledgeable. Thank you for what you are doing, I am glad you are a resource for LMTs.

The Committee will likely be asking the Board for a change in rule, to make it more clear and useful to staff.

Homework: Christine send links: ORS 676 let's start with Chiropractic, PT, and Athletic Trainers
Committee assignments: Chrones: differentiation between non-contact/contact, & number of hours.
Szucs: Subject matter method for defining acceptable CE. Braunt: number of hours CE. Combe: provider/school approval (or use overarching outside agency). Davis: general language; can we cross out PT and write in LMT; how similar is this to ours. Barck Garofalo: petition for specific class/ course or a review committee for CE.

Next meeting September 13, 2013 10:00 a.m. Pioneer Pacific
Adjourned 11:36