



Oregon Board of
Massage Therapists

BOARDerline

Volume 16, Issue 1

February 2007

THE DOORS WE OPEN AND
CLOSE EACH DAY DECIDE
THE LIVES WE LEAD.

Flora Whittemore

ATTENTION REQUIRED

Has your license expired?

The conversion renewal process is complete. If your license still shows 12/31/2006 or January 2007 as the expiration date, you need to contact the board office immediately to resolve this matter.

Continuing Education—not as difficult as you may think!!

A couple of years ago the Board's Education Committee, staff and Board members spent a considerable amount of time and energy reviewing and reworking the continuing education requirements. The end result—a process that is clear, straight forward and has the flexibility to address the needs of the therapists in Oregon while providing the continuing education critical to public safety. Therapists from around the state have since come up with some creative ways to meet their professional needs and earn CE's as well. The "Continuing Education Form" was created to give therapists some general categories for consideration and also provide required verification for each area and can be found on the back of this page or on the "Forms" page of the website at www.oregonmassage.org.

LMT GROUPS

Are you currently hosting a LMT networking or CE group in your community or are you interested in starting one? Send us the details and we will post it on our website. Information must be provided in writing to ce@oregonmassage.org



CPR Certification

Beginning January 2008 LMT's will be required to provide proof of current CPR at time of renewal.

CE INFORMATION WANTED

If you are teaching a CE course or know of one happening in your area — The OBMT is willing to help you get the word out! Send us your course information including; title, provider, date, time, location, and contact information to ce@oregonmassage.org and we will post it on our website. Information will only be updated once a month so it is critical to give plenty of leeway.



OBMT Continuing Education Form

Last Name: _____ First Name: _____

LMT License #: _____

I certify that this information is true and accurate. I understand that per OAR 334-010-0050 5) *If the board finds indications of fraud or falsification of records, investigative action shall be instituted. Findings may result in disciplinary action including revocation of the licensee's license.*

Signature: _____ Date: _____

REMEMBER:

- * Due to the conversion some licensees will owe either an even or odd number of CE. To verify the amount of hours you owe and determine the appropriate amount of "contact" CE please refer to the chart on the "renewal form instructions" sheet.
- * Continuing education must enhance your massage related knowledge. (E.g. technique, communication, business, etc.)
- * One CE equals one clock hour.
- * Courses/media may only be counted once per renewal period.
- * Continuing education records must be maintained by each licensee for a minimum of five years.
- * You may carry over contact hours, in excess of those required, for one renewal period only. The licensee is responsible for keeping accurate record of submitted contact CE to assure compliance.
- * Do not submit CE except at the time of renewal with the appropriate renewal forms.
- * OBMT does not approve CE providers. We expect LMT's to do their due diligence when selecting providers based on their individual style or need.
- * CE submitted for national certification or licensure in another state can also be used in Oregon.
- * You may take CE courses in Oregon or anywhere else in the world.

See OAR 334-010-0050 for the complete rule concerning continuing education.

Contact Hours: You must submit proof of the minimum number of CE 'contact hours' required.

Attendance in a class, workshop or training.	#CE hours _____
Attach copies of transcript, certificate, proof of completion, etc. You must include provider name and phone number, CE topic, date, time attended and total number of CE hours.	

Total Contact Hours _____

Non-Contact Hours: Hrs in excess of the required minimum 'contact hours' may be submitted in the following categories

Research work or published author	#CE hours _____
Attach abstract of work(s), contact information of research agency or publisher.	

Volunteer massage at an organized event	#CE hours _____
Attach information on event(s) including date, time, and organizer contact information.	

Telecommunication or on-line course(s)	#CE hours _____
Attach copy of transcript, certificate, or proof of completion including provider contact information.	

Self-study based on media (i.e.: book, periodical, audiocassette, VHS/DVD)	#CE hours _____
Attach a one-page summary on what you learned and how you might or might not incorporate it into your practice. Include title, author and publisher information.	

Serve as a board/committee member, examiner or attend a board meeting	#CE hours _____
Attach list of days worked/attended (limit one (1) CE per day)	

Teaching, mentoring or peer supervision.	#CE hours _____
Attach proof of teaching: pay stub, letter of verification from employer, attendee sign in sheet.	

Other: Learning experience not listed.	#CE hours _____
Contact the Board office for advice.	

Total Non-Contact Hours _____

Total CE hours this renewal period: _____



LEGISLATIVE INSIGHT

2007 Session in Full Swing

Tired of feeling like life is happening **to** you! Would you like to keep on top of changes in laws that could affect you or your profession? An excellent place to start is the Oregon Legislative Web Site at <http://www.leg.state.or.us/>.

It's important to keep apprised of things that might affect you or your profession and this site allows you to search, view and track bills as they move through the process. You can see when they are scheduled to be heard in committee... who knows you might even decide you want to come to the Capital and testify. Streaming audio/video of the hearings is also available.

In addition, you will find a legislator lookup service to identify the Senator & Representative for your area and learn how to contact them. Remember, **you can make a difference** and the OBMT encourages you to share your voice. This legislative session is full of bills which may impact you!

The OBMT has a bill this session which is the result of the hard work of the Rules Committee. The rules committee was tasked with doing a comprehensive review of both Statute and Rule and bringing any recommended changes to the Board for consideration. The committee members identified several areas that could be clarified or amended and the result is **SB170**.

For the full text of SB170 or any other bill you are interested in viewing visit http://www.leg.state.or.us/bills_laws/. Once on this page you will select "2007 Regular Session (Convened January 8)" then "Full text of 2007 measures in HTML and PDF" next you will select the appropriate range for the Bill number and then the actual pdf or html.

Also, on the Legislative website you will find a fantastic new feature called eSubscribe. This new service allows you to subscribe to receive information from Legislators and/or committees. Simply select eSubscribe, input your email address information, and then choose what you would like to receive. Once you confirm your registration you are all set! Information will come to you as it is released.

No one likes a tattle-tale, right?

WRONG! Over the last several years Oregon LMT's have gotten increasingly involved in reporting potential violation of the laws pertaining to massage. This increased involvement has had a tremendous impact in Oregon. Thanks to Oregon LMT's there has been a significant decrease in unlicensed advertising in the telephone books. We have even heard from LMT's that the ad reps are requiring license numbers in order to place an ad! Way to go!!! Also directly attributed to the involvement of the LMT community "Craigs list" now requires individuals advertising in the therapeutic section to give their license number! This has not stopped the posting by unlicensed individuals but it is definitely a step in the right direction!

While much headway has been made we are aware that many LMT's are still reluctant or have chosen not to report suspected violations. Whatever the reason, OAR 334-030-0002 (2), clearly states, It shall be the duty of every licensee having knowledge of any reasonable suspected violation of the rules or statutes governing massage to cooperate with the Board in furnishing such information or assisting the Board, as may be required, in order that appropriate investigative and corrective disciplinary action may be taken.

What does all this mean? Simply stated, as a condition of your license it is your duty to report any suspected violations of rule or law governing massage. Not reporting places the public at risk, affects the profession and may put your license and livelihood in jeopardy.

We would like to take this time to help you understand the process. When reporting an incident or filing a complaint you are known as the complainant and the person who is being investigated is known as the respondent.

It is important to note that as a health regulatory agency, all complainants are confidential. There may be nuances of the investigation that could lead the respondent to think that you might have something to do with the case, but they are never told who filed the complaint. If you have concerns about the respondent blaming you for providing information to the Board, you can always fall back on your rules and laws. As mentioned earlier, this is your responsibility and could affect your license and your livelihood and it is not your fault that they have put you in this situation by choosing to break the law.

The OBMT has professional investigators specifically trained to conduct thorough and fair investigations into each and every complaint/allegation we receive.

We have provided the information on the following page to further assist you with understanding the flow of the process....



No one likes a tattle-tale, right? - Continued

What happens when a complaint is received?

- The Board office receives a complaint.
- A complaint number is issued.
- A preliminary review is done to determine if the complaint has merit to move forward as a case.
- If there is no case merit, the complaint is closed and filed.
- If there is merit to the complaint, a case number is assigned.
- The case is assigned to an investigator.
- The investigator interviews the complainant, the respondent, and any witnesses or victims.
- At the completion of the investigation, a report is provided to the board for review.
- The Board determines what, if any, action needs to be taken against the licensee.
- If any action is indicated the Board issues of Notice of Intent.

Examples of possible actions taken by the Board:

Letter of concern
Impose civil penalties
Impose ethics protocol
Peer supervision
Probation
Suspension of license
Revocation of license

- The respondent may then do nothing and the order will become final, request a settlement with the Board, or request a hearing with an Administrative Law Judge.

This information is being provided for informational purposes only and is not all-inclusive. There may be other courses of action taken by the Board. The Board looks very carefully at the violation(s) committed, the cooperation of the respondent and the penalties issued in past cases of a similar nature. The Board takes its' investigative roll very seriously and is committed to fair and appropriate outcomes and does not take the Suspension or Revocation of a license lightly. If you have any questions or need to report a violation please contact Diana Nott, Enforcement Coordinator at diana@oregonmassage.org or 503-365-8657x1

Are you going through changes, modifications/ alterations, or transformations?



Please remember that the Board needs to be notified when you make any changes to your name, address, phone number...

Per OAR 334-010-0025 (6) all licensed massage therapists **must** notify the Board office **in writing** of any change of residence, business or mailing address within 30 days of the change of address. *(Emphasis added)*

If you do not keep the Board updated of your current address, you may miss out on important information that the OBMT needs to communicate to the LMT community.

There is an address change form available on our website at www.oregonmassage.org. If you are uncertain if the Board has your correct address, you are welcome to contact the office.

Following the theme of address changes is your change of name. If you have a legal name change, you need to provide the Board with legal verification of the name change in order for your new name to be reflected in our records. If you wish to have a license printed with your new name, please send a written request and a check or money order for \$5 for the re-print.

This is important for both the public **and** the LMT. Let's say you have a potential client that wants to verify you are licensed so they call the Board office. Unfortunately, you have recently been married but did not get around to changing your name with the Board. The office has no record of your new name and responds that there is no record of a licensee by that name. The likely end result! You've lost a client and the OBMT has initiated an investigation which will end with the finding of a violation and an appropriate sanction. This is something we would all prefer to avoid! Moral of the story: Keep the board informed of any and all changes!!!



☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆
☆ The Board is looking for creative suggestions for a new ☆
☆ title for the BOARDerline. Please send your fun, unique ☆
☆ title to crystal@oregonmassage.org. The prize will be ☆
☆ recognition in our next newsletter with the new title on the ☆
☆ front. If you have questions please feel to contact Crystal ☆
☆ at 503-365-8657 ext. 6 or crystal@oregonmassage.org. ☆
☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆

2007 Board Meetings:

The OBMT will meet at 10:00 am in the Board office in Salem on the 2nd Friday of January, February, March, May, June, July, August, September and November. The April meeting will be held in Ashland on the 13th and the October meeting will be held in Bend on the 12th. All meeting dates and times are subject to change. Please confirm this information via our website prior to attending.

Special Recognition!

EXCELLENCE, ACHIEVEMENTS, PEOPLE WHO MAKE A DIFFERENCE!!!

Is there an individual, business or organization in your community that you would like to acknowledge for their outstanding dedication to the field of massage and bodywork? If so, please send us your contact information along with a one page explaining why! Each BOARDerline we will spotlight one of the individuals, businesses or organizations



National Provider Identifier Update



Department of Health & Human Services, Centers for Medicare & Medicaid Services, has made available new identifiers for use in standard electronic health care transactions. The National Provider Identifier (NPI) will be the single provider identifier, replacing the different provider identifiers you currently use for each health plan with which you do business.

Implementation of the NPI will eliminate the need for health care providers to use different identification numbers to identify themselves when conducting standard transactions with multiple health plans. Many health plans, including Medicare, Medicaid, and private health insurance issuers, and all health care clearinghouses must accept and use NPIs in standard transactions by **May 23, 2007**. After this compliance date, health care providers may use only their NPIs to identify themselves in standard transactions, where the NPI is called for.

You may receive notices about the NPI from many of the health plans with which you do business. Remember that you need apply only once for an NPI. The same NPI is used for every health plan. You may obtain information about the NPI at <http://www.cms.hhs.gov/NationalProidentStand/> This site contains Frequently Asked Questions and other information related to the NPI and other HIPAA standards.

OBMT NOTE: This information is excerpts of a letter mailed to Health Care Providers May 2005 from Mark B. McClellan, M.D., Ph.D. of Centers for Medicare & Medicaid Services. Obtaining your NPI number is easy and free! We recommend that LMTs take care of this now even if you do not currently deal with insurance billing. When applying on line you will need to select a taxonomy code. To find the appropriate code first select "Respiratory,..." a new list will come up and you will scroll down until you find "Massage Therapist". If you have questions please visit the website above or call your professional association. The OBMT is providing this information as a service to our Licensees and does not have any additional information.

Ask the Board...

In our next issue we will be adding a Q&A with the Board section. If you have a question you would like to see answered, please email it to Patty Glenn at patty@oregonmassage.org.

TRUTHS CHILDREN HAVE LEARNED

- **NO MATTER HOW HARD YOU TRY, YOU CAN'T BAPTIZE CATS.**
- **WHEN YOUR MOM IS MAD AT YOUR DAD, DON'T LET HER BRUSH YOUR HAIR.**
- **YOU CAN'T TRUST DOGS TO WATCH YOUR FOOD.**
- **YOU CAN'T HIDE A PIECE OF BROCCOLI IN A GLASS OF MILK.**
- **PUPPIES STILL HAVE BAD BREATH EVEN AFTER EATING A TIC-TAC.**

- TAKEN FROM GOOD STUFF



Oregon Board of Massage Therapists

748 Hawthorne Avenue NE
Salem, OR 97301
Phone: 503-365-8657
Fax: 503-385-4465

Board Staff

Patty Glenn, Executive Director
Michelle Sherman, Office Manager
Diana Nott, Enforcement /Investigator
Kathryn Watson, Administrative Assist.
Crystal Quatier, Office Specialist

Board Members

Stephanie Manriquez, LMT, Chair
Jackie Kern, Public, Vice-Chair
Jacqueline McCal, LMT, Past-Chair
Jordan Barton, LMT
Lisa Oxman, LMT
R. Craig McMillin, Public
Sheree Fields, Public

We're on the Web!
Visit us at
www.oregonmassage.org

What's Inside?

- Continuing Education Information and Submittal Form
- Legislation! How do I know what is going on?
- Board Investigations! What is the process?
- What is a NPI (National Provider Index) number ? Do I need one?
- New Sections coming! More information inside!
- "Ask the Board"
- CE Offerings
- LMT Community Groups
- Recognition for Outstanding Contribution to Massage/Bodywork